

October-November

2026

Head Start Breakfast Menu



What is a Meal?

You must choose the following components for a qualified breakfast.

- ★ Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast.
- ★ Minimum of 2 grains or 1 grain and 1 meat or meat alternate
- ★ Choice of Milk - 1% white

Featured Fruit May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mandarin Oranges, 100% Fruit Juice And More!!



DAILY ALTERNATES

Choice of Assorted Cereals with Belly Bears

Breakfast Prices:

Student: Free
Adult: \$3.35

Food Service Director:

Darlene D. Wendrock

Phone Number:

724-376-7911 Ext. 6125

Email:

dwendrock@docs.lakeview.k12.pa.us

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday

September-28



October-5

Entrée

Cinnamon Roll

Featured Selections

100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-12



October-19

Entrée

Glazed Dunkin Sticks

Featured Selections

100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-26

Entrée

Mini Maple Pancakes

Featured Selections

100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

November-2

Entrée

Cinnamon Roll

Featured Selections

100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

Tuesday

September-29

Entrée

Breakfast Pizza

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-6

Entrée

Breakfast Pizza

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-13

Entrée

Breakfast Pizza

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-20

Entrée

Breakfast Pizza

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-27

Entrée

Breakfast Pizza

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

November-3

Entrée

Breakfast Pizza

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

Wednesday

September-30

Entrée

Sausage, Egg & Cheese Biscuit

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-7

Entrée

Strawberry Pancakes

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-14

Entrée

Egg & Cheese Muffin

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-21

Entrée

Strawberry Cream Cheese Bagel

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-28

Entrée

Sausage, Egg & Cheese Biscuit

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

November-4

Entrée

Pancake Sausage Wrap

Featured Selections
100% Fruit Juice
Assorted Fruits
Choice of Milk

Thursday

October-1

Entrée

Chocolate Chip French Toast

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-8

Entrée

French Toast Sticks with Syrup

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-15

Entrée

Blueberry Pancakes

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-22

Entrée

French Toast Sticks with Syrup

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-29

Entrée

Cherry Frudel

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

November-5

Entrée

Blueberry Pancakes

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

Friday

October-2

Entrée

Apple Frudel

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-9



October-16

Entrée

Pineapple Yogurt Parfait

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-23

Entrée

Assorted Cereals

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

October-30

Entrée

Blueberry Donut Holes

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk

November-6

Entrée

Assorted Cereals

Featured Selections
100% Fruit Juice
Assorted Fruits
Assorted Canned Fruit
White Milk