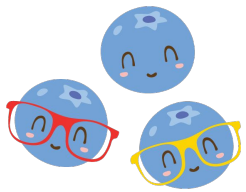
NORTH ALLEGHENY SCHOOL DISTRICT ELEMENTARY BREAKFAST MENU

October 2026



MAKE IT A MEAL!

Choose at least **3** of **4** meal components for the school breakfast price:

Whole Grain, Meat/Meat Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Available Daily

Assorted Cereals w/ Graham Cracker (V)
Cheerios, Cinnamon Toast Crunch, Cocoa Puffs
Lucky Charms (GF), Trix

Assorted Cereal Bars w/ Graham Cracker (V)
Cinnamon Toast Crunch, Cocoa Puffs

Bagel w/ Cream Cheese (V)

Fruit Selections

Apple Slices, Apple Sauce, Apples, Oranges
Assorted Juice

Students may choose two ½ cup servings.
Additional Choices Available in Season

Milk Selections

May Include:
Skim, 1% White, Fat Free White, Fat Free Chocolate, Fat Free Vanilla, Fat Free Strawberry

(V) Vegetarian

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Now Hiring **Part Time & Substitute Cafeteria Workers** **Email:** **jenna.ossler@metzcorp.com**	**Breakfast is FREE for ALL Students!**	1 Chocolate Chip French Toast (V) Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)	2 Dutch Waffle (V) Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)
5 Mini Cinni Rolls (V) Mini Chocolate Donuts (V) Blueberry Muffin w/ Graham Cracker (V)	6 Breakfast Pizza with Pork Sausage Mini Chocolate Donuts (V) Blueberry Muffin w/ Graham Cracker (V)	7 Pancake on Stick Mini Chocolate Donuts (V) Blueberry Muffin w/ Graham Cracker (V)	8 French Toast Sticks with Syrup (V) Mini Chocolate Donuts (V) Blueberry Muffin w/ Graham Cracker (V)	9 Apple Strudel (V) Mini Chocolate Donuts (V) Blueberry Muffin w/ Graham Cracker (V)
12 Mini Blueberry Donut Holes (V) Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)	13 Breakfast Pizza with Pork Sausage Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)	14 Egg, Turkey Sausage, & Cheese Wrap Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)	15 Chocolate Chip French Toast (V) Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)	16 Yogurt with Graham Cracker (V) Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)
19 Glazed Dunkin Sticks (V) Mini Chocolate Donuts (V) Blueberry Muffin w/ Graham Cracker (V)	20 Breakfast Pizza with Pork Sausage Mini Chocolate Donuts (V) Blueberry Muffin w/ Graham Cracker (V)	21 Egg & Cheese Wrap (V) Mini Chocolate Donuts (V) Blueberry Muffin w/ Graham Cracker (V)	22 French Toast Sticks with Syrup (V) Mini Chocolate Donuts (V) Blueberry Muffin w/ Graham Cracker (V)	23 Dutch Waffle (V) Mini Chocolate Donuts (V) Blueberry Muffin w/ Graham Cracker (V)
26 Mini Maple Pancakes (V) Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)	27 Breakfast Pizza with Pork Sausage Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)	28 Pancake on a Stick Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)	29 Chocolate Chip French Toast (V) Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)	30 Apple Strudel (V) Mini Powdered Donuts (V) Chocolate Muffin w/ Graham Cracker (V)

Breakfast Prices

Student	$0.00
Adult	$2.75

schoolcafe.com

YOUR DINING SERVICES TEAM

Jenna Ossler, Food Service Director
(724) 934-7202 ext. 35053 |
jenna.ossler@metzcorp.com

Lily Mejia, Assistant Food Service Director
(724) 934-7279 ext. 35050 |
lily.mejia@metzcorp.com

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES