

NORWALK HELPS

A Resource Guide for the Community

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PRESENTED BY :

Norwalk Public Schools

Mid Fairfield Community Care Center



NORWALK HELPS

A Resource Guide for the Community

Mental Health includes all states of health, from wellness to illness. Important at every stage of life, mental health describes a person's emotional, psychological, and social well-being, which affects the way a person thinks, feels and behaves. Just like physical health, mental health lies on a continuum and continually shifts, changes and evolves during a lifetime.

We developed Norwalk Helps Resource Guide to provide general guidance and a better understanding of mental health and community supports and services available to students, families, and educators in Norwalk Public Schools. The information contained in this guide is not exhaustive, but we hope that it will serve as a useful tool for parents and guardians who may have concerns about the mental health and wellness of their child(ren). None of the information in this guide should be construed as medical or psychiatric advice nor is it intended as a substitute for a trained mental health professional. Our intention is to alleviate confusion, reduce misunderstanding, and provide clear and simple answers to common questions about the available mental health resources and supports in our community.



Mid-Fairfield
Community Care Center
A Clifford Beers Community Health Partner

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The image features a minimalist design with abstract, flowing bands of color. At the top, a dark grey band curves downwards, followed by a vibrant green band, and then a thin blue band. The bottom of the image mirrors this pattern with a blue band, a green band, and a dark grey band curving upwards. The central area is a plain white background where the text is located.

YOUTH CRISIS SUPPORT

Youth Crisis Support

Crisis Hotlines

CT's Mobile Psychiatric Crisis (24/7): Dial 2-1-1. Select option 1.

CT's Substance Use Access Line (24/7): 800-563-4086

Kids in Crisis Hotline (24/7): 203-661-1911 (local - crisis support to families, respite beds for teens)

Crisis Text Line (24/7): Text Hello to 741741 (national)

Center for Sexual Assault Hotline (24/7): 888-568-8332 / Espanol: 888-568-8332

Domestic Violence Crisis Hotline (24/7): 800-799-7233

National Crisis and Suicide Lifeline (24/7): Call or text 988

Trevor Project (LGBTQ+) (24/7): Text 678678 or call 866-488-7386 (national)

Trans Lifeline (24/7): 877-565-8860

Young Adult Warmline: 1-855-646-7366 (12pm-9pm daily)

Mobile Crisis Teams

The Mobile Crisis number/contact information below is for administrative/informational purposes only, not to be used in a crisis. Call 2-1-1 for help with any behavioral/emotional crisis involving youth.

Child and Family Guidance Center

203-934-6529

One Park Street

Norwalk, CT 06851

<https://www.mobilecrisisempst.org>

For individuals 18 years of age or older who are in emotional distress and/or substance use crisis, call 1-800-467-3135.

Mental Health Hospitals / Emergency Room Departments (Kid Friendly)

Four Winds Westchester

1-800-528-6624 (Admissions)

1-914-763-8151 (Main Number)

800 Cross River Road

Katonah, New York 10536

https://www.fourwindshospital.com/about_four_winds/westchester/treatment_programs.html

Serves: Children and adolescents

Offers: Comprehensive inpatient and outpatient mental health treatment services for children and adolescents. **Pre-Teen Treatment.** Specialized treatment for patients experiencing emotional and behavioral dyscontrol and a wide range of psychiatric disabilities. Focus on developing social skills, mastering impulse control and promoting health communication. **Adolescent Treatment.** Specialized treatment and programming for patients with depression, anxiety, mood disorders, impulsive and disruptive behaviors, specialized learning, social and developmental needs. Treatment based on Dialectical Behavior Therapy (DBT) and the Collaborative Problem Solving (CPS) approach to help teens acquire skills to achieve behavioral control.

Insurance: Third party insurance, Empire Blue Cross/Blue Shield, Managed Medicaid accepted for all ages, New York State Medicaid (under age 22 and over age 65), Medicare, voluntary and involuntary patients.

Silver Hill Hospital

Inpatient Program

866-542-4455

208 Valley Road

New Canaan, CT 06840

<https://silverhillhospital.org/who-we-treat/residential-treatment-facility-for-youth/>

Serves: Ages, 13-17

Offers: Comprehensive treatment for youth who are struggling with psychiatric disorders or co-occurring substance abuse issues. Silver Hill's Inpatient Program focuses on crisis management and stabilization. Daily meetings with a board-certified adolescent psychiatrist and frequent meetings with a social worker. Group therapy addresses issues such as conflict management, self-esteem and managing emotions. Time is allotted for school work.

Insurance: Insurance-based program.

St. Vincent's Behavioral Health Services - Westport (Hartford HealthCare Network)

203-227-1251 or 203-576-6000

47 Long Lots Road

Westport, CT 06880

<https://stvincents.org/location-partners/behavioral-health/westport>

Serves: Children and adolescents

Offers: Comprehensive and developmentally-appropriate inpatient mental health treatment for children and adolescents in a safe, highly structured environment. Patient families are an integral part of treatment, working with staff to help implement and strengthen individualized treatment plans to promote continued guidance and support.

Insurance: Hartford HealthCare participates in most major health plans in Connecticut. For additional information, visit [Hartford HealthCare / Accepted Insurance](#).

St. Vincent's Medical Center Emergency Psychiatric Services - Bridgeport (Hartford HealthCare Network)

203-362.3900

2400 Main Street

Bridgeport, CT 06606

<https://stvincents.org/services/behavioral-mental-health/emergency-psychiatry-services>

Serves: Children, adolescents, and adults

Offers: Psychiatric emergency department at St. Vincent's Medical Center is ready 24 hours a day, 7 days a week to respond to patients experiencing a mental health crisis and needing emergency psychiatric intervention.

Insurance: Hartford HealthCare participates in most major health plans in Connecticut. For additional information, visit [Hartford HealthCare / Accepted Insurance](#).

**Yale New Haven Psychiatric Hospital
Adolescent Psychiatric Care**

203-688-4242

184 Liberty Street

New Haven, CT 06519

<https://www.ynh.org/psychiatric>

Serves: Adolescents

Offers: Brief, acute inpatient care to adolescents and young adults with a broad spectrum of psychiatric problems such as mood disorders, psychotic disorders, substance abuse, eating disorders, trauma, developmental disorders and disruptive behavior disorders.

Insurance: Most major managed care and governmental health insurance plans in the Northeast. For additional information, visit [Yale New Haven Health / Accepted Insurance](#).

**Yale New Haven Children's Hospital
Children's Psychiatric Care**

203-688-5900

20 York Street

New Haven, CT 06510

<https://ynhh.org/childrens-hospital/services/mental/health>

Serves: Ages, 4-14

Offers: A 16-bed inpatient hospital is for children with neuropsychiatric, developmental and behavioral problems. Provides comprehensive psychiatric, psychosocial, and educational evaluation and short-term treatment.

Insurance: Most major managed care and governmental health insurance plans in the Northeast. For additional information visit [Yale New Haven Health / Accepted Insurance](#).



YOUTH MENTAL HEALTH & SUBSTANCE USE SERVICES

Youth Mental Health & Substance Use Services

In School Programs

Human Services Council

Dr. Robert E. Appleby School Based Health Centers

203-849-1111

One Park Street

Norwalk, CT 06851

<https://hscct.org/program/school-based-health-centers/>

Serves: Norwalk Public School students, grades 6-12 attending the following schools: Norwalk High School, Nathan Hale Middle School, West Rocks Middle School, Roton Middle School.

Offers: Mental and medical health services during the school day, ensuring timely and accessible care when students need it most. Services include: comprehensive counseling services, including crisis intervention, individual, group, and family therapy, focusing on various mental health concerns and substance use issues; preventative services, outreach, family support, and health education; diagnose and treat acute illnesses and injuries; identify and address health issues early to reduce morbidity and mortality rates.

Insurance: No out of pocket charges for any provided service.

Languages: English, Spanish

Kids in Crisis

TeenTalk

203-661-1911

1 Salem Street

Cos Cob, CT 06807

<https://www.kidsincrisis.org/get-help/teentalk/>

Serves: Norwalk Public Schools students, grades 9-12 attending the following schools: Norwalk High School and Brien McMahon High School.

Offers: Critical mental health support and resources to help adolescents navigate difficult circumstances, avoid reaching crisis points, manage crises during and beyond school hours, achieve academic success, and optimize their chances of achieving safe, productive adult lives.

Insurance: No insurance requirements. Services are free of charge.

Language: English

Mid-Fairfield Community Care Center

Elementary, Middle and High School Based Mental Health Services and Care Coordination

203-299-1315

100 East Avenue

Norwalk, CT 06851

<https://mfccc.org/school-based-programs/>

Serves: Norwalk Public School students, ages 5-18 (typically, grades K-12th) (and their families). Mid-Fairfield's School Based Mental Health Services are embedded within the following Norwalk Public Schools: Brien McMahon High School / Center for Global Studies, Norwalk High School / PTech, Nathan Hale Middle School, Roton Middle School, Ponus Ridge Middle School, West Rocks Middle School, Tracey Magnet School, Naramake Elementary School, Wolfpit Integrated Arts School, Kendall College and Career Academy, South Norwalk Neighborhood School, Brookside Elementary School.

Offers: Ready access to a broad spectrum of embedded, trauma-focused, evidence-based therapies and care coordination via a network of providers working in partnership with schools. Services include: assessments and screenings, direct services (e.g., individual, family, and group therapy), care coordination, training and consultation. Mid-Fairfield's School Based Mental Health

Services delivery model is intentionally flexible, available year-round and within school-, community-, and home-based settings to maximize access to care.

Insurance: No out of pocket costs for services.

Language: English, Spanish, Haitian-Creole

**Mid-Fairfield Community Care Center
Latinx Integrated Care (LINC) Program**

203-299-1315

98 East Avenue

Norwalk, CT 06851

<https://mfccc.org/school-based-programs/>

Serves: Monolingual and bilingual Spanish-speaking Multilingual Learners (MLLs), ages 5-18 (typically, grades K-12) (and their families) new to Norwalk and Norwalk Public Schools. LINC is embedded within the following Norwalk Public Schools: Brien McMahon High School, Norwalk High School, Nathan Hale Middle School, Ponus Ridge, Roton Middle School, West Rocks Middle School, Brookside Elementary School, Cranbury Elementary School, and Kendall College and Career Academy.

Offers: Trauma-focused, evidence-based and culturally sensitive individual/family therapy and care coordination using the Wraparound process to identify underlying needs from the family's perspective. LINC's service delivery model is intentionally flexible, available year-round and within school-, community-, and home-based settings to maximize access to care.

Insurance: No out of pocket costs for services.

Language: Spanish, English

**Norwalk Community Health Center
School Based Health and Wellness Centers**

203-851-1000

120 Connecticut Avenue

Norwalk, CT 06854

<https://norwalkchc.org/sbhc>

Serves: Norwalk Public Schools students, grades 6-12 attending the following schools: Brien McMahon High School / Center for Global Studies, Ponus Ridge Middle School.

Offers: Counseling (individual, family, and group); crisis intervention and suicide prevention; anti-bullying didactic services; health education/risk reduction; nutrition/weight management; health screenings; immunizations; diagnosis and treatment of minor illnesses/injuries; reproductive health.

Insurance: Accepts most insurance as well as Medicaid and Medicare and Access Health.

Languages: English, Spanish

Triangle Community Center

203-853-0600

650 West Avenue

Norwalk, CT 06850

<http://www.ctpridecenter.org>

Serves: Norwalk Public Schools students, grades 6-12 attending the following schools: Brien McMahon High School / Center for Global Studies, Norwalk High School / PTECH, Nathan Hale Middle School, Ponus Ridge Middle School, West Rocks Middle School.

Offers: Weekly programming and support to address the needs of the LGBTQ+ student population by providing on-site clinical services and risk assessments, as well as linking students to community resources to address their specific needs.

Insurance: No insurance requirements. Offered free of charge.

Language: English

**Positive Directions - The Center for Prevention and Counseling
High School Stress Support Group
Tuesdays 4-5pm (Virtual)**

203-227-7644
90 Post Road West
Westport, CT 06880
<http://www.positivedirections.org>

Serves: High School Students

Offers: A safe place where teens can talk with other high schoolers about school, life, relationships and more! In this free support group, teens will learn how to identify stressors and learn coping skills, deal with family/peer pressure, explore anxieties, and develop strategies to balance their lives.

Insurance: No insurance requirements. Offered free of charge.

Language: English

**Positive Directions - The Center for Prevention and Counseling
On-Site Substance Misuse Counseling and Support**

203-227-7644
90 Post Road West
Westport, CT 06880
<http://www.positivedirections.org>

Serves: Norwalk Public Schools students, grades 9-12 attending the following schools: Norwalk High School / PTech and Brien McMahon High School / Center for Global Studies.

Offers: Free substance use assessment and counseling.

Insurance: No insurance requirements. Offered free of charge.

Language: English

**Positive Directions - The Center for Prevention and Counseling
Peer Support for Teens and Young Adults**

203-227-7644
90 Post Road West
Westport, CT 06880
Email: gjannetty@positivedirections.org
Text: 475- 999-2605.
<http://www.positivedirections.org>

Serves: Teens and young adults

Offers: TurningPointCT's Peer Support Specialist, Quinn, is offering free individual peer support to teens and young adults in Connecticut. Quinn is a young adult Recovery Support Specialist trained in Intentional Peer Support. They draw from their own experiences to connect with participants and support them in moving towards their goals.

Insurance: No insurance requirements. Offered free of charge.

Language: English

In Home Services

**Child and Family Guidance Center
Functional Family Therapy**

203-810-4404
295 Westport Avenue
Norwalk, CT 06851
<https://cfguidance.com/counseling-service/>

Serves: Youth ages 11-18 (and parents/caregivers) who have a DSM-5 diagnosis related to disruptive, acting out, substance use, violence and/or delinquent behaviors.

Offers: Short-term, intensive intervention program is designed for families with 11- to 18-year-old youth who have been referred for behavioral or emotional problems by the juvenile justice, mental health, school, or child welfare systems. Treatment incorporates an average of 12 to 14 sessions over three to five months. Services are conducted in both the clinic, home, and community

settings. Functional Family Therapy is a strength-based model built on a foundation of acceptance and respect.

Family and Children's Agency

IICAPS

203-855-8765

9 Mott Avenue

Norwalk, CT 06850

<http://www.familyandchildrensagency.org/children-families/iicaps/>

Serves: Ages, 5-17 (6+ ideally)

Offers: Addresses the comprehensive needs of children with severe emotional disorders. Children appropriate for IICAPS intervention may be returning home from psychiatric hospitalization, at-risk for hospitalization, or often unable to benefit from traditional outpatient treatment. ICAAPS provides comprehensive assessments, case management, individual and family treatment, and crisis intervention.

Insurance: HUSKY only.

Languages: English, Spanish

Family and Children's Agency

Multisystemic Therapy

203-855-8765

9 Mott Avenue

Norwalk, CT 06850

<http://www.familyandchildrensagency.org/children-families/behavioral-health/>

Serves: Ages, 12-17

Offers: For adolescents with complex and severe antisocial behaviors, conduct concerns and at risk behaviors. MST is an evidence-based in-home program that uses a combination of interventions and treatment options designed to meet the individual needs of adolescents and families with the goal of helping the teen remain safely in their home and community.

Insurance: No insurance requirements. Offered free of charge.

Languages: English, Spanish

Family and Children's Agency

The Fatherhood Initiative

203-855-8765

9 Mott Avenue

Norwalk, CT 06850

<http://www.familyandchildrensagency.org/children-families/early-childhood-home-visiting/>

Serves: Expecting fathers and fathers of young children ages 0-5

Offers: Works to increase the participation of dads in the lives of their child(ren), increase the father's knowledge about their child development needs, and promote bonding and attachment between fathers and their children.

Insurance: No insurance requirements. Offered free of charge.

Languages: English, Spanish, and Haitian-Creole

Family and Children's Agency

Parents as Teachers

203-855-8765

9 Mott Avenue

Norwalk, CT 06850

<http://www.familyandchildrensagency.org/children-families/early-childhood-home-visiting/>

Serves: Families prenatally until children enter kindergarten.

Offers: A voluntary family education and support program based on the philosophy that parents are their children's first and most influential teachers. PAT provides the information, support and encouragement parents need to help their children develop optimally during the critical early development years.

Insurance: No insurance requirements. Offered free of charge.

Languages: English, Spanish, and Haitian-Creole

Family and Children's Agency

Maternal Outreach Mentoring Services (MOMS)

203-855-8765

9 Mott Avenue

Norwalk, CT 06850

<http://www.familyandchildrensagency.org/children-families/early-childhood-home-visiting/>

Serves: Pregnant and/or parenting women with at least one child under the age of eight years, in need of family strengthening services.

Offers: Home visitation services designed to strengthen families through teaching positive parenting skills, promoting healthy child development and empowering mothers to become self-sufficient. MOMS works with families individually through home visiting services, but also offers a group component to provide psycho-education and reduce social isolation among families.

Insurance: No insurance requirements. Offered free of charge.

Languages: English, Spanish, and Haitian-Creole

Mid-Fairfield Community Care Center

Child First

203-299-1315; x6201

100 East Avenue

Norwalk, CT 06851

<https://mfccc.org/in-home-programs/>

Serves: Children, birth up to age 5 (and their families) and prenatal mothers.

Offers: Therapeutic home-visiting program that helps address emotional, behavioral, or development challenges in children. Child First strives to help parents / guardians understand the communication and behavior of their child(ren) and help reduce stress in the home environment. Families work with a Mental Health Developmental Clinician and Care Coordinator, who help to foster a healthy and nurturing parent-child relationship and create connections with appropriate community support services.

Insurance: There is no fee for service.

Languages: English, Spanish

Stokes Counseling Services

FAM (Families Are Made) Program

203-729-0341

Serves:

Offers: In-home family therapy program designed to work with families who are having a difficult time communicating and working together as a family.

Insurance: Athena; Anthem; Cigna; Connecticare; Husky; Optum; United Healthcare; United Healthcare Oxford.

Outpatient Services

Catholic Charities of Fairfield County New Outlook Counseling

203-750- 9711

120 East Avenue

Norwalk, CT 06851

<https://www.ccfairfield.org/project/mental-health-counseling/>

Serves: Children and adolescents

Offers: Child and adolescent therapists are experienced in addressing children and teenagers' unique mental health needs, supporting them in building resilience and emotional wellbeing.

Services for young clients include: Play therapy, Cognitive-behavioral therapy (CBT), Social skills development, Family Therapy.

Insurance: Various insurance plans and offer a sliding scale fee for clients without insurance or with limited coverage.

Languages: English, Spanish

Christian Counseling Center of Norwalk

203-846-4626

3 Lewis St.

Norwalk CT 06851

<https://www.christiancounselingcenterct.org/>

Serves: Adolescents

Offers: Evidence based individual / family therapies addressing a variety of mental health issues (e.g., adolescent anxiety and isolation, children's issues, grief and loss, mood disorders, PTSD, Self-Esteem).

Insurance: Accepts HUSKY Health Insurance (Connecticut's Public Health program) and most major insurance plans. Providers include most Aetna, Anthem/BCBS, Cigna, Connecticare, Oxford and UBH plans.

Languages: English, Spanish

Community Health Center, Inc. of Norwalk at Day Street

203-854-9292

49 Day Street

Norwalk, CT 06854

<https://www.chc1.com/locations/norwalk/>

Serves: Children and adolescents.

Offers: Outpatient mental health services.

Connecticut Renaissance: Adolescent and Family Behavioral Health Programs

203-866-2541

4 Byington Place

Norwalk, CT

<https://ctrenaissance.org/>

Serves: Ages, 13 years of age and over with addiction, mental health, co-occurring disorders, trauma and gambling issues.

Offers: Outpatient Services; Substance Abuse, Mental Health, and Anger Management Services

Insurance: Medicaid and Commercial Insurances or sliding scale for the uninsured.

Ellie Mental Health

203-580-6660

98 East Ave.

Norwalk, CT 06851

<https://elliementalhealth.com/>

Serves: Norwalk youth and adults

Offers: Individual, Couple, Family Counseling; Play Therapy; Trauma Informed Therapy.

Insurance: Aetna; Anthem/BCBS; Cigna/EvernorthCT; Medicaid (Husky); Medicare; Optum (United); Self Pay; Sliding Scale Fee.

Languages: English, Spanish

Family and Children's Agency

203-855-8765

9 Mott Avenue

Norwalk, CT 06850

<https://www.familyandchildrensagency.org/children-families/behavioral-health/>

Serves: Children and adolescents

Offers: FCA therapists work in a variety of treatment modalities: individual, family, and/or group therapy, and we are committed to the personal growth of our clients, encouraging collaboration in a safe, respectful environment. FCA works with individuals and families experiencing mental

health and other challenges, including depression, anxiety, grief and loss, family problems, child and adolescent concerns, and life transitions.

Insurance: Accepts HUSKY (Medicaid) as well as several commercial insurance providers.

Languages: English, Spanish

Lift Wellness Group

203-908-5603

8 Myrtle Ave.

Westport, CT 06880

<https://www.liftupwellness.com/>

Serves: Children and adolescents

Offers: Customized, evidence-based individual counseling and group counseling treatment for the full range of mental health disorders and behavioral health conditions.

Mid-Fairfield Community Care Center

203-299-1315

100 East Avenue

Norwalk, CT 06851

<https://mfccc.org/>

Serves: Ages, 4-18 from Norwalk

Offers: Our team of board certified child and adolescent psychiatrists, psychologists, and therapists provide trauma-focused, culturally sensitive, evidence-based individual, group, family, and multi-family therapies to children and adolescents struggling with depression, anxiety, bipolar disorder, attention-deficit hyperactivity disorder, trauma-related disorders, and other mental health needs.

Insurance: Accepts HUSKY (Medicaid) as well as several commercial insurance providers. For families who have Medicaid or private insurance, we use a sliding scale fee to help ensure services are affordable.

Languages: English, Spanish, Haitian-Creole

Newport Academy

Outpatient Services

866-826-1277

85 Old Kings Highway N

Darien, CT 06820

<https://www.newportacademy.com/locations/outpatient/darien/>

Serves: Adolescents

Offers: Counseling services, including teen depression therapy, with parent support groups and family therapy so both young people and parents gain tools for better communication and enhanced family harmony.

Insurance: Anthem; Blue Cross Blue Shield; Carelon; Empire Blue Cross Blue Shield; Emblem Health; First Choice Health; Geha; Healthnet; Kaiser Permanente; Quartz; Regence; ComPsych;

Languages:

Norwalk Youth Services

(203) 854-7785

125 East Avenue

Norwalk, CT 06851

<https://www.departmentofnorwalkyouthservices.com/>

Serves: Ages 11-18 (Norwalk Only)

Offers: Promotes the development of caring, responsible, and successful young people through Care Coordination, Restorative Justice Initiative, Mayor's Summer Youth Employment Program, Mayor's Youth Council and through partnerships with NorwalkACTS and other local youth-focused organizations.

Sasco River Center

203-202-7654

SRC Darien

330 Post Road
Darien, CT 06820

SRC Stamford

78 Harvard Avenue
Stamford, CT 06902

SRC Wilton

396 Danbury Road
Wilton, CT 06897

<https://www.sascoriver.com/services/psychotherapy-treatment/>

Serves: Children and adolescents

Offers: A range of psychotherapeutic services. Sasco River Center makes meaningful connections with clients and families, which allows for growth and long-term resolution of challenges. Sasco River Center's clinicians are trained in a wide range of approaches and techniques, including: Cognitive Behavioral Therapy (CBT), Psychodynamic Therapy, Play Therapy, Social Communication Therapy.

**Positive Directions - The Center for Prevention and Counseling
On-Site Substance Misuse Counseling and Support**

203-227-7644

90 Post Road West
Westport, CT 06880

<http://www.positivedirections.org>

Serves: Ages 12+

Offers: Individual outpatient counseling to adolescents and can work with families as an adjunct to individual counseling. We also offer free recovery groups to our clients and their supporters, as well as short-term one-on-one peer support for youth. .

Insurance: HUSKY Health / Medicaid; most forms of Commercial Insurance including Aetna, Anthem Blue Cross and Blue Shield, Cigna, Golden Rule, Harvard Pilgrim, Oxford Health Plans, UMR, United Healthcare; Sliding Scale; Private Pay

Languages:

Inpatient Services

**Four Winds Westchester
Psychiatric Hospital**

1-800-528-6624 (Admissions)
1-914-763-8151 (Main Number)

800 Cross River Road
Katonah, New York 10536

https://www.fourwindshospital.com/about_four_winds/westchester/treatment_programs.html

Serves: Children and adolescents, ages 5+ in need of psychiatric care

Offers: Inpatient psychiatric care

Insurance: Third party insurance, Empire Blue Cross/Blue Shield, Managed Medicaid accepted for all ages, New York State Medicaid (under age 22 and over age 65), Medicare, voluntary and involuntary patients.

**St. Vincent's Behavioral Health Services - Westport (Hartford HealthCare Network)
Inpatient Units**

203-227-1251 or 203-576-6000

47 Long Lots Road
Westport, CT 06880

<https://stvincents.org/location-partners/behavioral-health/westport>

Serves: Children and adolescents, ages 7-17

Offers: Inpatient treatment for children and adolescents with acute psychiatric conditions, as well as a specialized program for patients with co-existing psychiatric and substance abuse disorders.

Insurance: Hartford HealthCare participates in most major health plans in Connecticut. For additional information, visit [Hartford HealthCare / Accepted Insurance](#).

**Yale New Haven Hospital Saint Raphael Campus
Children's/Adolescent Psychiatric Inpatient Services**

203-688-9777

1450 Chapel Street

New Haven, CT

<https://www.ynhh.org/psychiatric/services/children>

Serves: Brief treatment for children and adolescents with psychiatric disorders

Offers: 16-bed inpatient hospital is for children with neuropsychiatric, developmental and behavioral problems. It provides comprehensive psychiatric, psychosocial and educational evaluation and short-term treatment for children ages 4 to 14. CPIS's highly trained staff encourage parents to join the multidisciplinary treatment team to help better understand their child, initiate active treatment and develop an effective, comprehensive discharge plan. CPIS is the only facility in Connecticut with a state-accredited special education school, which runs Monday through Friday, for all inpatient school-age children.

Insurance: Program and services are covered by most insurance plans. For questions regarding eligibility and benefits, please contact your insurance company to inquire about mental health benefits.

Yale New Haven Hospital Saint Raphael Campus

Children's Psychiatric Inpatient Services

203-688-9777

1450 Chapel Street

New Haven, CT

<https://www.ynhh.org/psychiatric/services/children>

Serves: Children ages 5 to 11 with neuropsychiatric, developmental and behavioral problems.

Offers: Provides comprehensive psychiatric, psychosocial and educational evaluation, as well as short term treatment, for children ages 5 to 11 with neuropsychiatric, developmental and behavioral problems.

Insurance: Program and services are covered by most insurance plans. For questions regarding eligibility and benefits, please contact your insurance company to inquire about mental health benefits.

Day Treatment Programs

Connecticut Renaissance: Adolescent and Family Behavioral Health Programs

Intensive Outpatient Program

203-866-2541

4 Byington Place

Norwalk, CT

<https://ctrenaissance.org/>

Serves: Norwalk residents Ages 13+

Offers: Group therapy sessions 3 hours/day, 3 days/week for approximately 8-10 weeks.

Treating

individuals with co-occurring mental health and substance use disorders and are offered during day and evening hours.

Discovery Mood & Anxiety Program

FAIRFIELD

475-888-2068

615 Mine Hill Rd.

Fairfield, CT 06824

<https://discoverymood.com/>

Serves: Ages 11-17; PHP M-F 12:30pm-7:30pm; IOP Mon.-Fri., 3:30-7 p.m

Offers: Mental health support including trauma, depression, anxiety, and self harm; eating disorders.

Insurance: Aetna, Blue Cross Blue Shield, Cigna and Optum, TRICARE East

SOUTHPORT

855-751-2357

3530 Post Rd Suite 30

Southport, CT 06890

**High Focus Treatment Centers
Intensive Outpatient Program
Partial Hospitalization Program**

203-803-4170

17 High Street

Norwalk, CT 06851

<https://www.highfocuscenters.com/>

Serves: Ages, 10-13

Offers: Specialized middle school/tween intensive outpatient program aimed at addressing the distinct mental health needs of pre-adolescents. IOP meets 5 days per week / 3 hrs. per day.

Serves: Ages, 13-17

Offers: A balanced approach to treatment, allowing teens to continue their education and daily routines while receiving targeted mental health care.

Insurance: In-network provider for most major commercial insurance carriers. Specific insurance plans vary by location. Proud partner of the Veterans Affairs Community Care Network (VA-CCN).

**Mid-Fairfield Community Care Center
Prospects Extended Day Treatment**

203-299-1315

100 East Avenue

Norwalk, CT 06851

<https://mfccc.org/day-programs/>

Serves: Children, ages 5-12

Offers: Intensive, multimodal treatment to children presenting with significant behavioral health needs that cannot be adequately met through conventional outpatient treatment programs. EDT provides a structured, intensive, therapeutic milieu with integrated clinical treatment services for children ages 5–12, typically in kindergarten through 6th grade, who present with considerable behavioral health needs due to psychological reactions to trauma, anxiety, or depression in different environments (e.g., school, home, community). EDT's comprehensive, six month wrap-around model combines a 5-day after school milieu-based treatment program (3 hrs. per day).

Insurance: Medicaid as well as several commercial health insurance providers. For those without medical coverage, services are priced on a sliding scale.

Languages: English, Spanish

**Mid-Fairfield Community Care Center
Intensive Outpatient Program**

203-299-1315

100 East Avenue

Norwalk, CT 06851

<https://mfccc.org/day-programs/>

Serves: Adolescents, ages 12-16

Offers: Therapeutically intensive, short-term stabilization program (typically 10-12 weeks) for children ages 12-16, who are either returning to the community from inpatient hospitalization and/or are at risk of hospitalization. Services include group, individual, family and multi-family therapy. IOP meets 3-5 days per week / 3 hrs. per day.

Insurance: Medicaid as well as several commercial health insurance providers. For those without medical coverage, services are priced on a sliding scale.

Language: English, Spanish

**Newport Academy
Intensive Outpatient Program**

866-826-1277

85 Old Kings Highway N

Darien, CT 06820

<https://www.newportacademy.com/locations/outpatient/darien/>

Ages: Adolescents

Offers: For teens who are continuing to attend school during the day, a teen Intensive Outpatient Program with afternoon hours provides ongoing care and community throughout the week, while benefiting the entire family with regular check-ins and support groups. With the opportunity to reduce or expand programming as needed, IOP is an ideal solution for young people who are progressing in recovery and need continued support to ensure that they stay on the right path beyond what an individual therapy session can provide.

Silver Hill Hospital

866-542-4455

208 Valley Road

New Canaan, CT 06840

www.silverhillhospital.com

Serves: Ages, 12-17

Offers: For adolescents looking to reinforce and accelerate their treatment through focused Dialectical Behavior Therapy skills-building alongside a group of supportive peers. IOP meets 3 days per week / 3 hrs. per day.

Insurance: Insurance-based program.

St. Vincent Behavioral Health Services

203-221-8899

1 Lois Street

Norwalk, CT 06851

<https://stvincents.org/services/behavioral-mental-health/outpatient-behavioral-health-services>

Serves: Adolescents

Offers: A wide range of outpatient treatment programs that are designed to help adolescents with mental health and co-occurring substance use disorders reach optimal well-being in the community.

Insurance: Most commercial insurances, Medicaid, Medicare and self-pay.

Yale New Haven's Children's Day Hospital

203-789-42883

50 George Street, Lower Level

New Haven, CT 06511

<https://www.ynhh.org/psychiatric/services/children>

Ages: 5-12

Offers: Treatment is provided for a range of mental health issues and symptoms. Groups are developed based on age, presenting problems, and treatment focus. Children in IOP attend groups three times per week. Children in PHP attend groups five days per week. After hours and weekend support for psychiatric crises is available for active program patients.

Insurance: Program and services are covered by most insurance plans. For questions regarding eligibility and benefits, please contact your insurance company to inquire about mental health benefits.

Residential Programs

Boys and Girls Village

KIDS I.N.N

203-877-0300

528 Wheelers Farms Road

Milford, CT 06461

www.bgvillage.org

Serves: Ages, 5-12

Offers: Offers short term therapeutic services for boys and girls 5-12 years of age with psychiatric/behavioral difficulties and are in acute care facilities and no longer need that level of service intensity but are not yet able to return home. Treatment may be provided up to 120 days. The program offers 24 hour supervision, medication evaluation and management, 24 hour psychiatric coverage, nursing coverage, comprehensive psychosocial and psychiatric evaluations, individualized treatment plans, crisis family work, liaison to the education system, case management, bilingual staff, and access to the Boys Village & Girls Continuum of Care.
Languages: English, Spanish

Boys and Girls Village

Kraft House Psychiatric Residential Treatment Facility

203-877-0300

528 Wheelers Farms Road

Milford, CT 06461

<https://www.bgvillage.org/kraft-house-psychiatric-residential-treatment-facility/>

Serves: Boys, ages 11-17

Offers: This 12-bed program will serve boys ages 11-17 who require a step down or alternative option to an inpatient psychiatric hospital.

Language: English, Spanish

Discovery Mood & Anxiety Program

855-751-2357

929 Newfield Avenue

Stamford, CT 06905

<https://discoverymood.com/>

Serves: All Genders; Ages 11-17

Offers: Mental health support including trauma, depression, anxiety, and self harm; eating disorders.

Insurance: Aetna, Blue Cross Blue Shield, Cigna and Optum, TRICARE East

Turnbridge

Girls' Residential Treatment

877-512-1889

189 Orange Street

New Haven, CT 06510

<https://www.turnbridge.com/girls/>

Serves: Girls, ages 14-17

Offers: Delivers the most effective and comprehensive diagnosis and treatment of mental health disorders affecting girls 14 to 17 years of age, the Turnbridge Girl's Residential Treatment Program offers the nation's leading treatment experience. Programming addresses all aspects of client life and family systems to identify and initiate a personalized and comprehensive treatment plan delivered by expert clinicians.

Turnbridge

Boys' Residential Treatment

877-512-1889

189 Oranges Street

New Haven, CT 06510

<https://www.turnbridge.com/boys/>

Serves: Boys, ages 4-17

Offers: Treats mental health and substance use disorders experienced by boys 14-17 years of age. Turnbridge uses the latest therapies and research to effectively treat underlying conditions and initiate lasting change.

Wellspring Residential

203-266-8000

21 Arch Bridge Rd.

Bethlehem, CT 06851

<https://wellspring.org/>

Serves: Adolescent girls and young adult women and gender diverse individuals struggling with mental health and relational issues.

Offers: Private therapeutic school for grades 7-12. It offers college prep academics with classroom support from mental health clinicians and special education teachers.

Insurance: Out of Network

Grief/Bereavement

Bereavement Center of Westchester Tree House

914-787-6158

1129 Westchester Ave

White Plains, NY 10604

<https://www.bcwtreehouse.org/>

Serves: Children, Teens and Adults

Offers: Youth and adult bereavement services, individual counseling, school and community crisis support and outreach

Languages: English; Spanish

Insurance: Services are free of charge

Family Centers

Den for Grieving Kids

203-655-4693

4 Arch Street

Greenwich, CT 06830

<https://www.familycenters.org/The-Den-for-Grieving-Kids>

Serves: Children, teens, and families

Offers: A safe, caring place for children, teens, and families to explore their feelings about the loss of a parent, sibling or other family member and begin the journey towards healing. Children and their families participate in groups led by professionals and trained volunteer facilitators.

Insurance: No fee for participating individuals and families

Family Centers

Center for Hope

203-655-4693

590 Boston Post Road

Darien, CT 06820

<https://www.familycenters.org/Center-for-HOPE>

Serves: Children, teens, families

Offers: Comprehensive services for children, adolescents, and families living with an illness, grieving a loss or coping with a life-altering circumstance.

Insurance: Most insurance plans are accepted. A sliding scale fee is available.

Language: English, Spanish

VOICES

203-966-3911

80 Main Street, Suite 5

New Canaan, CT 06840

<https://voicescenter.org/>

Serves: Norwalk residents impacted by loss

Offers: In-person and phone consultation for a myriad of services, including providing guidance on commemoration and memorial planning and preparing for the long-term mental health needs

of communities impacted by mass violence, acts of terrorism and natural disasters; Support groups for parents and caregivers; Webinars

LGBTQ+ Services

Community Health Center, Inc. of Norwalk at Day Street

203- 854-9292

49 Day Street

Norwalk, CT 06854

<https://www.chc1.com/what-we-do/specialty-services/lgb-and-transgender-care/>

Serves: LGBTQ+

Offers: Primary Care; Gender-Affirming Hormone Therapy; HIV/AIDS Screening; Prevention (including PrEP and PEP); Hepatitis C Screening, Prevention, and Treatment; Sexual risk assessments and testing

Positive Directions - The Center for Prevention and Counseling

Queers & Peers

LGBTQ+ High School Support Group

Every Friday from 6:30-8pm

203-227-7644

90 Post Road West

Westport, CT 06880

<http://www.positivedirections.org>

Serves: LGBTQ+ High Schoolers

Offers: A weekly online peer support group hosted by TurningPointCT's peer support specialist. Participation is confidential. Participants will have the opportunity to talk about mental health, identity, stress, joy, community, and more with each other.

Insurance: No insurance requirements. Offered free of charge.

Language: English

Triangle Community Center

203-853-0600

650 West Avenue

Norwalk, CT 06850

<https://ctpridecenter.org/>

Serves: Adolescents

Offers: Free youth groups that cater to the diverse community of LGBTQ+ folks, their families, friends, and allies.

Insurance: Services are free of charge.

Languages: English

Kids in Crisis

Lighthouse (LGBTQ+)

203-622-6556

Cos Cob, CT

<https://www.kidsincrisis.org/get-help/lighthouse/>

Serves: Adolescents

Offers: A peer-to-peer social support program for LGBTQ+ youth and their allies, providing weekly and monthly groups and occasional special events. Our groups are relaxed and social in nature. We build community through art, games, and discussion. No bullying is ever allowed, and everyone is given a chance to be heard in a safe and casual setting. Youth from any town are welcome at any group or special event.

Insurance: Services are provided free of charge.

The image features a minimalist design with abstract, curved bands of color. At the top, a dark grey band curves downwards, followed by a vibrant green band, and then a thin blue band. The bottom of the image mirrors this pattern with a blue band, a green band, and a dark grey band. The central area is a plain white background where the text is located.

MENTOR PROGRAMS

Mentor Programs

School Based Programs

Norwalk Mentor Program

Human Services Council

1 Park Street

Norwalk, CT 06851

203-849-1111

<https://hscct.org/program/norwalk-mentor-program/>

Serves: School-aged children in Norwalk

Offers: One-on-one in school mentorship with an adult volunteer for 45 minutes a week.

Community

Big Brothers Big Sister of Southwestern Connecticut

860-525-5437

30 Laurel Street

Hartford, CT 06106

<https://ctbigqs.org/>

Serves: Children aged 6-14 years old

Offers: 6-10 hours of community based mentoring per month.

Team Impact

617-801-0248

500 Victory Rd

Quincy, MA 02171

<https://www.teamimpact.org/>

Offers: Team IMPACT provides children ages 5-16 with serious illness and disability the opportunity to experience positive social-emotional development through the support of a team. This program matches your family with a local college sports team to add to your support system and help your child experience the power of sports, the support of mentors, and the simple joy of being a kid.

Languages: English, Spanish

INTELLECTUAL /
DEVELOPMENTAL DISABILITIES
AND AUTISM SERVICES

Intellectual/Developmental Disabilities and Autism Services

ABA Provider Services

855- 681-8555

10 Mott Street

Norwalk, CT 06854

<https://abaproviderservices.com/>

Offers: ABA Services; Sensory Gym; Parent training

Insurance: AETNA, Anthem BCBS, Connecticare, Cigna, CT Medicaid (HUSKY A) First Health, Harvard Pilgrim Health Care Insurance, Oxford, & United HealthCare, CT DDS Autism Waiver Program.

Abilis

203-531-1880

203-324-1880

50 Glenville St.

1150 Summer Street

Greenwich, CT 06831

Stamford, CT 06905

<https://www.abilis.us/>

Offers: Early intervention Birth to 3 Services; Therapeutic interventions and customized therapies that occur in natural settings; Family education and advocacy to help achieve developmental milestones; Young Adult transitional services

Insurance: Anthem BCBS, United Behavioral Health, Optum, Aetna, Cigna and Medicaid.

Able

203-529-5123

16 Taylor Place

Westport, CT 06880

<https://www.ablehhc.com/>

Offers: In-home ABA; Day and Residential Programs

Insurance: Husky/Medicaid; Most major health insurance plans; DDS Approved

Ascend Autism Group

877-609-1885

15 Ketchum St. Lower Level

Westport, CT 06680

[Ascend Westport](#)

Offers: ASD Treatment, Early autism intervention; Social skills programs; ABA Interventions; Parental Support Services; Telehealth Treatment

Insurance: Aetna, United Healthcare, Cigna, Husky Health, Magellan Healthcare, Anthem Blue Cross Blue Shield, Carelon

Connec-to-Talk

59 Danbury Rd.

992 High Ridge Rd.

Wilton, CT 06897

Stamford, CT 06905

203-210-7124

888-901-7077

<https://connec-to-talk.com/aba-therapy-ct/>

Offers: In-Home ABA, Community-based ABA

Insurance: Most major insurance accepted

Constellations

800-860-6656

14 Westport Ave.

Norwalk, CT 06851

<https://constellationkids.com/>

Offers: In-home ABA Services

Insurance: Aetna, Cigna, Anthem, Magellan Health, United Healthcare, Optum, Tricare, Blue Cross Blue Shield, Husky Health

Department of Developmental Services (DDS)

860-418-6000

866-433-8192

460 Capitol Avenue

Hartford, CT 06106

<https://portal.ct.gov/dds>

Offers: Family Website specifically developed for individuals and families associated with DDS services and supports. The site features services that span the life of individuals with intellectual disability and autism

Insurance: N/A

EasterSeals:Autism & Developmental Disabilities Center

(Respite & Self Advocacy Program)

733 Summer St.

Stamford, CT 06901

203-388-2192

Easterseals.com<https://www.easterseals.com/programs-and-services/camping-recreation/>

Offers: In-home ABA services; Family support and resources; Summer Camps

Insurance: Husky

Gold Coast Children's Center

203-883-8827

972 Post Rd #3

Darien, CT 06820

<https://www.goldcoastchildrenscenter.com/getting-started/intake-form/>

Serves:

Offers: Custom ABA Programs; Full Day School Program; Parent/Caregiver training
Functional Behavior Assessments; Skill Assessments

Insurance:

STAR

203- 846-9581

182 Wolfpit Avenue

Norwalk, CT 06851

<https://starincct.org/>**Pediatric Therapies at the Rubino Center**

203- 855-0634

120 East Avenue

Norwalk, CT 06851

Offers: Early Intervention Pediatric Therapies at STAR Rubino Center, Family Supports, High School Transitions; Help connect to DDS and other services

Insurance:

The Center for Growth and Development

203-563-9360

11 Grumman Hill Rd.

Wilton, CT

<https://thecenteraba.com/>

Offers: ABA Programs including in-home and community-based programs; Occupational Therapies, Physical Therapy; Speech Therapy

Insurance:

The Hangout Spot

203-354-9257

124 East Avenue

Norwalk, CT 06851

203-354-9257

<https://www.thehangoutspotllc.com/>

Serves: Children from infancy to young adults with ASD

Offers: Social skills classes; family coaching; remote programs also including social skills and family coaching

Insurance: Private Pay

The Kennedy Collective

203-365-8522

2440 Reservoir Ave

Trumbull, CT 06611

<https://www.thekennedycollective.org/>

Offers: Autism specific supports; Behavioral supports; Day programs; Respite, Employment networking and counseling; Social and leisure supports; Residential Services; Acquired brain injury; Transitional supports, Home support program.

Insurance:

The SEED Center

203-674-8200

30 Buxton Farm Rd., Suite 105

Stamford, CT 06905

<https://seedautismcenter.com/>

Offers: Home-based ABA therapy; Parent training, Social skills services to individuals with autism and other related disabilities

Insurance: United Healthcare, Connecticare, Oxford Health Plans, UMR, First Health, Coventry, Anthem BCBS, Husky A, C, & D, DDS Autism Waiver Provider Program



BASIC NEEDS

Basic Needs

Housing Resources

Family and Children's Agency

Supportive Housing

203-855-8765

9 Mott Avenue, 4th floor

Norwalk, CT 06850

<https://www.familyandchildrensagency.org/adults-seniors/homelessness-services/>

Serves: Homeless

Offers: Supportive housing; TANF case management; Community College housing; Public and Private housing

Human Service Council

Transitional and Supportive Housing

203-849-1111

1 Park Street

Norwalk, CT 06851

<https://hscct.org/program/supportive-housing/>

Serves: Homeless

Offers: Temporary housing and senior housing

Malta House

203-857-0088

139 West Rocks Road

(Behind All Saints School)

Norwalk, CT 06851

<https://www.maltahouse.org/>

Serves: Pregnant and parenting mothers of all faiths and their children.

Offers: Provides a nurturing home environment, Support services, Independent living skills

Norwalk City Hall/Community Services

203-854- 7987

Fair Rent Coordinator

125 East Avenue-Room 202

Norwalk, CT 06856

M-F 8:30 am -5:00 pm

<https://www.norwalkct.gov/386/Fair-Rent>

Serves: Renters in Norwalk- Walk in welcome & appointments

Offers: Protection from evictions & lockouts; Individual rights and responsibilities of renter and owners, including repairs, security deposits and information about rent increases and utilities included in the rent

Norwalk Housing

203-838-8471

24 ½ Monroe St.

Norwalk, CT 06854

Mailing: PO Box 508

Norwalk, CT 06856-6535

M - F 9:00 am - 5:00 pm

<https://www.norwalkha.org/>

Serves: Citizens of Norwalk

Offers: Public Housing; Section 8, HUD Apartments; Non-profit Senior and Family Low-income housing, Low-income Tax Credit Apartments (LIHTC), Learning Centers, Scholarship, Envision Center

Open Door Shelter

203-866-1057

55 Chestnut Street,
Norwalk, CT 06854

*Use the building's side entrance on Merritt Place.

<https://opendoorsct.org/how-we-can-help/our-programs/>

Serves: Programs are open to any Norwalk area resident who is looking for resources to help achieve and maintain a stable income.

Offers: Emergency shelter; Housing case management; affordable apartments and housing; financial coaching; employment coaching

Person to Person

Norwalk

203-939-1650

76 South Main Street
Norwalk, CT 06854

<https://p2phelps.org>

Darien

203-655-0048

1864 Post Rd.

Darien, CT 06820

Serves: Person-to-Person (P2P) is serving low-income residents: of Darien, New Canaan, Norwalk, Stamford, Weston, Westport, and Wilton"

Programs offered in Norwalk: Food Assistance, Caseworker Assistance

Programs offered in Darien: Financial Opportunity center; Clothing; Food Assistance; Scholarships;

Food Resources

Community Services/Norwalk Food Access Guide

203-854-7999

125 East Avenue Room 202
Norwalk, CT 06851-5125

[Norwalk Food Guide](#)

Serves: Norwalk Residents

Offers: List of Norwalk organizations offering food pantry and/or meal services

Connecticut Foodshare

203-469-5000

229 Mountain Grove St.
Bridgeport, CT 06605

<https://ctfoodshare.org/>

Daily Calendar: [CT Daily Mobile Food Pantries](#)

Serves: Individuals and families across Connecticut

Filling in the Blanks

203-750-0019

346 Main Ave #3A,
Norwalk, CT 06851

<https://www.fillingintheblanks.org/>

Serves: Norwalk residents

Offers: Weekend Meal Program; Mobile Food Pantry; In school Food Pantry; Holiday Backpacks

Clothing Resources

Norwalk Community Health Center

Diapers

203-851-1000

120 Connecticut Ave,

Norwalk, CT 06854

<https://norwalkchc.org/>

Serves: Norwalk youth and adults

Offers: Diaper Bank

Open Door

Community Closet

203-866-1057

55 Chestnut Street,

Norwalk, CT 06854

*Use the building's side entrance on Merritt Place.

<https://opendoorsct.org/how-we-can-help/our-programs/>

When: Last Tuesday of each month: 1-3pm

Person to Person

Darien

203-655-0048

1864 Post Rd.

Darien, CT 06820

<https://p2phelps.org>

Serves: Person-to-Person (P2P) is serving low-income residents: of Darien, New Canaan, Norwalk, Stamford, Weston, Westport, and Wilton"

Programs offered in Darien: Financial Opportunity center; Clothing; Food Assistance; Scholarships

Assistance Resources

Alliance for Community Empowerment

Assistance Programs

203-838-8110

108 Main Street

Norwalk, CT 06851

<https://alliancect.org/energy-assistance-programs/>

Serves: Norwalk Residents who qualify

Offers: Water and Sewage Bill Assistance; CEAP Furnace Repair/Replacement Program; Fuel Program; Conservation Program; Matching Payment Plan/Forgiveness

AmeriCares HomeFront

800-486-4357

88 Hamilton Ave.

Stamford, CT, 06902

<https://www.homefrontprogram.org/>

Serves: Fairfield County

Offers: Community-based, volunteer-driven home repair program that provides free repairs to low-income homeowners.

Person to Person

203-939-1650

76 South Main Street

Norwalk, CT 06854

<https://p2phelps.org>

Serves: Person-to-Person (P2P) is serving low-income residents: of Darien, New Canaan, Norwalk, Stamford, Weston, Westport, and Wilton"

Programs offered in Darien: Financial Opportunity center; Clothing; Food Assistance. Scholarships

Transportation

Amtrak - Stamford Station

800-872-7245

Washington Blvd. and S. State St.

Stamford, CT 06902

<https://www.amtrak.com/stations/stm>

MTA

East Norwalk Train Station

877-690-5114

281 East Ave.

Norwalk, Connecticut 06851

<https://new.mta.info/stations/east-norwalk>

MTA

Merritt 7

877-690-5114

Burnell Blvd.

Norwalk, CT 06850

<https://new.mta.info/stations/merritt-7>

MTA

South Norwalk Train Station

877-690-5114

29 Monroe St.

Norwalk, CT 06854

<https://new.mta.info/stations/south-norwalk>

MTM

1-855-478-7350

PO Box 1070

Windsor, CT 06095

<https://www.mtm-inc.net/connecticut/>

Offers: Non-Emergency Medical Transportation: It is available to eligible Medicaid members in Connecticut who have no other way of getting to their medical, behavioral health, or dental appointments.

Insurance: Husky Health/Medicaid

Norwalk Transit District

203-852-0000

275 Wilson Ave.

Norwalk, CT 06854

<https://norwalktransit.com/>

Serves: Norwalk residents; those with disabilities; Senior citizens

Offers: Wheels bus; Community shuttles; Evening and weekday shuttles; Wheels2U;

VEYO

140 Washington Ave.

North Haven, CT 06473

<https://veyo.com/>

Insurance: Husky Health/Medicaid



OUTSIDE SCHOOL TIME

Outside School Time

After School Care

Carver

203-838-4305

7 Academy St.

Norwalk, CT 06850

<https://the-carver.org/after-school>

Serves: BMHS YDP; Brookside; Fox Run; Marvin; and Tracey

Offers: Before and after school programs for Norwalk students K-12

Family and Children's Agency

ASPIRE

203-855-8765

9 Mott Avenue, 4th floor

Norwalk, CT 06850

<https://www.familyandchildrensagency.org/>

Serves: Norwalk middle school students

Offers: Afterschool care including academic and enrichment opportunities.

NorwalkACTS

[Out of School Time Calculator](#)

Norwalk Housing

203-838-8471

24 ½ Monroe St.

Norwalk, CT 06854

Mailing: PO Box 508

Norwalk, CT 06856-6535

M - F 9:00 am - 5:00 pm

<https://www.norwalkha.org/learning-centers>

Serves: Students of Norwalk

Offers: Afterschool Programs at Housing Centers

Recreational Programs

Department of Parks and Recreation

Crystal Theatre

203- 847-4850

12 June Ave.

Norwalk, CT 06850

<https://www.crystaltheatre.org/>

NorwalkACTS

[Out of School Time Calculator](#)

Summer Programs

Carver Summer Camp:

Register here: <https://the-carver.org/summer-enrichment>

Dates: depends on the location of the camp, mostly 7/5

Tuition assistance: nothing mentioned, but one of the most affordable camps in the area

Serves: Norwalk students ages 5 through 13; Rising grades 5th-6th, 8th-9th

College for Kids

203-857-7080

Norwalk Community College

188 Richards Ave.

Norwalk, CT 06854

<https://norwalk.edu/extended-studies/college-for-kids/>

COPE-Connecting Our Path Eternally

516-832-COPE (2673)

PO Box 1251

Melville, NY 11747

<https://copefoundation.org/camp-erin-new-york-city/>

Serves: Children, Teenagers, Young Adults, Adults

Offers: Parent, Teen, Young Adult support; Summer Camp Erin

Camp Erin Application: [Application](#)

Languages: English; Spanish

Crystal Theatre

203- 847-4850

12 June Ave.

Norwalk, CT 06850

<https://www.crystaltheatre.org/>

Darien YMCA

203-655-8228

2420 Post Road

Darien, CT 06820

<https://darien-ymca.org/>

Serves: Kids programs; Special Needs Summer Camp; Active Older Adults

Offers: Sports; Aquatics; Gymnastics; Fitness; Financial Aid Opportunities

Horizons at New Canaan Country School

203-972-7005

635 Frogtown Rd.

New Canaan, CT 06840

<https://www.horizonskids.org/programs/summer-k-8/>

Serves: Norwalk youth grades K-9

Offers: Academic supports, Aquatics, Family engagement and support

High Focus/Adventure Recovery

203-803-4170

17 High Street

Norwalk, CT 06851

<https://www.highfocuscenters.com/>

Serves: Norwalk teens with mental health and co-occurring disorders ages 13-17

Offers: Tailored intensive outpatient program (IOP) partners with Adventure Recovery to feature adventure-based programming, blending outdoor adventures with therapeutic interventions to guide youth toward healing and personal growth.

Times: 1-2 day/week for 8 consecutive weeks

Jewish Community Center**Hand-in Hand**

Hannah Goldstone at 203-487-0996

hgoldstone@stamfordjcc.org.

1035 Newfield Avenue

Stamford, CT 06905

<https://www.stamfordjcc.org/handinhand/>

Offers: Inclusion programs including therapeutic social skills for those with special needs from Pre-K-Grade 8; Swim instruction

Mathnasium

203-354-0357

607 Main Ave.

Norwalk, CT 06851

<https://www.mathnasium.com/summer-math-programs>

NorwalkACTS

[Out of School Time Calculator](#)

Norwalk Summer Play & Learn

<https://www.norwalkct.gov/2996/Summer-Camps-2024>

Dates: 6/24-8/2, 8:45-3:00

Tuition assistance: Unknown

Summer Camp at the Italian Center in Stamford

203-322-6941

Dates: 6/24-8/16, M-F

Register here: <https://italiancenter.org>

Tuition assistance: Unknown

Tumble Jungle Summer Camp

Register here: <https://www.tumblejungle.com/summer-camp>

Dates: early June to late August per the website

Tuition assistance: 20% discount for siblings

Westport/Wilton YMCA

203-226-8981

14 Allen Raymond Lane

Westport, CT 06880

Register here: <https://westportymca.org/summercamp/camp-mahackeno/>

Dates: 6/24-8/23, M-F, 8:30-3:00 with before or after care options

Tuition assistance: Yes

Offers: Summer programs ages 5-15, Teen Programs, Aquatics Program



ADULT AND COMMUNITY SERVICES

Adult and Community Services

Case Management Services

**Alliance for Community Empowerment
Self-Sufficiency Supportive Services Program
Case Management**

203-838-8110

108 Main Street

Norwalk, CT 06851

<https://alliancect.org/supportive-services/>

<https://alliancect.org/case-management/>

Serves: Connecticut residents at least 18 years old make no more than 150% of the Federal Poverty Level. A case manager will check your program eligibility during your first meeting, and will refer you to someone if it turns out another program would be a better fit.

Offers: Help applying for social services; Help for referrals to basic needs, treatment, health, and shelter services; Job search assistance or help identifying job training and educational opportunities.

**City of Norwalk
Community Resource Hub
City Navigators**

203-854-3200

125 East Avenue

Norwalk, CT 06851

<https://www.norwalkct.gov/2386/Community-Resource-Referral-Form>

Serves: Norwalk Residents

Offers: Residents identify, understand, and navigate available services and resources

Languages: English; Spanish

Family and Children's Agency

203-855-8765

9 Mott Avenue, 4th floor

Norwalk, CT 06850

<https://www.familyandchildrensagency.org/>

Serves: Norwalk Residents

Offers: Addiction Services; Case Management; Medication Management; TANF Case Management Program; Seniors Case Management; Victims of Crime Case Management

Languages: English; Spanish

Malta House

203-857-0088

139 West Rocks Road

(Behind All Saints School)

Norwalk, CT 06851

<https://www.maltahouse.org/>

Serves: Pregnant and parenting mothers of all faiths and their children.

Offers: Support services, Community outreach

Mid-Fairfield Community Care

203-299-1315

100 East Ave.

Norwalk, CT 06851

<https://mfccc.org/community-based-programs/>

Serves: Families who have a child or adolescent 18 or younger with complex behavioral health needs that require support from multiple agencies and service providers and need assistance in coordinating care with multiple agencies, services, and/or supports.

Offers: Create an individualized crisis/safety plans, identify resources and tools in the community; Build a safety net of support that includes family, friends, and providers; Facilitate monthly Child and Family Team Meetings.

Insurance: There is no fee for services.

Languages: English, Spanish, Haitian/Creole

Schoke Jewish Family Services of Fairfield County

Case Management

203-921-4161

196 Greyrock Place

Stamford, CT 06901

<https://www.ctjfs.org/>

Serves: CT Residents

Offers: Comprehensive assistance to families and individuals needing supportive aid, including socialization programs, finding housing options, and emergency financial support for basic necessities such as food, rent and utilities.

Shoreline Therapy Center of Westport

203-453-2999

120 Post Road W. Suite 301

Westport, CT 06880

<https://shorelinetherapycenter.com/>

Serves: Norwalk residence

Offers: Case Management; One on one Coaching

Immigration Services

Building One Community

203-674-8585

417 Shippan Ave,

Stamford, CT 06902

<https://b1c.org/>

Serves: Immigrants

Offers: Immigration Legal Services; Individual and Family Service; Academic Enrichment; Workforce Development.

Languages: English, Spanish, Haitian-Creole

Connecticut Institute for Refugees and Immigrants

203-965-7190

34 Woodland Ave.

Stamford, CT 06902

<https://cirict.org/>

Serves: Immigrant Population

Offers: Refugee Services; Immigration Legal Services; Workforce Readiness; Translation Services.

Languages: English, Spanish, Haitian-Creole

United State Department of Agriculture

Food and Nutrition Services

[Non Citizen Food Programs](#)

Offers: Assistance on information on National programs available for application

Adult Mental Health Providers

Catholic Charities of Fairfield County, New Outlook Counseling

203-750-9711

120 East Ave

Norwalk, CT 06851

<https://www.ccfairfield.org/project/mental-health-counseling/>

Serves: Norwalk residents and surrounding areas aged 18+

Offers: Support groups for grief and loss; Groups for managing anxiety and depression; Parenting support groups; Groups for survivors of trauma; Individual Counseling; Couples and Family Counseling; Medication management; Telehealth services.

Insurance: Various insurance plans and offers a sliding scale fee for clients without insurance or with limited coverage.

Languages: English, Spanish

Coastal Connecticut Counseling

203-307-3030

2960 Post Road, 3rd Floor

Southport, CT 06890

<https://www.coastalconnecticutcounseling.com/>

Serves: Norwalk individuals, couples, children and families

Offers: Individual, Couple, Family Counseling, Medication Management 18+; Play Therapy

Insurance: Anthem, Atena, Cigna, ConnectiCare, Husky, Optum

Community Health Center, Inc. of Norwalk at Day Street

203- 854-9292

49 Day Street

Norwalk, CT 06854

<https://www.chc1.com/locations/norwalk/>

Serves: Norwalk residents

Offers: Comprehensive Medical and Behavioral Health Services; Dental; Telehealth

Insurance: Husky / Medicaid

Languages: English, Spanish

Connecticut Counseling Centers, Inc.

203-838-6508

20 N Main St,

Norwalk, CT 06854

<https://www.ctcounseling.org/>

Serves: Adults with Dual Diagnosis.

Offers: Substance abuse treatment and mental health support to guide individuals on their path to recovery; Medication Management.

Languages: Spanish

Connecticut Renaissance

203-866-2541

4 Byington Place

Norwalk, CT

<https://ctrenaissance.org/>

Serves: Norwalk residents.

Offers: Outpatient Therapy for Mental Health; Drug and Alcohol Use; Gambling / Gaming; Trauma; Self-Esteem Issues; Intensive Outpatient Program for Dual Diagnosis; Anger Management; Motivational Enhancement Therapy / Cognitive Behavioral Therapy; Relapse

Prevention; Stress Management; Individual, Couples and Family Therapy; Recovery Reintegration; Medication Assisted Treatment

Insurance: Medicaid and Commercial Insurances or sliding scale for the uninsured.

Languages: English, Spanish

Discovery Mood & Anxiety Program

FAIRFIELD

475-888-2068

615 Mine Hill Rd.

Fairfield, CT 06824

<https://discoverymood.com/>

SOUTHPORT

855-751-2357

3530 Post Rd Suite 30

Southport, CT 06890

Serves: Adult (18+) IOP for Mental Health Only Mon.-Fri., 12-3:30 p.m. EST

Adult (18+) IOP for Co-Occurring Mon.-Fri., 3:30-7 p.m.

Offers: Mental health support including trauma, depression, anxiety, and self harm; eating disorders.

Insurance: Aetna, Blue Cross Blue Shield, Cigna and Optum, TRICARE East

Domestic Violence Crisis Center of Norwalk (DVCC)

203-588-9100

5 Eversley Ave.

Norwalk, CT 06851

<https://www.dvccct.org/>

Serves: Victims of domestic violence, all ages

Offers: DV Counseling; Safe Housing; Crisis Intervention; Safety Planning; Victim Advocacy; Education; Trainings.

Languages: English, Spanish

Ellie Mental Health

203-580-6660

98 East Ave.

Norwalk, CT 06851

<https://elliementalhealth.com/>

Serves: Norwalk youth and adults

Offers: Individual, Couple, Family Counseling; Play Therapy; Trauma Informed Therapy.

Insurance: Aetna; Anthem/BCBS; Cigna/EvernorthCT; Medicaid (Husky); Medicare; Optum (United); Self Pay; Sliding Scale Fee.

Languages: English, Spanish

Family and Children's Agency

203-855-8765

9 Mott Avenue, 4th floor

Norwalk, CT 06850

<https://www.familyandchildrensagency.org/>

Serves: Norwalk residents.

Offers: Addiction Services; Intensive Outpatient Program; Case Management; Trauma Recovery and Empowerment Group; Medication Management; TANF Case Management Program; Supportive Housing; Senior Services; Victims of Crime Services and Case Management.

Languages: English, Spanish

The Gloria House

PEER-RUN RESPITE

860-357-4245

New Britain, CT 06053

TheGloriaHousePeerRespite@gmail.com

<https://newlife2.org/the-gloria-house/>

Serves: Adults

Offers: Gloria House is CT's first peer respite for adults experiencing an emotional crisis. It's a free, voluntary place to stay and get support for a few days, as an alternative to psychiatric hospitalization.

Insurance: Free

High Focus Treatment Centers

203-803-4170

17 High Street

Norwalk, CT 06851

<https://www.highfocuscenters.com/>

Serves: Norwalk residents and surrounding areas ages 18+.

Offers: Partial Hospitalization Program; Intensive Outpatient Program; Dual Diagnosis; Outpatient; Teletherapy.

Insurance: Most Commercial Insurance; VA-CCN.

Languages: English, Spanish

Mid Fairfield AIDS Project

203-855-9535

18 West Ave

Norwalk, CT 06850

<https://mfap.org/home>

Serves: Those living with HIV; family members and friends of those with HIV.

Offers: Case Management; Mental Health Counseling Services; Housing; Free HIV/HEP C Testing; Food Pantry; Needle Exchange; Support Groups.

Languages: English, Spanish

NAMI

Out of the Abyss-Bridgeport

Every Second Wednesday

6:00 PM - 7:30 PM

Bridgeport Public Library - Newfield Branch; Main Community Room

755 Central Avenue

Bridgeport, CT 06607

Out of the Abyss - Online

Every Second and Fourth Friday

5:30 PM - 7:00 PM

<https://namict.org/support-and-education/support-groups/oota/>

Serves: Young adults and Adults

Offers: A peer-run support group for individuals living with suicidal thoughts and urges (and previous attempts).

Norwalk Community Health Center

203-851-1000

120 Connecticut Ave,

Norwalk, CT 06854

<https://norwalkchc.org/>

Serves: Norwalk youth and adults

Offers: Behavioral Health Initial Assessments; Diagnostic Evaluations and Intake Adult; Family Counseling/Psychotherapy; Dental; Telehealth; Medication Management; Women's Health; Telehealth Services.

Languages: English, Spanish

Positive Directions - The Center for Prevention and Counseling

Mental Health and Substance Abuse Counseling

203-227-7644

90 Post Road West

Westport, CT 06880

<https://www.positivedirections.org/>

Serves: Norwalk, Westport, Wilton, Weston

Offers: Individual and family counseling to adults with mental health, substance use, and other addiction challenges, including problem gambling.

Languages: English, Spanish

Positive Directions

Alternatives to Suicide (“Alt2Su”)

203-227-7644

90 Post Rd West,

Westport, CT

<https://www.positivedirections.org/support-groups>

Serves: people ages 18+

Offers: peer-led support group where people can talk openly about suicide thoughts, attempts, or experiences like self harm. It's a safe, nonclinical space where people can talk about their experiences and emotional distress without judgment or fear of unwanted interventions. We do not assume suicidal thoughts are connected to mental illness, and you do not need to be experiencing a current crisis to attend. You are welcome to join without need for a referral or requirement to be connected with mental health services.

Insurance: Accepts all

Positive Directions - The Center for Prevention and Counseling

SMART Recovery (Adult Group)

Mondays from 4pm-5pm online

203-227-7644

90 Post Road West

Westport, CT 06880

<http://www.positivedirections.org>

Serves: Adults

Offers: SMART Recovery is a free facilitated weekly support group where you will learn practical psychology-based tools and gain social supports to help you create successful, long-term, changes in your life. SMART Recovery teaches you how to: build and maintain the motivation to change; cope with urges; manage your thoughts, feelings and behaviors; and ultimately live a balanced life.

Insurance: No insurance requirements. Offered free of charge.

Language: English

RIPPLE

38 Creeping Hemlock Drive

Norwalk, CT 06851-1029

<http://rockingrecovery.org/zoom-meetings/>

Serves: Adults

Offers: Free drop-in peer support hours 5 nights a week on Zoom. The Wednesday, Friday & Sunday groups run 8pm-9:30pm with a focus on suicidal ideation.

Rowan Center

203-348-9346

1111 Summer St #202,

Stamford, CT 06905

<https://therowancenter.org/>

Serves: Survivors of sexual abuse; ages 14+

Offers: Free individual counseling to primary and secondary victims of sexual violence

Languages: English, Spanish, and Haitian-Creole

Schoke Jewish Family Services of Fairfield County

Kuriansky Family Counseling Program

203-921-4161

196 Greyrock Place

Stamford, CT 06901

<https://www.ctjfs.org/>

Serves: CT Residents

Offers: Short and Long-Term Treatment; Individual and Group Therapies; Crisis Intervention; Therapeutic Consultation and Evaluation; Marital and Family Counseling; Psychiatric Consultation and Medication Management.

Shoreline Therapy Center of Westport

203-453-2999

120 Post Road W. Suite 301

Westport, CT 06880

<https://shorlinetherapycenter.com/>

Serves: Norwalk residence

Offers: Individual, couples, and family therapy; medication management; case management; one on one coaching.

Silver Hill Hospital

866-542-4455

208 Valley Road

New Canaan, CT 06840

<https://silverhillhospital.org/>

Serves: Norwalk residents and surrounding areas aged 18+ with mental health and co-occurring disorders, trauma.

Offers: Inpatient Services, Intensive Outpatient Program, Transitional Living.

Westport Family Counseling

203-227-4555

250 Post Road East

Westport, CT 06880

<https://westportfamilycounseling.org/>

Serves: Children and Families

Offers: Telehealth; Psychotherapy; EMDR; Parent Consulting; Play Therapy; Family and Couples Counseling; Maternal Mental Health Support

*Adoption/Foster Care***Birthright of Greater Norwalk**

203-853-4872

71 East Ave. Suite E

Norwalk, CT 06851

<https://birthright.org/greaternorwalk>

Serves: Women who are pregnant or think they may be pregnant;

Offers: Pregnancy; Childbirth; Adoption; Prenatal Care; Parenting skills; Child Care

Family and Children's Agency

203-855-8765

9 Mott Avenue, 4th floor

Norwalk, CT 06850

<https://www.familyandchildrensagency.org/>

Serves: Foster Care and Adoption

Offers: Access to comprehensive resources, programs and support for families both during and after successful adoptions.

The image features a minimalist design with three overlapping, curved bands of color. The top band is dark gray, the middle band is green, and the bottom band is blue. These bands are positioned at the top and bottom of the page, framing the central text. The text is centered and reads "FAITH-BASED PROVIDERS" in a clean, sans-serif font.

FAITH-BASED PROVIDERS

Faith-based Providers

Beth Israel Chabad of Westport/Norwalk, CT

Circle of Friends

203-866-0534

40 King Street

Norwalk, CT 06851

<https://www.bethisraelchabad.org/programs/circle-of-friends/>

Serves: Children, teens & adults with special needs by providing opportunities to be involved in a full array of inclusive social experiences.

Offers: Designed as innovative programming of home visits, play dates and social interactions which are designed to foster a relationship between children with special needs and community teenage volunteers.

Bethel AME Church

Rev. Dr. Richard Wesley

bethelame05@gmail.com

203-384-3879

19 Academy Street

Norwalk, CT 06850

<https://www.bethel-norwalkamechurch.com/>

Calvary Baptist Church

Rev. Carleton J. Giles

203-838-3176

21 Concord Street

Norwalk, CT 06854

<https://www.calvarybaptistchurchnorwalk.org/>

Christ Episcopal Church

203-866-7442

2 Emerson Street

Norwalk, CT 06855

<https://www.christepiscopalnorwalkct.org/>

Christ Temple Pentecostal Church

203-838-2785

109 Woodward Ave

Norwalk, CT 06854

Church of God at Norwalk

203-854-9904

463 Flax Hill Road

Norwalk, CT 06854

Community Baptist Church

203-866-5498

105 East Ave

Norwalk, CT 06851

<https://cbcnorwalk.wixsite.com/cbcnorwalk>

Eglise de la Nouvelle vie

Past. Charlot Rutho

203-286-9688

146 Main Street

Norwalk, CT 06851

Faith Lighthouse Church

203-642-3260

50 Lexington Ave

Norwalk, CT 06854

<https://www.flrministry.net/>

First Congregational Church

Rev. Tamara Moreland

203-847-9551

3 Lewis Street

Norwalk, CT 06851

<https://www.fcconthegreen.org/>

French Speaking Baptist Church of Norwalk

Past. St. Jude

203-505-6140

43 Day Street

Norwalk, CT 06854

<https://www.fsbcofnorwalk.org/>

Iglesia de Jesucristo palabra miel

Diocese: Bridgeport

401-663-5732

1 Technology Plaza

Norwalk, CT 06854

Iglesia Evangelica Del Nazareno M.I.C.I.O.N

iglesiamicion22@gmail.com

203-290-9146

146 Main Street

Norwalk, CT 06851

<https://www.micion.org/>

Mont Des Oliviers French SDA Church

Past. Nestly Bien Aime

203-286-8333

244 East Ave

Norwalk, CT 06855

<https://montdesoliviersct.adventistchurch.org/>

Norwalk Spanish SDA Church

Past. Leonardo Peguero

203-952-7953

244 East Ave

Norwalk, CT 06855

<https://norwalkspanishct.adventistchurch.org/>

Norwalk United Methodist Church

Past. Ruben Rivera Martinez

203-866-3707

718 West Ave

Norwalk, CT 06850

<https://come2cornerstone.org/>

Parkway Assembly of God

203-847-5623

260 New Canaan Ave

Norwalk, CT 06850

<https://parkwayassemblyofgod.com/>

Shiloh Baptist Church

203-838-4880

68 Van Zant Street

Norwalk, CT 06855

St George Greek Orthodox Church

Fr. Nicholas Dassouras

203-849-0611

238 West Rocks Roads

Norwalk, CT 06851

<https://stgeorgect.org/>

St James Missionary Baptist Church

Rev. David Washington

203-866-0304

60 Rockland Road

Norwalk, CT 06854

St Jerome Roman Catholic Church

Jeff Spahr

203-847-5349

23 Half Miles Road

Norwalk, CT 06851

<https://www.stjeromenorwalk.org/>

St. Mary Roman Catholic Church

Pastor(s): Fr. John Ringley

Architect: James Murphy

Diocese: Bridgeport

Deacon(s): Dn. Stephan A. Genovese

203-866-5546

669 West Ave

Norwalk, CT 06850

<https://www.stmarynorwalk.net/>

St Matthew Church

Rev. Frank Joseph Caggiano

203-838-3788

216 Scribner Ave

Norwalk, CT 06854

St Pauls On the Green

The Rev. Daniel Simons, Rector

simons@stpaulsnorwalk.org

The Rev. Paul Carling, Priest Associate

Marsha Dunn, Parish Administrator

admin@stpaulsnorwalk.org

Ferbian Salkie, Sexton

203-847-2806

60 East Ave

Norwalk, CT 06851
<https://www.stpaulsnorwalk.org/>

St Thomas the Apostle

Architect: Edward F. Allodi
203-866-3141
203 East Ave
Norwalk, CT 06855
<https://stthomasnorwalk.com/>

Tabernacle De Louange Norwalk

Past. Larry Milus
203-818-8911
346 Main Ave
Norwalk, CT 06851
<https://www.youtube.com/@tabernacledelouangenorwalk6022>

United Church of Rowayton

203-866-1415
210 Rowayton Ave
Norwalk, CT 06853
<https://www.ucrowayton.org/>

United Congregational Church in Norwalk

Pastor Gloria, LCSW
203-838-8858
275 Richards Ave
Norwalk, CT 06850
<https://www.uccnorwalk.com/>

Word Alive Bible Church

Past. Arttie Kassimis
203-838-5003
536 West Ave
Norwalk, CT 06850
<https://wordalive.us/>



Mid-Fairfield
Community Care Center

A Clifford Beers Community Health Partner