

Next Steps With Marble: A Guide for Families After a School Referral



When a school counselor or social worker refers your child to Marble Health, it means they want to ensure your child—and your family—gets the care you deserve. Here's what happens next:

Step 1: We Reach Out

You'll receive a **text and email** from Marble shortly after the referral

Complete a short form (takes about 3 minutes) to confirm:

- Your child's insurance (we accept Medicaid and most major commercial plans)
- Your scheduling preferences (after school or weekend availability)

Step 2: Intake Appointment

You and your child meet virtually with a **licensed therapist** for a **60-minute intake session** via Zoom. Please have your camera on and be in a quiet, private place.

During this session, the therapist will:

- Learn more about your child's needs
- Recommend the most appropriate care plan: (Individual therapy, Group therapy, Family therapy, or a combination)
- Coordinate next steps right away to get care started

Step 3: Therapy Begins

Ongoing care typically starts **within a few days** of intake

Based on the therapist's care plan, your child will:

- Attend **virtual sessions** after school or on weekends
- Be matched with a therapist based on age, language, and clinical needs

What Else to Expect

- Therapists provide regular updates and communication
- You'll stay informed and supported throughout the process
- **Parent and family therapy options** are also available

Contact Us Anytime

Website

marblehealth.com

Email

hello@marblehealth.com

Call or Text

(332) 232-0200

We're here to help your child—and your family—every step of the way.