



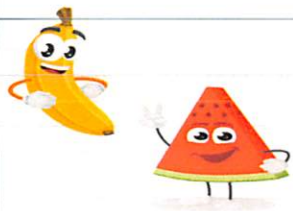
What is a Meal?

You must choose the following components for a qualified breakfast.

- ★ Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast.
- ★ Minimum of 2 grains or 1 grain and 1 meat or meat alternate
- ★ Choice of Milk - 1% white and chocolate

Featured Fruit May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mandarin Oranges, 100% fruit juices And More!!



DAILY ALTERNATES

Choice of Assorted Cereals with Belly Bears, or Assorted Mini Donuts

Breakfast Prices:

FREE for STUDENTS
Student: \$0.00
Reduced: \$.00
Adult: \$3.05

Food Service Director:

Darlene D. Wendrock

Phone Number:

724-376-7911 Ext. 6125

Email:

d_wendrock@docs.lakeview.k12.pa.us

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday	Tuesday	Wednesday	Thursday	Friday
September 28	September-29	September-30	October-1	October-2
Entrée	Entrée	Entrée	Entrée	Entrée
Mini Maple Pancakes	Sausage, Egg & Cheese Biscuit	Apple Strudel	Blueberry Donut Holes	French Toast Sticks
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
October-5	October-6	October-7	October-8	October-9
Entrée	Entrée	Entrée	Entrée	
Breakfast Pizza	Cinnamon Roll	Ham, Egg & Cheese Muffin	Glazed Dunkin Sticks	
Featured Selections	Featured Selections	Featured Selections	Featured Selections	
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	
Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits	
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
October-12	October-13	October-14	October-15	October-16
	Entrée	Entrée	Entrée	Entrée
	Egg, Sausage & Cheese Sandwich	Yogurt Bar	Pancake Sausage Wrap	French Toast Sticks
	Featured Selections	Featured Selections	Featured Selections	Featured Selections
	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits
	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
October-19	October-20	October-21	October-22	October-23
Entrée	Entrée	Entrée	Entrée	Entrée
Glazed Dunkin Sticks	Ham & Cheese Bagel	Breakfast Pizza	Strawberry Cream Cheese Bagel	Dutch Waffle
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
October-26	October-27	October-28	October-29	October-30
Entrée	Entrée	Entrée	Entrée	Entrée
Mini Maple Pancakes	Egg, Sausage & Cheese Biscuit	Pancake Sausage Wrap	Cinnamon Roll	French Toast Sticks
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
November-2	November-3	November-4	November-5	November-6
Entrée	Entrée	Entrée	Entrée	
Blue Berry Donut Holes	Breakfast Pizza	Egg & Cheese English Muffin	Yogurt Bar	
Featured Selections	Featured Selections	Featured Selections	Featured Selections	
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	
Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits	
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	