

School District 15 Breakfast Menu

October-26

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
						1 Trix Cereal Bar W, Y 29 Yogurt Strawberry Smash 12 Applesauce 14 Fruit Punch 14 Milk (assorted) 15		2 Stuffed Hashbrown E, M, W 25 Mixed Fruit 15 Orange Juice 13 Milk (assorted) 15	
5 Froot Loop Waffles W, M, E, 32 Apple Slices 8 Grape Juice 19 Milk (assorted) 15		6 Egg & Cheese Quesadilla W, E, M 17 Cream Cheese 1 Diced Peaches 12 Fruit Punch 14 Milk (assorted) 15		7 Poffitz Pancake Bites E, M, Y 27 Banana 27 Apple Juice 13 Milk (assorted) 15		8 Trix Cereal Bar W, Y 29 Yogurt Strawberry Smash 12 Applesauce 14 Fruit Punch 14 Milk (assorted) 15		9 	
12 		13 Egg & Cheese Muffin E, M, Y, W 27 Apple Slices 8 Grape Juice 19 Milk (assorted) 15		14 Mini Pancakes Confetti E, M, Y, W 36 Applesauce 14 Fruit Punch 14 Milk (assorted) 15		15 Bagel W 28 Cream Cheese M 1 Chilled Pears 14 Orange Juice 13 Milk (assorted) 15		16 Dutch Waffle E, M, Y, W 38 Sugar, Powdered 15 Mandarin Oranges# 20 Apple Juice 13 Milk (assorted) 15	
19 Froot Loop Waffles W, M, E, 32 Apple Slices 8 Grape Juice 19 Milk (assorted) 15		20 Egg & Cheese Quesadilla W, 18 Diced Peaches 12 Fruit Punch 14 Milk (assorted) 15		21 Poffitz Pancake Bites E, M, Y, W 37 Banana 27 Apple Juice 13 Milk (assorted) 15		22 Trix Cereal Bar W, Y 29 Yogurt Strawberry Smash 12 Applesauce 14 Fruit Punch 14 Milk (assorted) 15		23 Stuffed Hashbrown E, M, W 25 Mixed Fruit 15 Orange Juice 13 Milk (assorted) 15	
26 Poffitz Pancake Bites E, M, Y, W 37 Banana 27 Apple Juice 13 Milk (assorted) 15		27 Egg & Cheese Muffin E, M, Y, W 27 Apple Slices 8 Grape Juice 19 Milk (assorted) 15		28 Mini Pancakes Confetti E, M, Y, W 36 Applesauce 14 Fruit Punch 14 Milk (assorted) 15		29 Trix Cereal Bar W, Y 29 Yogurt Strawberry Smash 12 Applesauce 14 Fruit Punch 14 Milk (assorted) 15		30 Stuffed Hashbrown E, M, W 25 Mixed Fruit 15 Orange Juice 13 Milk (assorted) 15	

Breakfast \$1.90
Milk \$.45
NSLP Reduced price breakfast \$0.30

All meals served with
choice of Milk

Allergen Key:

- M** Milk
- E** Eggs
- F** Fish
- S** Shellfish (e.g., shrimp, lobster, crab)
- N** Tree nuts (e.g., almonds, walnuts, peanuts)
- W** Wheat
- Y** Soybeans
- P** Peanuts
- SS** Sesame

Students must have money on their
accounts or bring cash for ala carte
purchases.

See District's Food Service
website for a la carte pricing

Questions regarding the Menu,
Please contact
Kevin Harris at:

Kharris@D15.org

The carbohydrate and allergen information provided is to the best of our knowledge by information received from the product manufacturer.

Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.