



MENU

HS Week 6: 09.21.26-09.25.26		Monday	Tuesday	Wednesday	Thursday	Friday
     		All Schools Closed Yom Kippur	Glazed Chicken Leg With Mac and Cheese Seasoned Green Peas WG Bread Stick	Teriyaki Chicken Popcorn Chicken With Brown Rice Steamed Broccoli	Chicken Quesadilla Tortilla Shell (Fajita Chicken and Monterey Cheese) Seasoned Black Beans Brown Rice Sour Cream Salsa	Chopped Italian Sandwich Toasted Sub Bun Loaded with Chopped Turkey, Turkey Ham, Pork Pepperoni, Mozzarella Cheese, Tomato, Onion and Shredded Lettuce Baked Fries
			Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza
			Boneless Wings Celery Sticks Homemade Dinner Roll Assorted Sauces	South West Salad Chopped Romaine Red Onions, Black Beans, Corn, Cheddar Cheese, Onion, Tomatoes and Chicken Tenders Bread Stick	Chicken Tenders Carrots Sticks Homemade Bread Stick Assorted Sauces	Boneless Wings Celery Sticks Homemade Dinner Roll Assorted Sauces
			Hamburger Cheeseburger Mozzarella Sticks with Marinara Sauce	Spicy Chicken Filet Sandwich	Hamburger Cheeseburger Mozzarella Sticks with Marinara Sauce	Chicken Filet Sandwich
			Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily
		Fresh Salad Bar Options Adult Nutri-Bar: Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread, Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily. Student Fresh Salad Bar: Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots, Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily. Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily				

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy

concerning your child with the Resident Director.

This Institution is an Equal Opportunity Provider

