



October High School Breakfast Menu

Meal Prices
 Student: \$0.00
 Adult: \$4.00
 Milk: \$0.75
 Second Entree: \$1.50
 Second Meal: \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
A variety of fruit along with a choice of 1% or fat free unflavored milk and juice are offered with each meal. Students must choose at least 3 food items and must choose at least 1/2 cup of fruits or juice. Menu subject to change			1 Cinnamon Roll   Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	2 French Toast Sticks and Yogurt   Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 
5 Pancake Puffs  Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	6 Breakfast Bagel Pizza   Bagel with Cream Cheese  Variety of Cereals   Variety of Breakfast Bars 	7 Chicken Biscuit  Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	8 Croissant and Yogurt   Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	9 No School Today
12 Pancake Puffs  Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	13 Turkey Sausage Breakfast Biscuit Pocket  Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	14 Egg and Cheese Croissant Sandwich  Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	15 Cinnamon Roll   Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	16 French Toast Sticks and Yogurt   Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 
19 Pancake Puffs  Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	20 Breakfast Bagel Pizza   Bagel with Cream Cheese  Variety of Cereals   Variety of Breakfast Bars 	21 Chicken Biscuit  Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	22 Croissant and Yogurt   Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	23 Beef Sausage, Egg and Cheese Breakfast Wrap (Halal)  Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 
26 Pancake Puffs  Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	27 Turkey Sausage Breakfast Biscuit Pocket  Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	28 Egg and Cheese Croissant Sandwich  Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	29 Cinnamon Roll   Bagel with Cream Cheese   Variety of Cereals   Variety of Breakfast Bars 	30 No School Today

To manage your student's meal account and to access nutrition and allergy information, log onto:
<https://www.schoolcafe.com/BEAVERTONSD>



= Vegetarian Item



= Items with 6g or less of added sugar per serving

This institution is an equal opportunity provider.