

2026/27				
SECONDARY - OCTOBER				
* *CONTAINS PORK				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST MENU				
 WAFFLES SMUCKERS UNCRUSTABLE PBJ FRESH FRUIT & ASSORTED FRUIT CUPS MILK / 100% FRUIT JUICE	 GLAZED DONUT SAUSAGE/EGG/CHEESE ENGLISH MUFFIN FRESH FRUIT & ASSORTED FRUIT CUPS MILK / 100% FRUIT JUICE	 BANANA BREAD MAPLE CHICKEN PANCAKE WRAP FRESH FRUIT & ASSORTED FRUIT CUPS MILK / 100% FRUIT JUICE	 FRESHLY BAKED CINNAMON ROLL SMOOTHIE/PARFAIT FRESH FRUIT & ASSORTED FRUIT CUPS MILK / 100% FRUIT JUICE	 BREAKFAST BAR SAUSAGE & CHEESE CROISSANT FRESH FRUIT & ASSORTED FRUIT CUPS MILK / 100% FRUIT JUICE
ALTERNATIVE BREAKFAST ENTREES MAY INCLUDE: POWDERED OR CHOCOLATE MINI DONUTS, EGGO GRAHAM CRACKERS, POP TARTS				ALL GRAINS OFFERED ARE WHOLE GRAINS
9/28 <u>PEPPERONI PIZZA</u> or CHEESE PIZZA CARROTS w/DRESSING SALAD w/DRESSING FRESH FRUIT FRUIT ICE FRESHLY BAKED COOKIE	9/29 GENERAL TSO CHICKEN RICE & EGG ROLL BROCCOLI CELERY & CARROTS w/DRESSING FRESH FRUIT ASSORTED FRUIT CUPS	9/30 FRENCH TOAST w/TURKEY SAUSAGE TATER TOTS VEGGIE JUICE FRESH FRUIT ASSORTED FRUIT CUPS SYRUP 	10/1 WALKING TACO w/ SALSA FRITOS CORN CHIPS CORN CUCUMBERS w/DRESSING FRESH FRUIT ASSORTED FRUIT CUPS SOUR CREAM/ HOT SAUCE	10/2 *BACON CHEESEBURGER ON BUN BAKED BEANS TATER TOTS FRESH FRUIT FRUIT JUICE  *TURKEY
10/5 CHICKEN FINGERS MINI LOAF w/MARGARINE SWEET POTATOES CARROTS w/DRESSING FRESH FRUIT & FRUIT ICE FRESHLY BAKED COOKIE BBQ SAUCE or CHICK'N DIPPIN SAUCE	10/6 CHICKEN LEGS CORN MUFFIN MASHED POTATOES w/GRAVY SALAD w/DRESSING FRESH FRUIT ASSORTED FRUIT CUPS HOT SAUCE/ MARGARINE	10/7 NACHO SUPREME w/ SALSA TOSTITOS CHIPS & RICE CELERY & CARROTS w/DRESSING VEGGIE JUICE FRESH FRUIT ASSORTED FRUIT CUPS SOUR CREAM/ HOT SAUCE	10/8 NEW ITEMS TURKEY BACON & CHEESE POTATO SKINS CINNAMON CRUMB LOAF BROCCOLI CUCUMBERS w/DRESSING FRESH FRUIT FRUIT JUICE SOUR CREAM/MARGARINE	10/9/2026 SHS ALT. MENU SPICY CHICKEN PATTY ON BUN BAKED BEANS TATER TOTS FRESH FRUIT ASSORTED FRUIT CUPS RANCH or CHICK'N DIPPIN SAUCE
10/12 ** CALZONE W/ MARINARA OR CHEESE PIZZA CELERY & CARROTS w/DRESSING GREEN BEANS FRESH FRUIT FRUIT ICE FRESHLY BAKED COOKIE	10/13 ORANGE CHICKEN RICE & EGG ROLL BROCCOLI VEGGIE JUICE FRESH FRUIT ASSORTED FRUIT CUPS 	10/14 MOZZARELLA STICKS w/MARINARA GARLIC KNOT w/MARGARINE GREEN BEANS SALAD w/DRESSING FRESH FRUIT ASSORTED FRUIT CUPS	10/15 POPCORN CHICKEN BOWL CORN MUFFIN MASHED POTATOES w/GRAVY CORN FRESH FRUIT ASSORTED FRUIT CUPS MARGARINE	10/16 SHS - NO SCHOOL CORN DOG BAKED BEANS TATER TOTS FRESH FRUIT FRUIT JUICE HONEY MUSTARD
10/19 CHEESE BREADSTICKS w/ MARINARA BROCCOLI CARROTS w/DRESSING FRESH FRUIT FRUIT ICE FRESHLY BAKED COOKIE	10/20 CHICKEN WINGS CORN MUFFIN BAKED BEANS CELERY WDRESSING FRESH FRUIT ASSORTED FRUIT CUPS BBQ/ HOT SAUCE / MARGARINE	10/21 BUFFALO CHICKEN DIP w/ SALSA TOSTITOS CHIPS & RICE CORN SALAD w/DRESSING FRESH FRUIT ASSORTED FRUIT CUPS SOUR CREAM/ HOT SAUCE	10/22 PHILLY CHEESE STEAK/SUB BUN TATER TOTS CUCUMBERS w/DRESSING FRESH FRUIT ASSORTED FRUIT CUPS 	10/23 SHS ALT MENU CHICKEN FINGERS & WAFFLES SWEET POTATOES VEGGIE JUICE FRESH FRUIT FRUIT JUICE SYRUP
10/26 <u>PEPPERONI PIZZA</u> or CHEESE PIZZA CARROTS w/DRESSING SALAD w/DRESSING FRESH FRUIT FRUIT ICE FRESHLY BAKED COOKIE	10/27 GENERAL TSO CHICKEN RICE & EGG ROLL BROCCOLI CELERY & CARROTS w/DRESSING FRESH FRUIT ASSORTED FRUIT CUPS	10/28 FRENCH TOAST w/TURKEY SAUSAGE TATER TOTS VEGGIE JUICE FRESH FRUIT ASSORTED FRUIT CUPS SYRUP 	10/29 WALKING TACO w/ SALSA FRITOS CORN CHIPS CORN CUCUMBERS w/DRESSING FRESH FRUIT ASSORTED FRUIT CUPS SOUR CREAM/ HOT SAUCE	10/30 *BACON CHEESEBURGER ON BUN BAKED BEANS TATER TOTS FRESH FRUIT FRUIT JUICE  *TURKEY
ALTERNATIVES MAY INCLUDE : ASSORTED CHEF SALADS W/ GOLDFISH CRACKER, FRUIT & YOGURT PARFAITS W/GRANOLA, SMUCKER'S PEANUT BUTTER & JELLY UNCRUSTABLE WITH STRING CHEESE/ GOLDFISH CRACKER				
ALL MEALS INCLUDE FLAVORED AND UNFLAVORED LOW-FAT AND FAT-FREE MILK, and SILK SOY MILK UPON REQUEST				