

AVAILABLE DAILY:

- Milk
 - 1% White
 - 1% Lactose-free White
 - 1% Chocolate
 - Fat-free Strawberry
- Alternative Entrees
 - Entree Salad w/Meat and Cheese
 - SoyButter and Grape Jelly Sandwich
- Assorted Fruit Options
- Assorted Fresh Vegetables

Middle School Lunch



September 21

Chicken Nuggets
Cornbread Muffin
Green Beans

22

Rotini with Meat
Sauce
Garlic Bread
Side Salad

23

French Toast Sticks
Sausage
Hash Browns
Spiced Apples

24

Deluxe Steakburger
Baked French Fries

25

Chicago-style Beef
Sandwich
Baked Beans
Coleslaw
100% Juice Slushy

28

Stuffed Crust Pizza
Steamed Peas

29

Beef or Chicken Soft
Taco
Rice
Spicy Black Beans

30

Salisbury Steak
Dinner Roll
Mashed Potatoes
Cucumber and
Tomato Salad

October 1

Deluxe Crispy
Chicken Sandwich
Green Beans

2

Chicken Alfredo
Steamed Broccoli
Banana Pudding

5

Buffalo Chicken Dip
Tortilla Chips
Mixed Vegetables

6

Glazed Chicken
Drumstick
Biscuit with Butter
and Honey
Mashed Sweet
Potatoes
Collard Greens

7

Turkey Hot Dog
Baked Beans
Potato Salad

8

Tangerine Chicken
over Rice
Stir Fry Vegetables
Fresh Ohio Apple

9

No School

Records Day

12

Chicken Nuggets
Cornbread Muffin
Green Beans
Corn on the Cob

13

Walking Taco
Refried Beans with
Cheese

14

Galaxy Pepperoni or
Cheese Pizza
Steamed Broccoli
100% Juice Slushy

15

New Orleans
Chicken
and Rice Bowl
Fried Cabbage

16

No School

Conference Comp
Day

19

Deluxe Steakburger
Sweet Potato Cobbler

20

Breaded Fish
Sandwich or
Corn Dog
Baked Beans

21

Teriyaki Beef
over Rice
Steamed Broccoli

22

Chili with Cheese
Crackers
Baked Potato with
Butter and Sour
Cream

23

Stuffed Crust Pizza
Cut Corn

Questions and comments may be
directed to:

MS Kitchen Manager
Dannette Taylor-Addison
854-0017 ext. 3016

Menu subject to change without notice due to availability

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