



What is a Meal?

You must choose the following components for a qualified breakfast.

- ★ Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast.
- ★ Minimum of 2 grains or 1 grain and 1 meat or meat alternate
- ★ Choice of Milk - 1% white, or fat free chocolate, strawberry or vanilla

Featured Fruit May Include:

Oranges, Apples, Bananas, Grapes, Strawberries, Peaches, Cantaloupe, Clementines, Applesauce, Pineapple, Mandarin Oranges, 100% fruit juice, And More!!



DAILY ALTERNATES

Choice of Assorted Cereals with Belly Bears

Breakfast Prices:

Free 2023-2024 School Year
Student: FREE
Reduced: FREE
Adult: \$3.05

Food Service Director:

Darlene D. Wendrock
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USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday	Tuesday	Wednesday	Thursday	Friday
September-28	September-29	September-30	October-1	October-2
Entrée	Entrée	Entrée	Entrée	Entrée
Mini Maple Pancakes	Breakfast Pizza	Sausage, Egg & Cheese Biscuit	Chocolate Chip French Toast	Apple Frudel
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
October-5	October-6	October-7	October-8	October-9
Entrée	Entrée	Entrée	Entrée	
Cinnamon Roll	Breakfast Pizza	Strawberry Pancakes	French Toast Sticks with Syrup	
Featured Selections	Featured Selections	Featured Selections	Featured Selections	
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	
Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
October-12	October-13	October-14	October-15	October-16
	Entrée	Entrée	Entrée	Entree
	Breakfast Pizza	Egg & Cheese Muffin	Blueberry Pancakes	Pineapple Yogurt Parfait
	Featured Selections	Featured Selections	Featured Selections	Featured Selections
	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
October-19	October-20	October-21	October-22	October-23
Entrée	Entrée	Entrée	Entrée	Entrée
Glazed Dunkin Sticks	Breakfast Pizza	Strawberry Cream Cheese Bagel	French Toast Sticks with Syrup	Dutch Waffle
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
October-26	October-27	October-28	October-29	October-30
Entrée	Entrée	Entrée	Entrée	Entrée
Mini Maple Pancakes	Breakfast Pizza	Sausage, Egg & Cheese Biscuit	Cherry Frudel	Blue Berry Donut Holes
Featured Selections	Featured Selections	Featured Selections	Featured Selections	Featured Selections
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
November-2	November-3	November-4	November-5	November-6
Entrée	Entrée	Entrée	Entrée	
Cinnamon Roll	Breakfast Pizza	Pancake Sausage Wrap	Blueberry Pancakes	
Featured Selections	Featured Selections	Featured Selections	Featured Selections	
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	
Assorted Fruits	Assorted Fruits	Assorted Fruits	Assorted Fruits	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	