SEL Links for Parent Forms

View by Topic:

- California Community Guide
  - https://ocpsc.ca.gov/resources-guide/?utm_source=chatgpt.com

Information Services

- 211 San Diego
  - https://211sandiego.org/

Food Banks

- San Diego Food Bank
  - https://www.sandiegofoodbank.org/get-food/
- SBCS
  - https://sbcssandiego.org/portfolio/food-distribution/

Immigration Rights

- State of California Department
  - https://oag.ca.gov/immigrant/resources

Health and Medical Care

- San Diego County of Education – Parent Guide to Mental Health & Wellness
  - https://resources.finalsite.net/images/v1747755213/cvesdorg/bcwuisxtsrfp8jqxgmac/Parent-Guide-Mental-Health-Wellness.pdf

Internet Safety

- Internet Safety
  - https://resources.finalsite.net/images/v1758056666/cvesdorg/saudhz0ylozydn4w43p/InternetSafetyTipsforFamiliesv2.pdf