

AT THE WBC, STUDENTS CAN...



DE-STRESS IN A SAFE,
WELCOMING SPACE ON CAMPUS

BECOME A PEER HEALTH
ADVOCATE, GET INVOLVED, &
TAKE A LEADERSHIP ROLE ON
CAMPUS

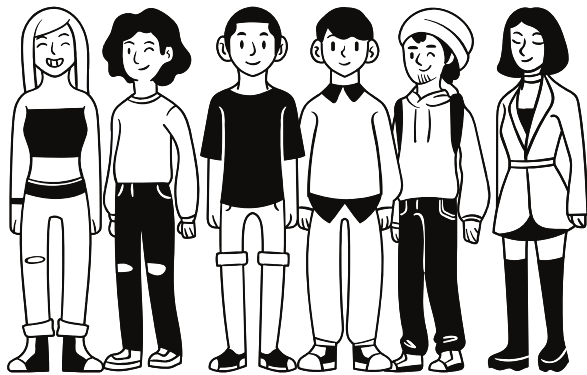
SPEAK CONFIDENTIALLY TO A
YOUTH EDUCATOR OR GET
CONNECTED TO HEALTH & OTHER
SUPPORTIVE SERVICES

SEEK INFO ABOUT HEALTHY
RELATIONSHIPS, SEXUALITY,
SUBSTANCES, STRESS MANAGEMENT
REDUCTION & OTHER HEALTH TOPICS

GET SUPPORT FOR PREVENTING &
REDUCING VAPING OR OTHER
SUBSTANCE USE

WELL BEING CENTER

LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH



**Gladstone Middle School
Student Well Being Center**

**Room C9
Mondays-Fridays
7:30AM - 4:00PM**

Come Visit Our Center Today!



TEEN CALL LINE

(844) 810-0062

M-F 8AM - 8PM, Sat 8 AM - 4PM



Youth Educator Supervisor

Vanessa Martinez

vmartinez@ph.lacounty.gov



Teen Mental Health Toolkit

<http://ph.lacounty.gov/pie/Education/MentalHealthToolKit/Toolkit>

