



OCTOBER 2026

SAYVILLE SCHOOLS LUNCH MENU - MIDDLE SCHOOL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOTE: (All Breakfasts are served with Milk, Juice, Vegetable Sticks, and Cheese Sticks)				
REMINDER: IF USING CHECK AS PAYMENT FOR YOUR STUDENT'S LUNCH ACCOUNT, PLEASE MAKE IT PAYABLE TO "SAYVILLE FOOD & NUTRITION"				
			SOFT BAKED PRETZEL with WARM CHEESE SAUCE SEASONED CORN FRESH FRUIT ASSORTED MILK	PIZZA NETWORK SLICE or PIZZA CRUNCHERS w/ MARINARA SAUCE CUCUMBER COINS FRESH FRUIT ASSORTED MILK
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
CRISPY CHICKEN SANDWICH on a WG BUN SAUTEED BROCCOLI FRESH FRUIT ASSORTED MILK	TACO TUESDAY BEEF TACOS served w/ CRUNCHY or SOFT SHELLS SEASONED CORN FRESH FRUIT ASSORTED MILK	"BRUNCH FOR LUNCH" FRENCH TOAST STICKS with SAUSAGE PATTY CARROT COINS FRESH FRUIT ASSORTED MILK	WG PASTA with BEEF MEATBALLS & MARINARA CHICKPEA SALAD FRESH FRUIT ASSORTED MILK	PIZZA NETWORK SLICE or MAX STICKS w/ MARINARA SAUCE CUCUMBER COINS FRESH FRUIT ASSORTED MILK
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
COLUMBUS DAY SCHOOLS CLOSED	TACO TUESDAY CHICKEN TACOS served w/ CRUNCHY or SOFT SHELLS ROASTED PLANTAINS FRESH FRUIT ASSORTED MILK	TANGERINE CHICKEN served over BROWN RICE SAUTEED BROCCOLI FRESH FRUIT ASSORTED MILK	GRILLED CHEESE SANDWICH with a CUP of TOMATO SOUP FRESH FRUIT ASSORTED MILK	PIZZA NETWORK SLICE or PIZZA CRUNCHERS w/ MARINARA SAUCE CUCUMBER COINS FRESH FRUIT ASSORTED MILK
MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
CHICKEN TENDERS w/ WG FRENCH BREAD FRENCH FRIES FRESH FRUIT ASSORTED MILK	TACO TUESDAY WALKING NACHOS SEASONED TACO MEAT w/ CHEESE & SALSA over CORN CHIPS BLACK BEAN SALAD FRESH FRUIT / ASSORTED MILK	"BRUNCH FOR LUNCH" FRENCH TOAST STICKS with SAUSAGE PATTY SWEET POTATO FRIES FRESH FRUIT ASSORTED MILK	WG PASTA with BEEF MEATBALLS & MARINARA ROMAINE SALAD FRESH FRUIT ASSORTED MILK	PIZZA NETWORK SLICE or MAX STICKS w/ MARINARA SAUCE CUCUMBER COINS FRESH FRUIT ASSORTED MILK
MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
CRISPY CHICKEN SANDWICH on WG BUN FRENCH FRIES FRESH FRUIT ASSORTED MILK	TACO TUESDAY BEEF TACOS served w/ CRUNCHY or SOFT SHELLS BLACK BEAN SALAD FRESH FRUIT ASSORTED MILK	ROASTED CHICKEN w/ BROWN RICE CARROT COINS FRESH FRUIT ASSORTED MILK	SOFT BAKED PRETZEL with WARM CHEESE SAUCE SAUTEED BROCCOLI FRESH FRUIT ASSORTED MILK	PIZZA NETWORK SLICE or PIZZA CRUNCHERS w/ MARINARA SAUCE CUCUMBER COINS FRESH FRUIT ASSORTED MILK

REMINDER:

Although all students are now "Free" in NYS, we ask all families with a household member who qualifies for Medicaid or SNAP, or believe that they might, to provide a completed **2026/2027 Free & Reduced Meal Application** to the Food & Nutrition Department in order to qualify for additional services. **A new application must be submitted every year.** You can find an application on the district website, in your child's school, or the lobby of the Administration building.

Sayville Public Schools Dept. of Food & Nutrition PRICES:

(for the 2026-2027 School year)

Breakfast (Elem./Second.)	-- FREE --
1st Entree (Elem. / Second.)	-- FREE --
** 2nd Entree	\$2.50
** Boar's Head Upcharge	\$1.75
Choice of Milk (add'l.)	\$0.75
100% Juice	\$0.65
Water Btls. (sm. / lge.)	\$0.75 / \$1.00
Other Beverages	\$0.65 - \$3.75
Snacks	\$0.50 - \$3.75
Ice Cream	\$1.25 - \$4.00
Annie's (Elem. / Second.)	\$1.75 / \$2.25

You may also pre-pay for snacks and beverages using www.myschoolbucks.com

See the Sayville website for additional information.
You may also pre-pay with cash or check in all school cafeterias.

ALL MENU ITEMS ARE SUBJECT TO CHANGE WITHOUT NOTICE & BASED ON AVAILABILITY

** Breakfast Selections: **

Monday: Waffles w/ Sausage
Tuesday: French Toast Sticks
Wednesday: Bagel w/ Ham & Cheese
Thursday: Pancakes
Friday: French Toast Sticks

** Daily Meal Alternates/Sides: **

- "Peanut-Free" PB&J Sandwich
- Pizza
- Salads
- Assorted Fruits
- Veggie Cups
- Assorted Deli Sandwiches



FREE / REDUCED MEAL Applications

Applications for free or reduced price meals are available all year long. If your family has a life changing event, please submit an application asap. Applications are available online, at your child's school, or at the Office of Food and Nutrition at 99 Greeley Avenue.



Sayville Schools is an equal opportunity employer.