OAKLAWN



Goshen Child & Adolescent Groups

Growing Beyond Ages 8- 12

This group focuses on the importance of family connection in the development of youth and teens. You'll learn how to cope with emotions, solve problems, communicate and build healthy habits to take care of yourself. This is a multi-family group. It meets for six weeks and is for children ages 8-12 and their caregivers.

Growing Beyond Ages 13-18

In this group, you will learn about the importance of family connection in the development of youth and teens. You'll learn how to cope with emotions, solve problems, communicate and build healthy habits to take care of yourself. You'll also learn about mental health and mental illness, get to know others who experience similar challenges and meet people at Oaklawn who can help. This is a six week group for ages 13-18 and their caregivers.

If your child is struggling with things like stress, trauma, anxiety or depression, our team is here to help. We work with youth and families to build skills, support growth and help you succeed.

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