

Central Square Senior Center

October 2026

The South St. Paul Senior Center promotes and provides opportunities in the area of socialization, recreation, education, and health to residents age 55 and up. Become a member for only \$15/year.

S	Monday	Tuesday	Wednesday	Thursday	Friday	S
				1 Hand & Foot Card Games 12:30-2:30 pm	2 500 Cards 11:30 am-2:00 pm	3
4	5 Cribbage 12:00-2:30 pm Penny Bingo 1:00-2:30 pm	6 Woodcarvers 9:00-11:00 am Craft time 1:00-3:00 pm	7 500 Cards 11:30 am-2:00 pm	8 Movie and Popcorn <i>Lost City</i> 12:00 pm Hand & Foot Card Games 12:30-2:30 pm	9 500 Cards 11:30 am-2:00 pm	10
11	12 Cribbage 12:00-2:30 pm Book Club 12:30-2:30 pm Penny Bingo 1:00-2:30 pm	13 Great Northern Trains Trip- Bus departs at 7:45 am Happy Feet 9:00 am-4:00 pm Woodcarvers 9:00-11:00 am Line Dancing 10:30-11:30 am Craft time 1:00-3:00 pm	14 Senior Board Meeting 9:30 am Out to Lunch- Olive Garden 11:00 am 500 Cards 11:30 am-2:00 pm	15 Hand & Foot Card Games 12:30-2:30 pm	16 500 Cards 11:30 am-2:00 pm	17
18	19 Cribbage 12:00-2:30 pm Penny Bingo 1:00-2:30 pm	20 Woodcarvers 9:00-11:00 am Line Dancing 10:30-11:30 am Craft time 1:00-3:00 pm	21 Fall Fashion Show 11:00 am	22 Senior Social- Beer and Brats 11:30 am-1:00 pm Hand & Foot Card Games 12:30-2:30 pm	23 500 Cards 11:30 am-2:00 pm	24
25	26 Cribbage 12:00-2:30 pm Penny Bingo 1:00-2:30 pm	27 Happy Feet 9:00 am-4:00 pm Woodcarvers 9:00-11:00 am Line Dancing 10:30-11:30 am Craft time 1:00-3:00 pm	28 500 Cards 11:30 am-2:00 pm	29 Hand & Foot Card Games 12:30-2:30 pm	30 500 Cards 11:30 am-2:00 pm	31

Schedules and fees are subject to change

More information on back

SSP Community Education Department • 651-306-3632 • communityed.sspps.org

Ongoing Activities

Book Club- Upcoming Books

Oct 12: Kitchens of the Midwest by Ryan Stradal
Nov 9: The Scent Keeper by Erica Bauermeister
One Monday each month from 12:30 - 2:30 pm

Movie and Popcorn- Upcoming movies

Oct 8: Lost City
Nov 12: Tombstone
One day each month starting at 12:00 pm

Walk the Square

Come walk the Square – we're not big, but we are temperature controlled.
Monday - Friday (daily) 7:30 am - 3:00 pm

SSP Buzz

Join your neighbors for a cup or two of joe and get your local buzz of what's happening around the community.
Monday - Friday (daily) 8:30 - 11:00 am

Cribbage

The classic card/board game.
Mondays from 12:00 - 2:30 pm

Penny Bingo

Be the first to turn all your cards face down.
Mondays from 1:00 - 2:30 pm

Woodcarvers

Woodcarvers Group at Central Square is a social group, without formal instruction. Get together with others who share your hobby and learn from each other! Please bring your own tools and supplies.
Tuesdays from 9:00 - 11:00 am

Line Dancing

Dance to a variety of music genres. It's fun, good for the soul, and no partner is needed. Instructor Margaret Christians.
Tuesdays from 10:30 - 11:30 am

Happy Feet

Happy Feet is scheduled once each month. A qualified nurse will soak and treat foot ailments from trimming, corns, calluses and walk away with a soothing foot massage. Call for appointment 763-346-3390.
9:00 am - 4:00 pm, \$45

Craft Day

Grab your craft and come on over. Whether you knit, crochet, color, draw, stamp, make cards, etc. We have room for you. You can socialize with other crafters, pick up a pointer or two, and maybe even start a new hobby.
Tuesdays from 1:00 - 3:00 pm

500 Cards

500 is a trick-taking game with some ideas from Bridge. The game described here is for four players. The game is played over a series of hands. You win the game by earning 500 points or forcing your opponents to reach 500 points.
Wednesdays and Fridays from 11:30 am - 2:00 pm

Hand & Foot Card Games

Hand and Foot is a game related to Canasta, in which each player is dealt two sets of cards - the hand, which is played first, and the foot, which is played when the hand has been used up. There are numerous variations and no standard rules.
Thursdays from 12:30-2:30 pm

Upcoming trips

Register for social trips at the Central Square front desk, by phone 651-306-3632, or at communityed.sspps.org.

Women of Gangsterland

Tour the historic streets of St. Paul highlighting the women of the St. Paul gangster era. Lunch at Joseph's Grill.
Tuesday, November 17
Bus departs Central Square at 10:00 am
\$99/person, includes transportation, tour, and lunch

Christmas in Duluth

Tour of Glensheen Mansion and Bentleyville. Lunch at Canal Park Brewing. Register by October 30.
Tuesday, December 1
Bus departs Central Square at 9:15 am
\$135/person, includes transportation, tours, and lunch

Annie at the Chanhassen Dinner Theater

See the classic musical Annie on stage at the Chanhassen Dinner Theater. Register by December 18.
Thursday, January 27
Bus departs Central Square at 10:15 am
\$127/person, includes transportation, lunch, and show