

Owatonna Elementary Schools

This institution is an equal opportunity provider

OCTOBER 2026 LUNCH MENU

FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 components, including ½ c fruit or vegetable, as part a complete meal.

MILK

Milk Choices: Skim or 1% White, or Skim Chocolate
Single milk purchase is \$0.60 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit

[Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Lunch: \$5.50

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.

MONDAY

SEPT 28

**Bosco Sticks w/ Marinara Sauce
Ham Sandwich**
Steamed Mixed Veggies
Fresh Veggies
Pineapple Tidbits
Fresh Fruit

5
**French Toast Sticks w/ Cheesy Omelet
Turkey Sandwich**
Breakfast Potatoes
Fresh Veggies
Mandarin Oranges
Fresh Fruit

12
**Garlic Cheese Bread w/ Marinara Sauce
Ham Sandwich**
Roasted Green Beans
Fresh Veggies
Pineapple Tidbits
Fresh Fruit

19
**Cheese Pizza
Turkey Sandwich**
Steamed Corn
Caesar Salad
Mandarin Oranges
Fresh Fruit

TUESDAY

SEPT 29

**Chicken Fajita Bowl
Sunbutter & Jelly Sandwich**
Fiesta Black Beans
Fresh Veggies
Chilled Peaches
Fresh Fruit

6
**Penne Pasta w/ Chicken Alfredo & Garlic Breadstick
Yogurt Parfait**
Steamed Peas
Fresh Veggies
Chilled Peaches
Fresh Fruit

13
**Walking Taco
Sunbutter & Jelly Sandwich**
Cheesy Refried Beans
Fresh Veggies
Chilled Peaches
Fresh Fruit

20
**Rotini Pasta w/ Meat Sauce & Garlic Toast
Yogurt Parfait**
Steamed Carrots
Fresh Veggies
Chilled Peaches
Fresh Fruit

WEDNESDAY

SEPT 30

**Boneless Chicken Wings
All-American Sub Sandwich**
Mashed Potatoes & Gravy
Fresh Veggies
Blueberry Mix
Fresh Fruit

7
**All-Beef Hot Dog
All-American Sub Sandwich**
Bag of Chips
Baked Beans
Fresh Veggies
Mixed Berries
Fresh Fruit

14
**Chicken Tenders
All-American Sub Sandwich**
Seasoned Straight Fries
Fresh Veggies
Orange-Strawberry Mix
Fresh Fruit

21
**Mini Corn Dogs
All-American Sub Sandwich**
Crinkle Cut Fries
Fresh Veggies
Pineapple-Orange Mix
Fresh Fruit

THURSDAY

1

**Pulled Pork Sandwich w/ Mac & Cheese
Breaded Chicken Salad w/ Garlic Breadstick**
Steamed Green Beans
Fresh Veggies
Applesauce
Fresh Fruit

8
**Garlic Parmesan Crusted Chicken w/ Dinner Roll
Pizza Salad w/ Dinner Roll**
Steamed Corn
Fresh Veggies & Fruit
Blueberry Applesauce

15
NO SCHOOL

22
**Baked Potato Bar w/ Pretzel
Grilled Chicken Salad w/ Pretzel**
Steamed Broccoli
Fresh Veggies
Applesauce
Fresh Fruit

FRIDAY

2

Cheeseburger or Hamburger
Fresh Veggies
Fresh Fruit
Homecoming Treat

9
**Grilled Cheese Sandwich w/ Goldfish Crackers
Bagel Power Pack**
Tomato Soup
Italian Lettuce Salad
Chilled Pears
Fresh Fruit

16
NO SCHOOL

23
**Cheeseburger or Hamburger
Nacho Power Pack**
Baked Beans
Coleslaw
Chilled Pears
Fresh Fruit
Fresh Baked Cookie