



What is a Meal? What is a Meal?

must choose at least 3 of the 5 components available for the school lunch once
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Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable
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Must accompany a reimbursable lunch
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Choice of Vegetable
Choice of Fruit
Choice of Milk - 1% white
Choice of Milk - 1% white and chocolate

Daily Fruit Choices May

Include:
Include:
Oranges, Apples, Grapes, Pears,
Peaches, Cantaloupe, Melon, Strawberries,
Oranges, Apples, Bananas, Grapes, Pears, and
Peaches, Cantaloupe, Melon, Strawberries,
Applesauce, Pineapple, Mandarin Oranges



Lunch Prices:

Student: Free
Adult: \$5.15

Food Service Director:

Darlene D. Wendrock

Phone Number:

724-376-7911 Ext. 6125

Email:

wendrock@docs.lakeview.k12.pa.us

USDA IS AN EQUAL OPPORTUNITY
EMPLOYER

L MENU ITEMS ARE SUBJECT TO CHANGE
DUE TO AVAILABILITY

Monday	Tuesday	Wednesday	Thursday	Friday
September-28	September-29	September-30	October-1	October-2
	Entrée Chicken Walking Taco Featured Veggies Refried Beans Featured Fruit White Milk	Entrée Pancakes and Sausage Featured Veggies Cucumber Slices Featured Fruit White Milk	Entrée Beefaroni Featured Veggies Green Beans Featured Fruit White Milk	Entrée Cheese Pizza Featured Veggies Steamed Broccoli Featured Fruit Choice of Milk
October-5	October-6	October-7	October-8	October-9
Entrée Chicken Tenders Featured Veggies French Fries Featured Fruit White Milk	Entrée Macaroni & Cheese Featured Veggies Green Beans Featured Fruit White Milk	Entrée Pulled Chicken Soft Taco Featured Veggies Refried Beans Featured Fruit White Milk	Entrée Toasted Cheese Sandwich Featured Veggies Tomato Soup Featured Fruit White Milk	
October-12	October-13	October-14	October-15	October-16
	Entrée Beef & Cheese Quesadilla Featured Veggies Corn Featured Fruit White Milk	Entrée Baked Ziti w/Mozzarella Cheese Featured Veggies Steamed Broccoli Featured Fruit White Milk	Entrée Hot Ham & Cheese Sandwich Featured Veggies Baked Beans Featured Fruit White Milk	Entrée Cheese Pizza Featured Veggies Broccoli w/Cheese Sauce Featured Fruit White Milk
October-19	October-20	October-21	October-22	October-23
Entrée Chicken & Biscuits Featured Veggies Steamed Peas Featured Fruit White Milk	Entrée Beef Nachos Featured Veggies Refried Beans Featured Fruit White Milk	Entrée Cheeseburger on a Bun Featured Veggies Glazed Carrots Featured Fruit White Milk	Entrée PB&J Featured Veggies Tater Tots Featured Fruit White Milk	Sack Lunch 
October-26	October-27	October-28	October-29	October-30
Entrée Popcorn Chicken Featured Veggies Mashed Potatoes Featured Fruit White Milk	Entrée Walking Taco Featured Veggies Corn Featured Fruit White Milk	Entrée Chicken with Waffle Featured Veggies Hash Brown Triangle Featured Fruit White Milk	Entrée Pasta w/Meat Sauce Featured Veggies Steamed Broccoli Featured Fruit White Milk	Entrée Stuffed Crust Pizza Featured Veggies Green Beans Featured Fruit White Milk
November-2	November-3	November-4	November-5	November-6
Entrée Hamburger on a Bun Featured Veggies French Fries Featured Fruit White Milk	Entrée Chicken Quesadilla Featured Veggies Ranch Refried Beans Featured Fruit White Milk	Entrée French Toast Sticks w/Sausage Featured Veggies Hash Brown Triangle Featured Fruit White Milk	Entrée Macaroni & Cheese Featured Veggies Glazed Carrots Featured Fruit White Milk	Sack Lunch 