

As part of the Community Eligibility Provision (CEP), we are pleased to announce that breakfast and lunch will be provided to all students at no charge. Please note that this applies to the first meal only. Any second meals will incur a charge. Enjoy your meals!



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OCTOBER
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MENU

6-12 Breakfast



Harvest of the Month NY Apples October 14th



Assorted Waffles
 Assorted Muffin
 Sweet Breads Slice
 1% Milk, Fruit

5

Maple Pancake Sausage
 Sandwich
 Bagel w Cream Cheese
 Assorted Muffin, 1% Milk,

6

Fruit Smoothie
 Assorted Muffin, Sweet Slice
 Breads, Assorted Yogurt cup
 1% Milk, Fruit,

7

Breakfast Egg & Cheese
 Sandwich, Assorted
 Muffin, Assorted Pop tart
 1% Milk, Fruit

1

Fresh Baked Donuts,
 Assorted Muffin
 String Cheese
 1% Milk, Fruit

2

Tropical Fruit Smoothie

Breakfast Egg & Cheese
 Sandwich, Assorted
 Muffin, Assorted Pop tart
 1% Milk, Fruit

8

Fresh Baked Donuts,
 Assorted Muffin
 String Cheese
 1% Milk, Fruit

9

Tropical Fruit Smoothie

No School
 Columbus/ Indigenous
 Peoples Day

12

Maple Pancake Sausage
 Sandwich
 Bagel w Cream Cheese
 Assorted Muffin, 1% Milk,

13

Fruit Smoothie
 Assorted Muffin, Sweet Slice
 Breads, Assorted Yogurt cup
 1% Milk, Fruit,

14

Breakfast Egg & Cheese
 Sandwich, Assorted Muffin,
 Assorted Pop tart
 1% Milk, Fruit

15

Fresh Baked Donuts,
 Assorted Muffin
 String Cheese
 1% Milk, Fruit

16

Tropical Fruit Smoothie

Assorted Waffles
 Assorted Muffin
 Sweet Breads Slice
 1% Milk, Fruit

19

Maple Pancake Sausage
 Sandwich
 Bagel w Cream Cheese
 Assorted Muffin, 1% Milk,

20

Fruit Smoothie
 Assorted Muffin, Sweet Slice
 Breads, Assorted Yogurt cup
 1% Milk, Fruit,

21

Breakfast Egg & Cheese
 Sandwich, Assorted Muffin,
 Assorted Pop tart
 1% Milk, Fruit

22

Fresh Baked Donuts,
 Assorted Muffin
 String Cheese
 1% Milk, Fruit

23

Tropical Fruit Smoothie

Assorted Waffles
 Assorted Muffin
 Sweet Breads Slice
 1% Milk, Fruit

26

Maple Pancake Sausage
 Sandwich
 Bagel w Cream Cheese
 Assorted Muffin, 1% Milk,

27

Fruit Smoothie
 Assorted Muffin, Sweet Slice
 Breads, Assorted Yogurt cup
 1% Milk, Fruit,

28

Breakfast Egg & Cheese
 Sandwich, Assorted Muffin,
 Assorted Pop tart
 1% Milk, Fruit

29

Fresh Baked Donuts,
 Assorted Muffin
 String Cheese
 1% Milk, Fruit

30

Tropical Fruit Smoothie

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
 Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

