What's on the Menu? Middle School Lunch Sept 2026

Monday	Tuesday	Wednesday	Thursday	Friday
. This Institution is an Equal Opportunity Provider USDA Nondiscrimination Statement linked here				
21 Potstickers	22 Chili OR Fajitas*	23 French Toast Casserole	24 Ziti	25 Stuffed Peppers OR Mexican Taco Salad
28 Beef Taco	29 Cilantro Lime Chicken Wrap OR Mac & Cheese	30 Cinnamon Roll	1 Chicken Alfredo	2 Beef Bulgogi OR Beef Pho
7	8	9	10	11
14	15	16	17	18

Pizza
Cheese
Chicken Parmesan
Pepperoni

Grill
Cheeseburger
Burger
Breaded Chicken Burger
Spicy Chicken Burger
Hot Dog (Turkey or Beef)
Chicken Nuggets
Fries/Tots

Salads
Chicken Caesar Salad
Garden Salad

Vegetarian
Made in House

On The Go
Sunbutter and Jelly Sandwich
Parfaits: Strawberry, Mixed Berry, Blueberry, Peach or Mango
Turkey and Cheese Sandwich
Buffalo Chicken Wrap
Bagel Fun Lunch
Mini Cinni Fun Lunch
Furdel Fun Lunch

A la Carte
Smoothies: Strawberry, Blueberry, Mango or Dragonfruit/Banana
Uncrustables

chartwells
serving up happy & healthy

If you have any questions, please email Rachael Mathews at Rachael.Mathews@mercerislandschools.org

** Meat served on side*

All meals served with milk.