WHS Running Start Course Equivalencies

This table helps identify college courses that meet WHS/NSD high school graduation requirements. Please note the following:

- This list was created based on what ***most*** WHS students take at either Cascadia, Bellevue or LWTech.
    - There are other college courses that may meet high school graduation requirements. Click here to review the college courses that meet subject area graduation requirements for the Northshore School District.
- One 5 credit college course is equivalent to 1.0 credit at the high school level.
    - For example, passing and earning 5 credits of ENGL 101 at Cascadia will grant you 1.0 credit in English 11 or 12.
- For current juniors, you must keep at least one high school graduation requirement for your 12th grade year in order to do Running Start in senior year.
- You must complete all of your high school graduation requirements by the end of Winter quarter of your senior year.
- If you have any questions, please email the WHS Running Start Advisor at rsadvisor@nsd.org.

High School Subject Area	College Course Equivalency
English	ENGL 101, 102, 111, 211, 221, 235, 244, 245, 254, 255, 277
US History	HIST 148
Civics/Contem. Nat/World Issues	POLS 101, 202, 203, 204 ***-or-*** GS 101, 150
Health	NUTR 101
Science*	Any 100+ class in BIOL, CHEM, PHYS
Arts*	Any 100+ class in ART, MUSC, DRMA
CTE*	Any 100+ in BUS, CS, ACCT, CMST
Flexible Credits*	Any 100+ in any subject where high school requirements have been met

**Check with your counselor as there are more options to meet this subject area.*