

≡FALL≡

Into Good Health

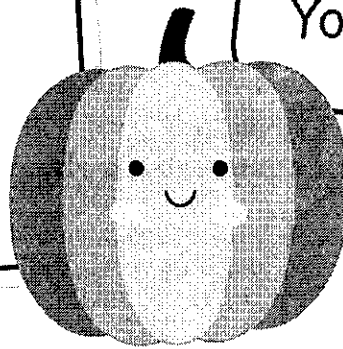
NOTES FROM THE SCHOOL HEALTH OFFICE

Fall Into Healthy Habits

Wash your hands
Tell a parent if not
feeling well
Get good sleep
Eat healthy foods
Stay active

Stay Home If...

You have a fever
You throw up
You have diarrhea
You have "pink eye"
You have a new rash



Reminder to turn in a physical dated no sooner than August 2025 if you have not already done so if in grades K, 6, & 11. Turn in a dental exam if in grades K, 3, & 7th. Any questions, please contact the School Health Office at 412-233-9200, Fax # 412-233-4590.

