



# October Merlo Lunch Menu

Meal Prices  
Student: \$0.00  
Adult: \$6.00  
Milk: \$0.75  
Second Entree: \$2.75  
Second Meal: \$4.25

**Daily Offerings:** • Crispy or Spicy Chicken Sandwich • Hamburger, Cheeseburger, or Vegan Patty  • Peanut Butter and Jelly Sandwich  • Variety of Deli Sandwich  • Variety of Prepared Salads 

| Monday                                                                                                                                                                                                                                                                      | Tuesday                                                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                                                                                                                                            | Thursday                                                                                                                                                                                                               | Friday                                                                                                                                                                                                                                                                                                                                  |
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|                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                      | 1<br>Crispy or Spicy Popcorn<br>Chicken with Waffle Fries and<br>Garlic Toast<br><br>Cheese Filled Breadsticks<br>with Marinara     | 2<br>Macaroni and Cheese <br><br>Cheese  , Beef Pepperoni<br>or BBQ Chicken Pizza                                                                                 |
| 5<br>Toasted Cheese Sandwich <br><br>Cheese  , Beef Pepperoni<br>or Beef Pepperoni and<br>Pineapple Pizza | 6<br>Bean and Cheese  or<br>Beef and Cheese Nachos<br><br>Cheese Filled Breadsticks<br>with Marinara       | 7<br>General Tso's Chicken Bowl<br>with Noodles<br><br>Cheese  , Beef Pepperoni<br>or Beef Pepperoni and<br>Pineapple Pizza                                                                                                                                        | 8 <b>Monthly Featured Entree</b><br><br>Oregon Rodeo<br>Beef Cheeseburger<br><br>Cheese Filled Breadsticks<br>with Marinara         | 9<br><br>No School Today                                                                                                                                                                                                                                                                                                                |
| 12<br>Crispy or Spicy Chicken<br>Tenders<br><br>Cheese  , Beef Pepperoni<br>or Veggie  Pizza              | 13<br>Bean and Cheese Burrito <br><br>Cheese Filled Breadsticks<br>with Marinara                           | 14<br>Chicken or Vegetable<br>Dumplings <br><br>Cheese  , Beef Pepperoni<br>or Veggie  Pizza | 15<br>Beef Mexican Pizza<br><br>Cheese Filled Breadsticks<br>with Marinara                                                          | 16<br>Macaroni and Cheese <br><br>Cheese  , Beef Pepperoni<br>or Veggie  Pizza |
| 19<br>Fish Sandwich with<br>Waffle Fries<br><br>Cheese  , Beef Pepperoni<br>or Beef Pepperoni and<br>Pineapple Pizza                                                                     | 20<br>Bean and Cheese  or<br>Beef and Cheese Nachos<br><br>Cheese Filled Breadsticks<br>with Marinara  | 21<br>Chicken Katsu<br><br>Cheese  , Beef Pepperoni<br>or Beef Pepperoni and<br>Pineapple Pizza                                                                                                                                                                  | 22<br>Brunch for Lunch with French<br>Toast Sticks and Chicken<br>Bites<br><br>Cheese Filled Breadsticks<br>with Marinara         | 23<br>Crispy or Spicy Chicken<br>Tenders<br><br>Cheese  , Beef Pepperoni<br>or Beef Pepperoni and<br>Pineapple Pizza                                                                                                                               |
| 26<br>Chicken Corn Dog<br><br>Cheese  , Beef Pepperoni<br>or BBQ Chicken Pizza                                                                                                           | 27<br>Bean and Cheese Burrito <br><br>Cheese Filled Breadsticks<br>with Marinara                       | 28<br>Teriyaki Beef Bowl with Brown<br>Rice<br><br>Cheese  , Beef Pepperoni<br>or BBQ Chicken Pizza                                                                                                                                                              | 29<br>Crispy or Spicy Popcorn<br>Chicken with Waffle Fries and<br>Garlic Toast<br><br>Cheese Filled Breadsticks<br>with Marinara  | 30<br><br>No School Today                                                                                                                                                                                                                                                                                                               |



= Vegetarian Item



=Vegan Item



=Pork Item

Lunch includes one entree, choice of milk and a variety of unlimited fruits and vegetables. Students **must** choose at least 1/2 cup fruit or vegetable.

**Menu is subject to change.**

To manage your student's meal account and to access nutrition and allergy information, log onto:  
<https://www.schoolcafe.com/BEAVERTONSD>

This institution is an equal opportunity provider.