

AVAILABLE DAILY:

- Milk
 - 1% White
 - 1% Lactose-free White
 - 1% Chocolate
 - Fat-free Strawberry
- Alternative Entrees
 - Entree Salad w/Meat and Cheese
 - SoyButter and Grape Jelly Sandwich

Westbrooke Village Lunch



September 21

Chicken Nuggets
Cornbread Muffin
Green Beans
Baby Carrots
Apple Sauce

22

Rotini with Meat
Sauce
Ram Strong Salad
Cucumber Slices
Orange Wedges

23

French Toast Sticks
Sausage
Hash Browns
Apple Slices
Sun Splash Juice

24

Cheeseburger
Baked French Fries
Celery Sticks
Diced Mixed Fruit

25

BBQ Pork Sandwich
Baked Beans
Broccoli Bites
Blue Raspberry-
Lemon Slushy

28

Stuffed Crust Pizza
Steamed Peas
Cucumber Slices
Diced Pears

29

Beef Soft Taco
Refried Beans with
Cheese
Baby Carrots
Very Berry Juice

30

Tangerine Chicken
over Rice
Stir Fry Vegetables
Celery Sticks
Grapes

October 1

Crispy Chicken
Sandwich
Green Beans
Romaine Calm Salad
Apple Slices

2

Chicken Alfredo
Steamed Broccoli
Assorted Fresh
Vegetables
Apple Juice

5 Fish Sticks OR
Cheesy Pull-Apart
with Marinara Cup
Cut Corn
Cucumber Slices
Raspberry Apple
Sauce

6 Glazed Chicken
Drumstick
Blueberry Muffin
Mashed Sweet
Potatoes
Celery Sticks
Orange Wedges

7

Turkey Hot Dog
Baked Beans
Baby Carrots
Pineapple Tidbits

8

Salisbury Steak
Mashed Potatoes
Broccoli Bites
Ohio Fresh Apple

9

No School

Records Day

12

Chicken Nuggets
Cornbread Muffin
Green Beans
Baby Carrots
Caramel Apple Cup

13

Walking Taco
Refried Beans with
Cheese
Strongman Smoothie

14

Galaxy Pepperoni or
Cheese Pizza
Steamed Spinach
Cucumber Slices
Strawberry-Mango
Slushy

15

New Orleans
Chicken
and Rice Bowl
Celery Sticks
Cut Corn
Orange Wedges

16

No School

Conference Comp
Day

19

Cheeseburger
Sweet Potato Puffs
Cucumber Slices
Banana

20

Chicken Tenders
Jalapeno Popper
Pasta Salad
Mixed Vegetables
Romaine Calm Salad
Diced Pears

21

Mini Ravioli
Garlic Bread
Steamed Broccoli
Celery Sticks
Apple Slices

22

Corn Dog
Baked Beans
Baby Carrots
Assorted Fresh Fruit

23

Pepperoni Pizza
Ripper
Cut Corn
Assorted Fresh
Vegetables
Grape Juice

Questions and comments may be
directed to:

WV Kitchen Manager
Chantell Holt
854-3196 ext. 6409

Menu subject to change without notice due to availability

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