

ACADEMY OF OUR LADY OF MERCY

Lauralton Hall

Club Catalog

2026-2027

*Lauralton Hall is a sponsored ministry of the Institute of the Sisters of Mercy of the Americas
and is a member of Mercy Education.*

ACADEMY OF OUR LADY OF MERCY, LAURALTON HALL'S MISSION STATEMENT

Inspired by the Mercy Tradition, Lauralton Hall empowers young women to pursue their highest potential through lifelong learning, compassionate service, and responsible leadership in a global society.

Our Core Values are the hallmarks of a Mercy Education. These are the ideals we stand up for and strive to live up to. We hold ourselves to these standards as an institution, as a community and as individuals. Each value is interconnected and necessary as we take Mercy into the world.

Signature(s) of the parent(s) on the enrollment contract signifies understanding of this Handbook and agreement to be governed by its contents.

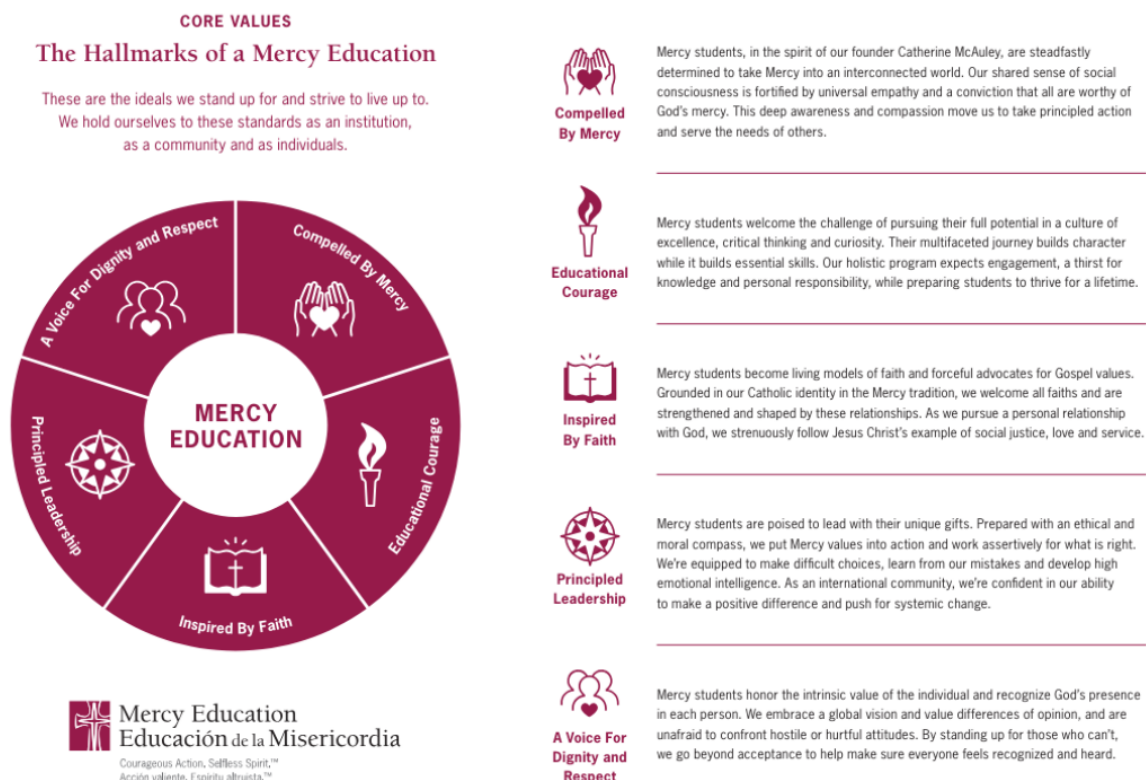


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Club Catalog

All Things Considered

Contact: Dr. Cavar

Email: scavar@lauraltonhall.org

When: Thursdays @ 2:20 pm

Where: S215

Description: All Things Considered is a club meant to spread awareness of different and exciting elements of contemporary culture such as anime and manga, fantasy and renaissance, science-fiction, and gaming. All Things Considered members welcome the opportunity to dispel the stereotype of these being male-dominated genres. Goals are accomplished through discussions and activities, excursions to events in the tri-state area, movie nights, and a wonderful website featuring student art and links to interesting sites.

Art Club

Contact: Mr. Rossetti

Email: mrossetti@lauraltonhall.org

When: First and Third Monday @ 2:20 pm

Where: S214

Description: This is a club dedicated to fostering and promoting visual arts at Lauralton. Anyone is welcome, even if she does not make art on a regular basis. Join to appreciate and create art together with others!

Black Student Union (BSU)

Contact: Mrs. Henninger

Email: jhenninger@lauraltonhall.org

When: Second and Fourth Tuesday @ 2:20 pm

Where: SB7

Description: The main mission of the Black Student Union is to organize a group of students, focusing on fostering Lauralton Hall with growth and development, through diversity and culture. The Black Student Union would not be exclusive to only one group of minorities and would provide an opportunity for all students of any race to celebrate Black history, culture, and lifestyle. Adding the BSU to Lauralton Hall will allow students to feel empowered, while also teaching, exploring, and discussing the "Black experience." The nationwide motto for all Black student unions is "United we stand, Divided we fall, Together we can all stand tall." We believe that adding a BSU to Lauralton Hall will unite many students and provide a deeper sense of community, comfort, and safety as it expands knowledge and awareness by means of purposeful education and dialogue.

Book Club

Contact: Mrs. Amore

Email: jamore@lauraltonhall.org

When: Third Wednesday @ 2:20 pm

Where: Library

Description: Club members will be able to collaboratively decide on a book. The club members will read the book in preparation for each meeting. At the meetings, the club will discuss themes and

characters from each book. All different kinds of books will be read. There will be a theme each month and have about 5 different books that fit that category that people will be able to choose from.

Business Club

Contact: Ms. Krajcir

Email: nkrajcir@lauraltonhall.org

When: First and Third Wednesday @ 2:20 pm

Where: Innovation Lab

Description: Are you thinking about majoring in business or just want to build your own financial literacy? If yes, this is the group for you. The Lauralton Hall Business Club gives students hands-on experience in entrepreneurship, financial literacy, and business management. Members create and sell student-designed products through the "For Lauralton Hall, By Lauralton Hall" initiative, learning about budgeting, marketing, branding, and sales along the way. Students will also run booths at major school events, with proceeds supporting the student fund and school community.

Catherine McAuley Club

Contact: Mrs. DaCosta

Email: edacosta@lauraltonhall.org

When: Second & Fourth Thursday @ 2:20 pm

Where: Dining Hall

Description: Working in conjunction with Campus Ministry, members of the Catherine McAuley Club exemplify the spirit of mercy by participation in community outreach projects in service to the poor. Each week an assigned team of club members prepares bag lunches to be delivered for distribution by the Beth-El Shelter in Milford. The club also organizes multiple food drives throughout the year.

Chinese Club

Contact: Ms. Yan

Email: cyan@lauraltonhall.org

When: First & Third Mondays @ 2:20

Where: Publication Suite

Description: The Chinese Club teaches students about all things Chinese, including music, food, literature, customs, and more! It promotes an enthusiastic and active interest in China and deepens student appreciation of its culture by engaging in various activities. Come join the fun and bond with others as we cook Chinese cuisine, explore Chinese holidays, and play traditional Chinese games!

Debate Team

Contact: Ms. Chamberlain

Email: echamberlain@lauraltonhall.org

When: Third Tuesday and second Thursday @ 2:20 pm

Where: MH210

Description: Members are highly motivated and interested in debating current events and public policies. The communication and research skills developed through Debate can be applied in the

classroom, college, career, and personal life. Debate Team members will develop valuable speaking, listening, and analytic skills. The Team meets two Tuesdays per month from 2:30-3:30 pm to prepare for a public policy debate. The Team competes in approximately 6 – 8 Connecticut Debate Association tournaments held Saturdays across southern Connecticut. Other details can be found at ctdebate.org.

DICE (Diversity Inclusion Culture Equity)

Contact: Mrs. Duran

Email: gduran@lauraltonhall.org

When: First and Third Tuesdays @ 2:20 pm

Where: SB 7

Description: Racial and cultural awareness is one of Mercy's Five Critical Concerns. The goals of the Diversity, Inclusion, Culture and Equity Club (DICE) are: to embrace diversity, to spread awareness of social issues, to celebrate and explore racial and ethnic diversity, to provide Lauralton students of all races and cultures with opportunities to discuss issues of racial and cultural importance, to share racial and cultural accomplishments, and to organize a school wide multi cultural celebration event, all for the purposes of enriching student life at Lauralton Hall and preparing them for life in a global world.

Drama Club

Contact: Brenna Donahue

Email: bdonahue@lauraltonhall.org

When: Second and Third Mondays @ 2:20 pm

Where: Auditorium

Description: Lauralton Hall's Drama Club gives students the chance to explore every part of theater—acting, directing, playwriting, and more. Club meetings include activities like script readings, improv, tech workshops, and open discussions about performance and production. No prior experience is needed—just an interest in learning more about how theater works, both on and off the stage. The club will exercise confident public speaking, creative freedom, and collaboration, developing skills needed in and out of the theater.

Engineering Team

Contact: Mrs. Napolitano, Ms. Sarrafpour

Email: tnapolitano@lauraltonhall.org, dsarrafpour@lauraltonhall.org

When: Wednesday @ 7:30 am and Monday, Thursday @ 2:20 pm

Where: S315

Description: Everyday activities depend on engineered products to function, but many people are not aware of the engineering techniques and practices that have developed the technology and infrastructure on which they rely. Moving beyond the blackboard – a whole new dimension exists beyond the 2D world experienced in physics courses. This club provides an environment where the world of sciences collides to apply scientific understanding to the creation, design and construction of multiple projects. Engineering skills are developed on all levels as they are put into play through projects. The club is open to all students – freshmen to seniors. This club serves to introduce engineering opportunities in the community, and inspires students to pursue a career in engineering.

Fashion Club

Contact: Mrs. Kelley

E-Mail: akelley@lauraltonhall.org

When: Second Thursday and Third Wednesday @ 2:20 pm

Where: S215

Description: Discover the world of style with our Fashion Club, which is dedicated to empowering members to express themselves through clothing and accessories. Our main goals include fostering creativity, promoting sustainable fashion practices, and providing a platform for skill development and industry insights. Join us in shaping the future of fashion while embracing individuality and innovation.

French Club (Le Cercle Francais)

Contact: Mrs. Hawes

Email: mhawes@lauraltonhall.org

When: First and Third Wednesday @ 2:20 pm

Where: MH210

Description: French Club students expand their knowledge of and appreciation for the traditions and cultures of France and French-speaking countries. Typical events include celebrating French holidays, watching French movies and singing French songs, sampling of French foods, and activities for National French Week. Students are required to maintain regular attendance at meetings and be active participants to be eligible for acceptance into French Honor Society.

Health & Wellness Club

Contact: Ms. Waldron

Email: jwaldron@lauraltonhall.org

When: Third Tuesday @ 2:20 pm

Where: The Athletic Center Classroom

Description: The Lauralton Hall Health and Wellness Club strives to promote a healthy lifestyle through discussing topics such as proper sleep schedules, daily exercise, and mental health. High school is one of the most transitional parts of one's life and it is imperative that we help promote a healthy mindset among the students throughout Lauralton Hall.

Italian Club

Contact: Mrs. Amore

Email: jamore@lauraltonhall.org

When: First Monday @ 2:20 pm

Where: Library

Description: The Italian Club is where Lauralton students can learn about the Italian customs and culture. It is a place where LH students wind down from the busy school day and taste Italian food, learn the language and participate in Italian traditions.

Key Club

Contact: Ms. Chamberlain, Ms. McCarthy, Mrs. Cashman

Email: echamberlain@lauraltonhall.org, kmccarthy@lauraltonhall.org,
jcashman@lauraltonhall.org

When: Second and Fourth Tuesday @ 2:20 pm

Where: Auditorium

Description: Key Club International is the country's oldest and largest service organization for high school students. It was created by its parent organization, Kiwanis International. Key Club gives back to the community through service to others. The Key Club motto is shared by thousands of other chapters across the globe: "Caring - Our Way of Life."

Latin Club

Contact: Mr. Rumberger

Email: jrumberger@lauraltonhall.org

When: Second and Fourth Wednesday @ 2:20 pm

Where: SB 7

Description: The Latin Club's mission is to enhance knowledge and appreciation of ancient Roman culture, as a creative and playful extension of the Latin classroom. Activities include playing games, singing songs, writing and performing skits, and making art.

Media Team

Contact: Ms. Juliet

Email: jsullivan@lauraltonhall.org

When: Wednesday @ 7:30 am and Monday, Tuesday @ 2:20 pm

Where: Innovation Lab

Description: The Media Team gives students the opportunity to become the storytellers and broadcasters of our school community. Members create and produce school news broadcasts, provide live sports commentary and event coverage, and develop marketing and promotional videos that showcase school programs, activities, and achievements. Students gain hands-on experience in journalism, broadcasting, videography, interviewing, scriptwriting, video editing, production, and digital media while working as part of a collaborative team. Whether you want to be on camera, behind the microphone, or behind the scenes, the Media Team helps you build real-world communication and media skills while keeping our school informed, engaged, and connected. Members receive 1/4 credit upon completion of the club requirements for the year.

Mock Trial

Contact: Ms. Weber

Email: cweber@lauraltonhall.org

When: Second & Fourth Tuesday @ 2:20 pm

Where: College Center

Description: The Mock Trial club was formed so students could better understand the American legal system and practice public speaking in a fun, competitive setting. Students learn from a local lawyer, research cases, and ultimately argue against local high schools.

Model United Nations

Contact: Mr. Allen

Email: mallen@lauraltonhall.org

When: First, Third, and Fourth Thursdays @ 2:20 pm

Where: Auditorium

Description: Model United Nations is a club where students are tasked to solve different issues facing the world today. Committees are assigned specific issues such as poverty, food & water insecurity, and human rights. Specific topics are assigned by the conference leadership. Students work to create position papers on their assigned issues which they will defend and debate at sponsored area conferences in Oct/Nov. There will be a separate fee for the away conference due to entry fees and transportation costs. Members also receive 1/4 credit upon completion of the club requirements for the year.

Morgan's Message x L.E.T.S.

Contact: Mrs. Leonard

Email: jleonard@lauraltonhall.org

When: First Tuesday & Second Thursday @ 2:20 p.m.

Where: Athletic Center Classroom

Description: Morgan's Message/L.E.T.S. is a club dedicated to erasing the stigma of mental health. Meetings focus on the discussion of mental health challenges and how to help those who are struggling. Morgan's Message also plans and hosts dedication matches and games to raise awareness of the importance of good mental health and what can be done to promote it.

Movie Club

Contact: Mr. Rossetti

Email: mrossetti@lauraltonhall.org

When: Second Monday @ 2:20 pm

Where: S111

Description: Join us to discuss your favorite films and anything cinema-related! Members select movies to view, and each viewing is followed by a discussion of the film. We will explore different genres and dialogue about themes, characters, cinematography, actor performances, directors, and more. Fun games will be added to complement and enhance our active discussions. Explore new movies with us and meet others with similar interests!

Paws for a Purpose

Contact: Mrs. DaCosta

Email: edacosta@lauraltonhall.org

When: Third Friday @ 2:20 pm

Where: SB7

Description: Paws for a Purpose is a club dedicated to students who are passionate about animals and want to make a positive impact in their community. The club promotes animal welfare while introducing members to responsible pet adoption & ownership, careers working with animals, and veterinary medicine. Members achieve these goals through hands-on service projects, donation drives, educational presentations, guest speakers, and collaborations with local animal shelters & rescue organizations.

Red Cross Club

Contact: Mrs. Wieciorkowska

Email: awieciorkowska@lauraltonhall.org

When: First and Third Friday @ 2:20 pm

Where: SB7

Description: Would you join a club to potentially save a life? If yes, consider joining the Red Cross Club of Lauralton Hall. As an extension of the international humanitarian organization Red Cross, the club aims to fulfill the Red Cross mission of “preventing and alleviating human suffering in the face of emergencies” by taking on service initiatives that club members vote upon. The club seeks to provide relief for those in need as well as give club members opportunities to serve their community, develop their leadership skills, and gain essential knowledge for responding effectively during emergencies.

SADD (Students Against Destructive Decisions)

Contact: Ms. Gorman, Mrs. Stone

Email: rgorman@LauraltonHall.org , mstone@lauraltonhall.org

When: Second Monday @ 2:20

Where: Athletic Center Classroom

Description: SADD Club is dedicated to promoting healthy decision-making and empowering students to make positive choices. Through interactive activities, awareness campaigns, and school-wide initiatives, members educate their peers about the importance of building healthy habits and avoiding destructive behaviors while driving. SADD also participates in nationally recognized events such as Red Ribbon Week, promotes traffic safety awareness, and takes part in other fun, impactful programs that connect students with a larger movement of youth leadership and prevention. Members develop leadership skills, make a difference in their school community, and help create a safer, more supportive environment for all students. Everyone is welcome!

Science Club

Contact: Dr. Cavar, Ms. Shea

Email: scavar@lauraltonhall.org, jshea@lauraltonhall.org

When: Second and Fourth Tuesday @ 2:20 pm

Where: SB 10

Description: The Science Club is a club that will conduct many fun scientific experiments and activities. The club will meet once or twice a month to explore scientific concepts, real-world problems, and engineering challenges. This section will also participate in Science Olympics (outreaching to the community). Science club officers are chosen by the moderators at the end of the year.

Spanish I & II

Contact: Mrs. Hawes, Mrs. Milazzo

Email: mhawes@lauraltonhall.org, emilazzo@lauraltonhall.org

When: Second and Fourth Wednesday @ 2:20 pm

Where: Dining Hall (Sp. I) / Athletic Center Classroom (Sp. II)

Description: The purpose of the Spanish Club is to expand knowledge and appreciation of Hispanic culture. Club activities include holiday celebrations, preparation and sharing of typical dishes, dance lessons, arts and crafts projects, movies, service programs, and games.

Spirit Club

Contact: Mr. Lindwall and Mrs. Woods

Email: clindwall@lauraltonhall.org, mwoods@lauraltonhall.org

When: Third Wednesday @ 2:20 pm

Where: Athletic Center Classroom

Description: The LH Spirit Club is a student run spirit club that ignites school spirit, encourages participation at school events and highlights accomplishments of our student athletes while promoting the feeling of community among Lauralton students.

Student Government By-Election

Student Council

Contact: Mrs. Clemente

Email: lclemente@lauraltonhall.org

When: First and Third Tuesday @ 2:20 pm

Where: Board Room

Description: Student Council promotes and provides leadership development opportunities to prepare and empower student leaders to serve the school and to represent its communities. The Student Council empowers students and facilitates student decision-making to effectively manage the communication of ideas and to be the true voice of the students in school. Elected Student Council representatives serve as liaisons between the Student Council, their classes, clubs, and school administration. The Student Council also sponsors, organizes, and hosts numerous schoolwide activities including dances, Spirit Week events, and more.

Publications

Perspectives (online publication)

Contact: Mrs. Gorman, Mr. Rossetti

Email: kgorman@lauraltonhall.org, mrossetti@lauraltonhall.org

When: Fourth Monday @ 2:20 pm

Where: Publication Suite

Description: *Perspectives* is Lauralton Hall's student-run online publication, published twice each year as a live link on our school webpage. Combining the traditions of a school newspaper and literary arts magazine, the publication celebrates both the life of the Lauralton community and the creative voices of its students. Each issue features school news, student achievements, sports coverage, interviews, opinion pieces, community features, and multimedia content, as well as original poetry, short fiction, creative nonfiction, photography, and artwork.

Students on the editorial team collaborate to edit, design, and publish each issue. While creative submissions are welcomed from all students of the Lauralton community, news and features will be written by designated staff (committed student club members). Through thoughtful journalism and creative expression, *Perspectives* aims to inform, inspire, and preserve the stories, experiences, and talents that define the life our student community.

Publication club meetings will be held on the fourth Monday of each month; the student editing team will conduct status meetings and establish copy and content submission deadlines. Prior to publication (making the link live), all content must first be approved by designated faculty: Mrs. Gorman (news and literature), Mr. Rossetti (art) and Mrs. Bowman (club & activities moderator).

The Lauralton (yearbook)

Contact: Mr. Rossetti, Mrs. Korman

Email: mrossetti@lauraltonhall.org, lkorman@lauraltonhall.org

When: Second Thursdays @ 2:20 pm (October-May)

Where: Publication Suite

The Yearbook club captures the stories, achievements, and memories that define each school year. Members work together to photograph events, interview students and staff, design page layouts, and create a book that reflects the spirit of the Lauralton community. This club helps students build skills in writing, teamwork, organization, photography, and graphic design while producing a lasting record classmates will treasure for years to come.

Organizations

French National Honor Society

Contact: Mrs. Hawes

Email: mhawes@lauraltonhall.org

Latin National Honor Society

Contact: Mr. Rumberger

Email: jrumberger@lauraltonhall.org

Spanish National Honor Society

Contact: Mrs. Milazzo

Email: emilazzo@lauraltonhall.org

National Honor Society

Contact: Mrs. Napolitano, Mrs. Bowman

Email: tnapolitano@lauraltonhall.org, tbowman@lauraltonhall.org

When: Fourth Monday at 2:20 pm

Where: Dining Hall

Description: Students are invited to apply for admission to NHS at the completion of sophomore and junior year. A minimum, non-rounded, weighted GPA of 92.0 is needed for invitation. Each invited student submits the application to faculty moderators. Candidates are assessed by a faculty review committee on the merits of their academics, character, service, and leadership abilities. The student's disciplinary record may affect NHS admission. Candidates are required to have completed 20% beyond the school-required service hours with totals for Junior candidates of 54 and senior candidates of 72. The annual induction ceremony is held during the first semester.

The organization works throughout the entire academic year to organize both service opportunities and social activities within the school and the greater Lauralton community. The NHS provides academic support for subjects through Peer Tutoring and Group Tutoring. NHS also hosts Pink Week & the Mary Ann Wasil Daisy Run, assists local pantries and homeless shelters through its food and diaper drives, and organizes such fun events as the much-anticipated Easter Egg Hunt.

Peer Programs

Peer Mentors

Contact: Mrs. Miller

Email: cmiller@lauraltonhall.org

When: As needed

Description: The mentors help run events and activities such as freshman orientation, project adventure, and parties. Meetings are held to discuss topics and interventions used to make the freshman transition into the first year of high school a smooth, fun, and happy experience. The mentors also help support the sophomores in becoming confident upperclassmen.

Peer Tutors

Contact: Mrs. Bowman

Email: tbowman@lauraltonhall.org

When: As needed

Description: Peer tutoring is a service initiative provided by the Lauralton Hall Chapter of the National Honor Society and is driven by a desire to give back to the LH community. Students may place a request for a peer tutor with their guidance counselor who will then reach out to the Peer Tutor Moderator to make the arrangements. Once the moderator connects her with a specific NHS member, she will meet weekly with her tutor in a one-on-one setting for four sessions. Sessions may take place before or after school, during common time, or during their shared free period. Both the peer tutor as well as the student receiving tutoring services complete a short Google form at the end of their fourth session to reflect on the experience and offer feedback.

Student Ambassadors

Contact: Mrs. Steczkowski

Email: csteczowski@lauraltonhall.org

When: First Wednesday @ 2:20 pm

Where: SB 7

Description: The club's purpose is the positive promotion of Lauralton Hall. Members represent LH through a wide variety of activities and events, and function as an essential resource for

prospective students, in coordination with the Admissions and Marketing departments. Activities include giving tours, writing cards, making videos, and attending admissions events at LH and regional middle schools.

Class Moderators

Class meetings are held several times throughout the school year during the school day. The meetings are scheduled by the administration and posted to the school calendar.

Senior Class Contact: Mrs. Dwyer

E-Mail: cdwyer@lauraltonhall.org

Junior Class Contact: Ms. Gorman

E-Mail: rgorman@lauraltonhall.org

Sophomore Class Contact: Mrs. Hawes

E-Mail: mhawes@lauraltonhall.org

Freshman Class Contact: Mrs. Miller

E-Mail: cmiller@lauraltonhall.org

Student Leadership Positions

As Lauralton Hall seeks to encourage positive and effective leadership in its students, the School strives to present many opportunities for successful leadership to its student body. There is a process for the application and election/selection for the Student Leadership Positions. Peer Mentor and Student Ambassador applications and interviews take place by late February. Student Council officer elections, followed by sophomore, junior, and senior class officer elections, are held in later spring. Elections for Student Council class representatives are also held in later spring. Elections of officers for Lauralton Hall's extracurricular organizations are scheduled in May or September. Many positions may require a written and signed contract of responsibilities.

The following offices are mutually exclusive and no two may be held by the same student at the same time:

- Peer Mentor;
- Student Ambassador
- any Student Council officer;

- an officer of any class;

Students may hold a maximum of two of the following offices OR one office from the list above plus one from the list below:

- the editor of Perspectives (online publication);
- the office of president or vice president of Key, NHS and Spanish Clubs;
- office of Secretary General for Model UN.

Students may serve in two leadership roles within the above parameters AND serve as Athletic Team Captains. [Team captainships are seasonal and do not typically involve commitments during common time.]

Candidates must be in good academic standing as determined by the Principal in order to run for office and have their conduct record approved by the Head of Discipline.

Protocol for Proposing New Clubs

Student clubs are originated by the student body. At the end of every school year clubs are evaluated by the Clubs & Activities Moderator and the Administrative team determines which are viable. Clubs must have a minimum of 10 consistent members to be considered a club. Proposals for new clubs are due by May 1st to the Clubs & Activities Moderator. The proposal should include:

- what the club is;
- what the club will do;
- how it aligns with our [Mission and Core Values](#); and
- how it will benefit the students at Lauralton Hall.

All proposals are reviewed by a committee and, if approved, will be added to the club catalog for the following school year.

Club Viability

At the end of every school year, clubs are evaluated by the Clubs & Activities Moderator and the Administrative team to determine which are viable and allowed to continue for the next academic year.