

SEPTEMBER LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Penne & Meat Sauce Wowbutter & Jelly Sandwich w/ Baby Carrots	Cheese Pizza Kit	BBQ Chicken w/ Baked Beans & Dinner Roll Wowbutter Jelly Sandwich w/ Roasted Fava Beans	Turkey & Cheese Sub Sandwich
7	8	9	10	11
Labor Day No School	Mac & Cheese w/ Diced Carrots (Vegetarian)	Chicken Bites w/ Corn Grilled Cheese Sandwich w/ Baby Carrots (Vegetarian)	Cheese Tamale w/ Black Beans (Vegetarian)	Bean & Cheese Burrito (Vegetarian)
14	15	16	17	18
Crispy Chicken Sandwich w/ Oven Baked Fries Wowbutter & Jelly Sandwich w/ Tajin Corn	Family Style Mac & Cheese w/ Diced Carrots (Vegetarian)	Family Style Chicken Teriyaki w/ Not So Fried Rice & Diced Carrots Bean & Cheese Burrito (Vegetarian)	Family Style Chicken Tamale w/ Pinto Beans Grilled Cheese Sandwich w/ Roasted Fava Beans (Vegetarian)	Burger Bar Hamburgers and Veggie Burgers
21	22	23	24	25
Chicken Bites w/ Oven Bakes Fries Bean Burrito Bowl w/ Rice & Corn (Vegetarian)	Family Style Penne & Meat Sauce Wowbutter & Jelly Sandwich w/ Baby Carrots (Vegetarian)	Parm Pizza Bites w/ Marinara Dipping Sauce	BBQ Chicken w/ Baked Beans & Dinner Roll Wowbutter Jelly Sandwich w/ Roasted Fava Beans (Vegetarian)	Burger Bar Hamburgers and Veggie Burgers
28	29	30		
Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Family Style Pineapple Teriyaki Chicken w/ Rice & Diced Carrots Mac & Cheese w/ Diced Carrots (Vegetarian)	Family Style Chicken Bites w/ Mashed Potatoes Grilled Cheese Sandwich w/ Baby Carrots (Vegetarian)		
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Tuesday: Celery Sticks (1/4 C) Wednesday: Cucumber Slices (1/4 C) w/ Tajin Thursday: Jicama Slices (1/4 C) Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch (0.75 C) Monday: Baby Carrots (1/4 C)	Apple (1/2 C), Banana (1/2 C), Nectarine (1/2 C), Peach (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



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