SEPTEMBER 2026 BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
HAPPY HALLOWEEN			1 French Toast Topped with strawberries White Milk Chocolate Milk	2 Yogurt Graham crackers Seasonal Fruit White Milk Chocolate Milk
5 Cereal Graham crackers Seasonal Fruit White Milk Chocolate Milk	6 Waffles Sausage Seasonal Fruit White Milk Chocolate Milk	7 Chocolate or blueberry muffin String cheese Seasonal Fruit White Milk Chocolate Milk	8 Eggs Sausage Biscuit Seasonal Fruit White Milk Chocolate Milk	9 Mini strawberry bagel Seasonal Fruit White Milk Chocolate Milk
12 Cereal Graham crackers Seasonal Fruit White Milk Chocolate Milk	13 Ham & Cheese Bar Potato Triangles Seasonal Fruit White Milk Chocolate Milk	14 French Toast Topped with strawberries White Milk Chocolate Milk	15 Yogurt Graham crackers Seasonal Fruit White Milk Chocolate Milk	16 Pancake bites Potato triangles Seasonal Fruit White Milk Chocolate Milk
19 Cereal Graham crackers Seasonal Fruit White Milk Chocolate Milk	20 Waffles Sausage Seasonal Fruit White Milk Chocolate Milk	21 Chocolate or blueberry muffin String cheese Seasonal Fruit White Milk Chocolate Milk	22 Eggs Sausage Biscuit Seasonal Fruit White Milk Chocolate Milk	23 Mini strawberry bagel Seasonal Fruit White Milk Chocolate Milk
26 Cereal Graham crackers Seasonal Fruit White Milk Chocolate Milk	27 Ham & Cheese Bar Potato Triangles Seasonal Fruit White Milk Chocolate Milk	28 Pancake bites Potato triangles Seasonal Fruit White Milk Chocolate Milk	29 French Toast Topped with strawberries White Milk Chocolate Milk	30 Yogurt Graham crackers Seasonal Fruit White Milk Chocolate Milk

Patriots
WASHINGTON COLONY ELEMENTARY

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

*ALL MENU ITEMS ARE SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY AND RECALLS

*8OZ 1% AND FAT FREE MILK SERVED WITH EVERY MEAL

PLEASE ADVISE YOUR CHILD THAT THEY ARE REQUIRED TO TAKE AT LEAST 3 FOOD ITEMS AT BREAKFAST AND LUNCH. ONE OF THE 3 ITEMS MUST BE ½ CUP OF FRUIT AND/OR VEGETABLE. MILK IS OPTIONAL.

OCTOBER 2026 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
		HAPPY HALLOWEEN	1 Grilled cheese Or Ham sandwich Carrots Seasonal fruit Milk	2 Spicy chicken Or Chicken sandwich Fries Seasonal Fruit Milk
5 Birria Pupusa or Carne asada quesadilla Spanish ice Seasonal Fruit Milk	6 Chicken tenders or Corn dogs Tator tots Carrots Seasonal Fruit Milk	7 Broccoli beef or Orange chicken Rice Mixed vegetables Milk	8 Bean Burrito or Chicken tamale Spanish rice Seasonal Fruit Milk	9 Cheeze pizza or Pepperoni Pizza Garden salad Seasonal Fruit Milk
12 Cheese burger or Spicy chicken salad Fries Carrots Seasonal Fruit Milk	13 Mac & cheese Mixed veggies Seasonal Fruit Milk	14 BBQ pulled pork or Chili beans Corn bread Carrots Seasonal Fruit Milk	15 Chicken flautas Spanish rice Carrots Seasonal Fruit Milk	16 Carne asada nachos or cheese nachos Carrots Seasonal Fruit Milk
19 Cheese bread sticks or Four cheese tortellini Garden salad Seasonal Fruit	20 Lasagne Or Chicken alfredo Carrots Seasonal Fruit Milk	21 Orange Chicken or Teriyaki chicken Brown rice Mixed vegetables Seasonal Fruit Milk	22 Grilled cheese Or Ham sandwich Carrots Seasonal fruit Milk	23 Tri-tip sandwich or BBQ chicken Rice Seasonal Fruit Milk
26 Birria Pupusa or Carne asada quesadilla Spanish ice Seasonal Fruit Milk	27 Chicken tenders or Corn dogs Tator tots Carrots Seasonal Fruit Milk	28 Broccoli beef or Orange chicken Rice Mixed vegetables Milk	29 Bean Burrito or Chicken tamale Spanish rice Seasonal Fruit Milk	30 Cheeze pizza or Pepperoni Pizza Garden salad Seasonal Fruit Milk

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