

Breakfast Offered Daily :

Assorted Whole Grain
Grab-n-Go Items Vary Daily
Breakfast Meal includes:
Entrée, Fruit &/or Juice, & Milk

Breakfast Prices:

All meals to Students are FREE
Adults—\$3.05

Lunch meal includes 1 entrée (bread & lean protein), up to 2 different vegetables, 2 different fruits, & choice of milk
(Whole, 2%, 1% flavored, Alternates)
***You may select 1 fruit or veggie with your meal & 2 other food groups.**

Daily lunch sides may include seasonal fresh fruit, fresh, & cooked veggies, chilled, canned, and frozen fruit, 100% fruit or vegetable juice.

**Lunch Prices**

All meals to Students are FREE
Adult—\$5.05

All menu items are subject to change.

This institution is an
equal opportunity provider.

Use www.schoolcafe.com to register/manage your student account. Meals are FREE but funds are required for a la carte purchasing.

Use SchoolCafe to pay online

(3rd party processing fee applies)

Payments are also accepted via cash or checks in envelope w/student name and ID number.
Student should submit to cafeteria staff.

SOUTHMORELAND SCHOOL DISTRICT MIDDLE SCHOOL

MAIN LINE MENU OCTOBER 2026

Date	Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 1-2				Beef & Cheese Nachos <u>Cond: Lettuce, Sour Cream, Salsa</u> <u>Turkey & Provolone Croissant</u> Seasoned Corn Side Salad Cups w/Dressing Strawberry Cup Diced Pears	Cherry Blossom Chicken Steamed Rice <u>Turkey & Provolone Croissant</u> Steamed Broccoli 100% Veggie Juice Cinnamon Applesauce Fresh Banana
Oct. 5-9	Grilled Turkey Burger w/Bacon & Cheddar Cheese <u>Scottie Deli on Kaiser</u> Twister Fries Pepper Strips w/Ranch Apple Slices Diced Peaches	Chicken Tenders w/Roll & Dipping Sauce <u>Scottie Deli on Kaiser</u> Peas & Carrots Cucumber Slices w/Ranch Mixed Fruit Cup Fruit Punch	Buffalo Chicken Pizza <u>Scottie Deli on Kaiser</u> Steamed Broccoli Celery Sticks w/Ranch Orange Wedges Razzleberry Applesauce	NAT'L PIEROGI DAY Pierogis w/Onions <u>Scottie Deli on Kaiser</u> Glazed Carrots 100% Veggie Juice Sparkling Diced Pears Warm Cinnamon Apples	Rotini w/Meat Sauce Breadstick <u>Scottie Deli on Kaiser</u> Seasoned Green Beans Side Salad Cups w/Dressing Diced Peaches Fresh Banana
Oct. 12-16 ★	BBQ Pulled Pork Sandwich <u>Mixed Berry Yogurt Parfait</u> Twister Fries Fresh Broccoli w/Ranch Peach Applesauce Apple Slices	French Toast Sticks w/Syrup Breakfast Sausage <u>Pumpkin Spice Yogurt Parfait</u> Cheesy Hashbrown Bake 100% Veggie Juice Diced Pears Fresh Red/Golden Apple	White Pizza (Plain and w/Tomato) <u>Mixed Berry Yogurt Parfait</u> Seasoned Green Beans Baby Carrots w/Ranch Cinnamon Applesauce AppleCran Juice	Orange Chicken Steamed Rice <u>Pumpkin Spice Yogurt Parfait</u> Steamed Broccoli Side Salad Cups w/Dressing Pineapple Chunks Diced Peaches	DORITOS Walking Taco <u>Cond: Lettuce, Sour Cream, Salsa</u> <u>Mixed Berry Yogurt Parfait</u> Seasoned Corn Cucumber Slices w/Ranch Orange Wedges Fresh Banana
Oct. 19-23	Meatball Parmesan Bowl w/Italian Breadstick Dunkers <u>Pizza Munchable Kit</u> Seasoned Green Beans Cucumber Slices w/Ranch AppleCran Juice Diced Peaches	Texas Grilled Cheese Tomato Soup <u>Pizza Munchable Kit</u> Sweet Potato Fries Side Salad Cups w/Dressing Mixed Berry Applesauce Fresh Grapes	Pepperoni Pizza Slice <u>Pizza Munchable Kit</u> Seasoned Peas & Carrots Pepper Strips w/Ranch Diced Pears Fresh Red/Golden Apple	Popcorn Chicken Bowl (Mashed Potatoes, Gravy, Cheese) <u>Pizza Munchable Kit</u> Seasoned Corn Fresh Broccoli w/Ranch Orange Wedges Apple Slices	2Hr Early Dismissal General Tso Chicken Fried Rice <u>Pizza Munchable Kit</u> Steamed Broccoli 100% Veggie Juice Strawberry Cups Fresh Banana
Oct. 26-30	Max Pizza Sticks w/Marinara <u>Ham & American Sandwich</u> Steamed Veg Trio Cucumber Slices w/Ranch Fruit Punch Apple Slices	Chicken Drumstick w/Biscuit <u>Ham & American Sandwich</u> Mashed Potatoes & Gravy Fresh Veggie Boats w/Ranch Diced Peaches Fresh Red/Golden Apple	French Bread Pizza <u>Ham & American Sandwich</u> Seasoned Peas 100% Veggie Juice Cinnamon Applesauce Orange Wedges	Bacon Cheeseburger <u>Ham & American Sandwich</u> BBQ Baked Beans Fresh Broccoli w/Ranch Sparkling Diced Pears Watermelon Applesauce	Macaroni & Cheese w/Preztel <u>Ham & American Sandwich</u> Steamed Broccoli Baby Carrots w/Ranch Strawberry Cups Boo-nanas Dessert: Pumpkin Cobbler

Daily Hot Alternates (NOW OFFERED ON BOTH LINES)

Mon—Chicken Patty(Reg/Spicy) Tues—Cheeseburger
 Weds—Meatlover's Stromboli Thurs—Rich-fil-a Dill Chicken
 Fri—Twisted Bosco Sticks w/Marinara

Daily Cold Alternates (options may also include)

Chef Salads, Yogurt Kits, Uncrustable PB&J Kits

Department

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