



Early Learning Center PreK Lunch



September 21

Chicken Nuggets
Baby Carrots
Applesauce
1% White Milk

22
Rotini with Meat
Sauce
Cucumber Slices
Diced Pears
1% White Milk

23
French Toast Sticks
Sausage
Hash Brown
Apple Slices
1% White Milk

24
Cheeseburger
Celery Sticks
Diced Mixed Fruit
1% White Milk

25
BBQ Riblette
Sandwich
Broccoli Bites
Strawberry Mango
Slushy
1% White Milk



28
Stuffed Crust Pizza
Cucumber Slices
Diced Pears
1% White Milk

29
Beef Soft Taco
Baby Carrots
Very Berry Juice
1% White Milk

30
Tangerine Chicken
over Rice
Celery Sticks
Grapes
1% White Milk

October 1

Crispy Chicken
Sandwich
Green Beans
Apple Slices
1% White Milk

2
Chicken Alfredo
Steamed Broccoli
Apple Juice
1% White Milk

5
Pepperoni Pizza
Stuffer
Cucumber Slices
Diced Peaches
1% White Milk

6
Glazed Chicken
Drumstick
Mashed Sweet Potato
Diced Pears
1% White Milk

7
Turkey Hot Dog
Baked Beans
Wango Mango Juice
1% White Milk

8
Salisbury Steak
Mashed Potatoes
Shirazi Salad
Apple Slices
1% White Milk



9
No School

Records Day

12
Chicken Nuggets
Baby Carrots
Caramel Apple Cup
1% White Milk

13
Walking Taco
Refried Beans with
Cheese
Grapes
1% White Milk

14
Galaxy Pepperoni or
Cheese Pizza
Cucumber Slices
Strawberry Kiwi
Slushy
1% White Milk

15
New Orleans
Chicken
and Rice Bowl
Ram Strong Salad
Diced Pears
1% White Milk

16
No School

Conference Comp
Day

19
Cheeseburger
Sweet Potato Puffs
Banana
1% White Milk

20
Mini Ravioli
Broccoli Bites
Diced Pears
1% White Milk

21
Chicken Tenders
Romaine Calm Salad
Apple Slices
1% White Milk

22
Corn Dog
Baked Beans
100% Fruit Juice
1% White Milk

23
Pepperoni Stuffer
Cut Corn
Grape Juice
1% White Milk



AVAILABLE DAILY UPON REQUEST: 1% Lactose-free White milk

Menu subject to change without notice due to availability

USDA is an equal opportunity provider, employer, and lender

Questions and comments may be
directed to:

ELC Kitchen Manager
Cynthia Conley
854-4511 ext. 4141

