October Middle School Breakfast Menu

Meal Prices
Student: $0.00
Adult: $4.00
Milk: $0.75
Second Entree: $1.50
Second Meal: $2.75

Monday	Tuesday	Wednesday	Thursday	Friday
A variety of fruit along with a choice of 1% or fat free unflavored milk and juice are offered with each meal. Students must choose at least 3 food items and must choose at least 1/2 cup of fruits or juice. **Menu subject to change**			1 Cinnamon Roll Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	2 French Toast Sticks and Yogurt Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars
5 Pancake Puffs Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	6 Breakfast Bagel Pizza Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	7 Chicken Biscuit Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	8 Croissant and Yogurt Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	9 No School Today
12 Pancake Puffs Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	13 Turkey Sausage Breakfast Biscuit Pocket Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	14 Egg and Cheese Croissant Sandwich Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	15 Cinnamon Roll Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	16 French Toast Sticks and Yogurt Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars
19 Pancake Puffs Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	20 Breakfast Bagel Pizza Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	21 Chicken Biscuit Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	22 Croissant and Yogurt Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	23 Beef Sausage, Egg and Cheese Breakfast Wrap (Halal) Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars
26 Pancake Puffs Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	27 Turkey Sausage Breakfast Biscuit Pocket Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	28 Egg and Cheese Croissant Sandwich Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	29 Cinnamon Roll Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	30 No School Today

To manage your student's meal account and to access nutrition and allergy information, log onto:
https://www.schoolcafe.com/BEAVERTONSD

= Vegetarian Item

=Items with 6g or less of added sugar per serving

This institution is an equal opportunity provider.