Meadowridge GRYPHON Athletics
Coaching Staff for 2026-2027

AS OF Sept 14, 2026

Fall Season Athletics

Gr. 5 Girls Volleyball – **Ms. Ferneley, Ms. Kowalski & Ms. Krenzler**
League: ISEA

Gr. 6/7 Girls Volleyball – **Ms. Hook & Ms. West**
League: Local (SD42)

Junior (Gr. 9/10) Girls Volleyball (SD#42) – **Mr. Marriott & Ms. Hunt**
League: Local (SD42)

Bantam (Gr. 8) Girls Volleyball – **Mr. Nickel, Ms. Reis & Ms. Laca**
League: GVISAA

Senior (Gr. 11/12) Girls Volleyball – **Ms. Murray & Ms. Metz**
League: GVISAA

Gr. 5 Co-Ed Soccer – **Mr. Diniz & Ms. DeBoef**
League: ISEA

Gr. 6/7 Co-Ed Soccer – **Mr. Abaga & Mr. Spurgeon (w/ student help)**
League: ISEA

Junior (Gr. 8-10) Co-Ed Soccer – **Mr. Serban, Mr. Schofield & Mr. Patrick Choquette *(Parent Coach)***
League: GVISAA

Senior (Gr. 11/12) Co-Ed Soccer – **Mr. Jackson, Mr. Willms & Mr. Omid Motameni *(Alumni coach)* supported by Ms. Sun *(Team Manager)***
League: GVISAA & Exhibition Games

Gr. 1-5 Cross Country Running – **Ms. Lum, Ms. Pitzey & Ms. Gish**
Gr. 6-7 Cross Country Running – **Dr. Lane**
Gr. 8-12 Cross Country Running (2 Invitationals, Fraser North & Provincials) – **Mr. Spurgeon**

Swimming* (Gr.8-12) – Fraser North & Provincials if interest – **Ms. Murray**
**students must train with their local club outside of school*

Winter Season Athletics

Gr. 5 Girls Basketball – **Ms. Nicholson & Ms. Gossen**
League: ISEA

Gr. 6/7 Girls Basketball – **Ms. Banack & Ms. Carlbeck w/ student help**
League: Local

Junior Girls (Gr. 8-10) Basketball – **Ms. Bereza & Ms. DeBoef**
League: GVISAA

Senior (Gr. 11-12) Girls Basketball - ***TBD***

Gr. 5 Boys Basketball – **Mr. Spurgeon & Mr. Smith**

Gr. 6/7 Boys Basketball ***(2 teams)*** – **Mr. Rinn, Ms. Krenzler, Mr. Abaga & Mr. Kennedy**
League: Local

Grade 8 Boys Basketball – **Mr. Badie & Mr. Ilon**
League: GVISAA

Junior Boys (Gr. 9/10) Boys Basketball – **Mr. Diniz & Mr. Lockhart**
League: GVISAA

Sr Boys (Gr. 11-12) Boys Basketball – **Mr. Steve Just *(Alumni coach),* Ms. Pederson & Ms. Murray *(Team Manager)***
League: GVISAA

Swimming* Gr. 3-7 –ISEA Swim Championship and Invitational Meets if interest – **Ms. Murray**
**Students must train with their own clubs outside of school*

Spring Season Athletics

Gr. 6-12 Badminton – **Ms. Rajeev (Seniors), Mr. Wheeler & Ms. Sun (Juniors) & Ms. Villadiego (6/7 & Bantam)**

***Possible morning practices starting in fall**

Track & Field (High Jump, Long Jump, Throws & Sprints)

Gr. 4/5 Coaches: **Ms. Koehler (L-J), Ms. Warner (Throws) & Ms. Christensen (Sprints) & Ms. Moghaddam (High Jump)**

Gr. 6-12: **Mr. Spurgeon, Ms. Stanley & Mr. Serban**

Gr. 1-5 Cross Country Running – **Ms. Lum, Ms. Pitzey & Ms. Gish**

Gr. 6/7 Cross Country Running – **Ms. Mahmoudi**

Gr. 8-12 Golf Team (if enough committed golfers) **– Mr. Jackson**

Year Round Athletics

Gr. 4-12 Fencing Club

Ms. Chow, Ms. Flintermann, Ms. Dyer, Ms. Theodora Runtova *(outside coach),* Mr. Thomas Greenwood *(outside coach),* Mr. Luis Patterson *(outside coach),* Mr. Ben Kim *(outside coach)* & some student assistance.

For additional information contact:

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