



Cleveland Heights University Heights

MENU

Middle Schools Week 6: 09.21.26-09.25.26	Monday	Tuesday	Wednesday	Thursday	Friday
	All Schools Closed Yom Kippur	WG Chicken Tenders With Baked Spiral Fries Garlic Bread Stick	Wacky Wednesday Nacho Dorito Beef Taco Meat Black Beans Brown Rice Shredded Cheese, Salsa, Sour Cream	Cheese Lasagna With Marinara Sauce Seasoned Glazed Carrots Garlic Bread Stick	Teriyaki Chicken Fajita Chicken With Spaghetti Noodles Seasoned Green Peas and Carrots Dinner Roll
		Hamburger Cheeseburger Bosco Sticks	Regular Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks	Spicy Chicken Filet Sandwich
		Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
		Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable
		Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad

ALL MEALS ARE FREE FOR ALL STUDENTS!

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.



CHECK OUT OUR FEATURED SUPERFOODS!

Please discuss any food allergy issues concerning your child with the Resident Director.

This institution is an equal opportunity provider.

