

All Meals:
Served with choice
of white milk or
chocolate milk

Breakfast:
Served with assorted
fruits, milk

Lunch:
Served with assorted
fruits & veggies or
salad bar, milk

What Makes a Lunch?
Select 3-5 Components

MILK

GRAIN

VEGGIE

FRUIT

PROTEIN

One must be a

FRUIT

OR

VEGGIE

What Makes A Great Breakfast?
Select 3 Components!

MILK

FRUIT JUICE

GRAIN

FRUIT

Be sure to choose between

FRUIT

OR

FRUIT JUICE

= Farm to
School Local
Ingredients

= Scratch
Cooking

= Toppings
Bar



2026 OCTOBER



			1	2
Breakfast			 Breakfast Burrito	Bagel & Cream Cheese
Lunch			Homemade Cheese Zombies, Marinara, Green Beans	Uncrustable, Sun Chips, Red Peppers
	5	6	7	8
Breakfast	 Strawberry Shortcake	Breakfast Sandwich	Pancakes OR Waffles, Scrambled Eggs	Homemade Banana Muffin, Yogurt
Lunch	Bagel Sandwich, Toppings & Soup Bar,	Teriyaki OR Orange Chicken, Stir Fry Noodles, Fortune Cookie	Spaghetti & Meat Sauce, Roll, Green Beans	Mac & Cheese, Baked Beans, Roll
	12	13	14	15
Breakfast	 Homemade Breakfast Bites, Yogurt	Biscuits & Gravy	Pancakes & Sausage	Breakfast Scramble
Lunch	Hot Dog, Chili, Carrot Sticks	Taco Bar, Refried Beans, Corn, Salsa	Chicken Parmesan Pasta, Roll, Green Beans	Hamburger Gravy, Mashed Potatoes, Roll
	19	20	HALF DAY 21	22
Breakfast	 Homemade Banana Muffin, Yogurt	Breakfast Sandwich	Homemade Waffles, Sausage & Syrup	Breakfast Burrito
Lunch	Meatloaf, Brown Gravy, Roll, Mashed Potatoes	Pulled Pork OR Sloppy Joe, Tater Tots, Coleslaw	Grilled Cheese, Tomato Basil OR Chicken Noodle Soup	Homemade Cheeseburger, Fries, Baked Beans
	26	27	28	29
Breakfast	French Toast, Sausage	UBR, Fruit/Yogurt Parfait	Biscuits & Gravy	Breakfast Burrito
Lunch	Sweet & Sour Chicken, Rice, Asian Style Veggies, Fortune Cookies	Chili, Cornbread, Roasted Carrots	Mini Corn Dogs, Coleslaw, Baked Beans	Chicken Cordon Bleu Sandwich, Fries
				30
				Bagel & Cream Cheese, Sausage
				Halloween Surprise!!

