

# SOUTHMORELAND PRIMARY CENTER MENU OCTOBER 2026

## Breakfast Available Daily :

Feature entrée or cereal alternate

Breakfast Meal includes:

Entrée choice, fruit/veg/juice, & milk

### Breakfast Prices:

All meals to Students are FREE

Adults—\$3.05

### Lunch Prices:

All meals to Students are FREE

Adults—\$5.05

### Hot Main, Cold Alt, 3rd Choice

3rd Choice is always:

Uncrustable PB&J Kit

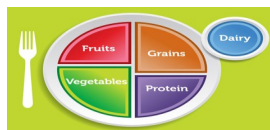
Students may choose all 5 items, min of 3.

**1 item must be a vegetable or a fruit.**

A maximum reimbursable student lunch

Includes: 1 entrée with grain/bread item,

up to 2 different fruits & vegetables, & 1 milk



Use [www.schoolcafe.com](http://www.schoolcafe.com) to register/manage your student account. Meals are FREE but funds are required for a la carte purchasing.

-Payments are accepted via cash or check in envelope w/student name and ID number.

-Also online w/SchoolCafe

**We're Hiring! Contact us today 724-887-2015**

**Check us out on Facebook:**

Southmoreland Food Service

### Questions about the Cafeteria?

Zachary Malavite, Director of Food Services

Amy Yezek, Admin Assistant.

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Kelly Smitley, Head Cook

Phone: 724-887-2028

| Date       | Monday                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                                        | Wednesday                                                                                                                                                                                                                      | Thursday                                                                                                                                                                                                                                      | Friday                                                                                                                                                                                                                                                |
|------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Oct. 1-2   |                                                                                                                                                                                                              |                                                                                                                                                                                                                                |                                                                                                                                                                                                                                |                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                       |
| Oct. 5-9   | <b>Breakfast</b><br>Strawberry Pop Tart<br><b>Lunch</b><br>Chicken Nuggets w/Roll<br><u>Ham &amp; Cheese Sandwich</u><br>Twister Fries<br>Bell Pepper Strips w/Ranch<br>Apple Slices<br>Diced Peaches        | <b>Breakfast</b><br>Chocolate Chip Crumb Cake<br><b>Lunch</b><br>Fish Nuggets w/Roll<br><u>Ham &amp; Cheese Sandwich</u><br>Peas & Carrots<br>Cucumber Slices w/Ranch<br>Mixed Fruit Cup<br>Fruit Punch                        | <b>Breakfast</b><br>Trix Muffin<br><b>Lunch</b><br>Italian Dunkers<br>w/Marinara Sauce & Meatballs<br><u>Ham &amp; Cheese Sandwich</u><br>Steamed Broccoli<br>Celery Sticks w/Ranch<br>Orange Wedges<br>Razzleberry Applesauce | <b>Breakfast</b><br>Warm Raspberry Roll<br><b>Lunch—Nat'l Pierogi Day</b><br>Mini Pierogis w/Bosco Stick<br><u>Ham &amp; Cheese Sandwich</u><br>Glazed Carrots<br>100% Veggie Juice<br>Diced Peas<br>Warm Cinnamon Apples                     | <b>Breakfast</b><br>Yogurt w/Banana Mini Loaf<br><b>Lunch</b><br>Rotini w/Meat Sauce<br>& Breadstick<br><u>Ham &amp; Cheese Sandwich</u><br>Seasoned Green Beans<br>Side Salad Cups w/Dressing<br>Strawberry Diced Apples<br>Inspirational Banana     |
| Oct. 12-16 | <b>Breakfast</b><br>Caramel Mini Cinnis<br><b>NSLW—Lunch</b><br>Cheese Pizza Slice<br><u>Yogurt Munchable Kit</u><br>Seasoned Green Beans<br>Fresh Broccoli w/Ranch<br>Peach Applesauce<br>Apple Slices      | <b>Breakfast</b><br>Pancake Sausage Flapstick<br><b>NSLW—Lunch</b><br>Cinnamon French Toast Sticks<br><u>Yogurt Munchable Kit</u><br>Cheesy Hashbrown Bake<br>100% Veggie Juice<br>Diced Peas<br>Fresh Red/Golden Apple        | <b>Breakfast</b><br>Warm Cinnamon Roll<br><b>NSLW—Lunch</b><br>DORITOS Walking Taco<br><u>Yogurt Munchable Kit</u><br>Seasoned Corn<br>Cucumber Slices w/Ranch<br>AppleCran Juice<br>Orange Wedges                             | <b>Breakfast</b><br>Chocolate Mini Donut Holes<br><b>NSLW—Lunch</b><br>Orange Chicken w/Steam Rice<br><u>Yogurt Munchable Kit</u><br>Steamed Broccoli<br>Side Salad Cups w/Dressing<br>Pineapple Chunks<br>Mixed Fruit Cup                    | <b>Breakfast</b><br>Egg & Cheese Sandwich<br><b>NSLW—Lunch</b><br>Cheeseburger on Bun<br><u>Yogurt Munchable Kit</u><br>Twister Fries<br>Fresh Broccoli w/Ranch<br>Birthday Cake Applesauce<br>Fresh Banana                                           |
| Oct. 19-23 | <b>Breakfast</b><br>Blueberry Muffin<br><b>Lunch</b><br>Bosco Sticks w/Marinara<br><u>Turkey &amp; Cheese Sandwich</u><br>Seasoned Green Beans<br>Cucumber Slices w/Ranch<br>Strawberry Cup<br>Diced Peaches | <b>Breakfast</b><br>Apple Cider Donut Ring<br><b>Lunch</b><br>Grilled Cheese Sandwich<br><u>Turkey &amp; Cheese Sandwich</u><br>Potato Smiles<br>Side Salad Cups w/Dressing<br>Mixed Berry Applesauce<br>Diced Peas            | <b>Breakfast</b><br>Warm Cinnamon Roll<br><b>Lunch</b><br>Chicken Tenders w/Roll<br><u>Turkey &amp; Cheese Sandwich</u><br>BBQ Baked Beans<br>Fresh Broccoli w/Ranch<br>Mixed Fruit Cup<br>Fresh Red/Golden Apple              | <b>Breakfast</b><br>Banana Bread Slice<br><b>Lunch</b><br>Beef & Cheese Soft Tacos<br><i>Cond: Shredded lettuce, taco sauce</i><br><u>Turkey &amp; Cheese Sandwich</u><br>Seasoned Corn<br>100% Veggie Juice<br>Orange Wedges<br>Apple Slices | <b>Breakfast</b><br>Mini Maple Pancakes<br><b>Lunch—2Hr Dismissal</b><br>Stuffed Crust Cheese Pizza<br><u>Turkey &amp; Cheese Sandwich</u><br>Peas & Carrots<br>Baby Carrots w/Ranch<br>Cinnamon Diced Apples<br>Fresh Banana                         |
| Oct. 26-30 | <b>Breakfast</b><br>Froot Loops Waffles<br><b>Lunch</b><br>Max Pizza Sticks w/Marinara<br><u>Pizza Munchable Kit</u><br>Glazed Carrots<br>Cucumber Slices w/Ranch<br>Fruit Punch<br>Apple Slices             | <b>Breakfast</b><br>Pancake Sausage Flapstick<br><b>Lunch</b><br>Chicken Drumstick w/Biscuit<br><u>Pizza Munchable Kit</u><br>Mashed Potatoes & Gravy<br>Fresh Veggie Boats w/Ranch<br>Diced Peaches<br>Fresh Red/Golden Apple | <b>Breakfast</b><br>Chocolate Bread Slice<br><b>Lunch</b><br>Mini Pizza Bagels<br><u>Pizza Munchable Kit</u><br>Oven Baked Fries<br>100% Veggie Juice<br>Banana Applesauce<br>Orange Wedges                                    | <b>Breakfast</b><br>Yogurt w/Nutigrain Bar<br><b>Lunch</b><br>Mini Corn Dog Nuggets<br><u>Pizza Munchable Kit</u><br>BBQ Baked Beans<br>Fresh Broccoli w/Ranch<br>Diced Peaches<br>Watermelon Applesauce                                      | <b>Breakfast</b><br>Pumpkin Sweet Roll<br><b>Lunch—HALLOWEEN</b><br>Macaroni & Cheese w/Pretzel<br><u>Pizza Munchable Kit</u><br>Steamed Broccoli<br>Baby Carrots w/Ranch<br>Fresh Red/Golden Apples<br>Boo-Nanas<br><b>Dessert: Dirt &amp; Worms</b> |