

SOUTHMORELAND ELEMENTARY MENU OCTOBER 2026

Breakfast Offered Daily :

Feature entrée, cereal alternates, or yogurt & granola available daily.

Breakfast Meal includes:

Entrée choice, fruit/veg/juice, & milk

Breakfast Prices:

All meals to Students are FREE

Adults—\$3.05

Lunch Prices:

All meals to Students are FREE

Adult \$5.05

Also available for lunch:
Deli Options, Munchable Kits, PB&J



Students may choose all 5 items, min of 3.

1 item must be a vegetable or a fruit.

A maximum reimbursable student lunch includes: 1 entrée with grain/bread item, 2 different vegetables, 2 different fruits, & milk

Use www.schoolcafe.com to register/manage your student account. Meals are **FREE** but funds are required for a la carte purchasing.

-Payments are accepted via cash or checks in envelope w/student name and ID number.

-Also online w/SchoolCafe
(3rd party processing fee applies)

We're Hiring! Contact us today 724-887-2015

**Check us out on Facebook:
Southmoreland Food Service**

Previous unpaid meal balances carry-over and must be paid off in full.

We will work with you for payment plans to pay off accounts.

Questions about the Cafeteria?

Zachary Malavite, Director of Food Services

Amy Yezeck, Admin Assistant.

Phone: 724-887-2015

E-mail: malavitez@southmoreland.net

or Deanna Sirgey, Head Cook

Phone: 724-887-2050

Date	Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 1-2				Breakfast Ham, Egg & Cheese Sandwich Lunch Beef & Cheese Nachos <u>Cond: Lettuce, Sour Cream, Salsa</u> <u>Turkey & Provolone Croissant</u> Seasoned Corn Side Salad Cups w/Dressing Strawberry Cup Diced Pears	Breakfast Pancake Sausage Flapstick Lunch Stuffed Crust Pepperoni Pizza <u>Turkey & Provolone Croissant</u> Sweet Potato Tater Tots Fresh Broccoli w/Ranch Aloha Pears Fresh Banana
Oct. 5-9	Breakfast Breakfast Pizza Lunch Chicken Tenders w/Side of Mac & Cheese <u>Ham & American Sandwich</u> Twister Fries Bell Pepper Strips w/Ranch Apple Slices Diced Peaches	Breakfast Chocolate Chip Crumb Cake Lunch Fish Nuggets w/Roll <u>Ham & American Sandwich</u> Peas & Carrots Cucumber Slices w/Ranch Sparkling Mixed Fruit Cup Fruit Punch	Breakfast Trix Muffin Lunch Italian Dunkers w/Marinara Sauce & Meatballs <u>Ham & American Sandwich</u> Steamed Broccoli Celery Sticks w/Ranch Orange Wedges Razzeberry Applesauce	Breakfast Warm Raspberry Roll Lunch—Nat'l Pierogi Day Mini Pierogis w/Bosco Stick <u>Ham & American Sandwich</u> Glazed Carrots 100% Veggie Juice Diced Pears Warm Cinnamon Apples	Breakfast Yogurt w/Banana Mini Loaf Lunch Rotini w/Meat Sauce & Breadstick <u>Ham & American Sandwich</u> Seasoned Green Beans Side Salad Cups w/Dressing Strawberry Diced Apples Fresh Banana
Oct. 12-16	Breakfast Caramel Mini Cinnis NSLW—Lunch BBQ Pulled Pork Sandwich <u>Scottie Deli on Kaiser</u> Seasoned Green Beans Baby Carrots w/Ranch Peach Applesauce Apple Slices	Breakfast Pancake Sausage Flapstick NSLW—Lunch French Toast Sticks & Syrup <u>Scottie Deli on Kaiser</u> Breakfast Sausage Cheesy Hashbrown Bake 100% Veggie Juice Sparkling Diced Pears Fresh Red/Golden Apple	Breakfast Warm Cinnamon Roll NSLW—Lunch DORITOS Walking Taco <u>Cond: Lettuce, Sour Cream, Salsa</u> <u>Scottie Deli on Kaiser</u> Seasoned Corn Cucumber Slices w/Ranch AppleCran Juice Orange Wedges	Breakfast Mini Donuts (Choc/Powder) NSLW—Lunch Orange Chicken w/Steam Rice <u>Scottie Deli on Kaiser</u> Steamed Broccoli Side Salad Cups w/Dressing Pineapple Chunks Mixed Fruit Cup	Breakfast Sausage & Cheese Sandwich NSLW—Lunch Cheeseburger on Bun <u>Scottie Deli on Kaiser</u> Twister Fries Fresh Broccoli w/Ranch Birthday Cake Applesauce Inspirational Bananas
Oct. 19-23	Breakfast Blueberry Muffin Lunch Bosco Sticks w/Marinara <u>Mixed Berry Yogurt Parfait</u> Seasoned Green Beans Cucumber Slices w/Ranch Strawberry Cup Diced Peaches	Breakfast Apple Cider Donut Ring Lunch Grilled Cheese & Tomato Soup <u>Pumpkin Spice Yogurt Parfait</u> Potato Smiles Side Salad Cups w/Dressing Mixed Berry Applesauce Diced Pears	Breakfast Warm Cinnamon Roll Lunch Boneless Wings w/Dutch Waffle <u>Mixed Berry Yogurt Parfait</u> BBQ Baked Beans Fresh Broccoli w/Ranch Mixed Fruit Cup Fresh Red/Golden Apple	Breakfast Banana Bread Slice Lunch Beef & Cheese Soft Tacos <u>Cond: Lettuce, Sour Cream, Salsa</u> <u>Pumpkin Spice Yogurt Parfait</u> Seasoned Corn 100% Veggie Juice Orange Wedges Apple Slices	Breakfast Mini Maple Pancakes Lunch—2Hr Dismissal Stuffed Crust Cheese Pizza <u>Mixed Berry Yogurt Parfait</u> Peas & Carrots Baby Carrots w/Ranch Cinnamon Diced Apples Fresh Banana
Oct. 26-30	Breakfast Froot Loops Waffles Lunch Max Pizza Sticks w/Marinara <u>Pizza Munchable Kit</u> Glazed Carrots Cucumber Slices w/Ranch Fruit Punch Apple Slices	Breakfast Pancake Sausage Flapstick Lunch Chicken Drumstick w/Biscuit <u>Pizza Munchable Kit</u> Scalloped Potatoes Fresh Veggie Boats w/Ranch Sparkling Diced Peaches Fresh Red/Golden Apple	Breakfast Cheese Omelet w/Biscuit Lunch General Tso Chicken, Fried Rice <u>Pizza Munchable Kit</u> Steamed Broccoli 100% Veggie Juice Banana Applesauce Orange Wedges	Breakfast Yogurt w/Nutrigrain Bar Lunch Mini Corn Dog Nuggets <u>Pizza Munchable Kit</u> BBQ Baked Beans Fresh Broccoli w/Ranch Diced Peaches Watermelon Applesauce	Breakfast Pumpkin Sweet Roll Lunch—HALLOWEEN Macaroni & Cheese w/Pretzel <u>Pizza Munchable Kit</u> Seasoned Green Beans Baby Carrots w/Ranch Fresh Red/Golden Apples Boo-Nanas Dessert: Dirt & Worms