

LYNDHURST K-5 PUBLIC SCHOOLS

SCHOOL VIOLENCE AWARENESS WEEK:

START WITH HELLO

OCTOBER 19-23, 2026



Monday, 10/19

MEET-N-GREET MONDAY:

Meet someone new and use your own personalized "Hello" style to encourage connection and discussion. Check out the 'conversation-starters' to start off the day!

WEAR CRAZY SOCKS- it's a good conversation starter!

Tuesday, 10/20

UPSTANDER TUESDAY:

What is an Upstander? Recognize Upstanders in our school who are thoughtful and take action to build a safer community.

Let your teacher know what peer you nominate as an upstander!

DRESS LIKE A SUPERHERO!

Wednesday, 10/21

WELCOMING WEDNESDAY:

Wear school spirit wear or school colors to show unity within the school community to take a stand against bullying and violence!

Thursday, 10/22

THANKFUL THURSDAY:

Thank a Trusted Adult today! Think of someone in school, at home, or even in the community (such as a police officer or crossing guard) who you can trust if you need help or who helps keep us safe.

Friday, 10/23

FRIENDLY FRI-YAY:

Sign the 'Start with Hello!' pledge with your classmates and pledge to practice empathy, inclusivity, and strive to be an Upstander!

WEAR COMFY CLOTHES TO CELEBRATE THE UPCOMING WEEKEND!

