

PISD ELEMENTARY COMPREHENSIVE SCHOOL COUNSELING PROGRAM

Lacy Elementary

Contributors: Princeton ISD Elementary Counselors

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Foundation

Comprehensive School Counseling Program (CSCP) Mission Statement:

The mission of the Lacy Elementary School Counseling Program is to help students create an anchor for life by connecting them, as well as parents, schools and the community with the tools and resources for academic, social and emotional success.

Program Definition

Below are the defining elements of our CSCP:

Delivery

Princeton ISD Counselors are responsible for delivering the school counseling program along with the principal, assistant principal, teachers, paraprofessionals, guest speakers and parents. This is collaboratively done for the success of the school counseling program.

Competencies

Student Competency: Students have a positive self-concept

- Become aware of their personal traits
- Become aware of the importance of liking themselves
- Student Competency: Students utilize effective executive functioning skills
- Become aware of the need to use time effectively
- Describe the steps in a goal – setting process

Student Competency: Students behave appropriately to the situation and environment

- Follow CHAMPS appropriately in various school settings
- Be able to follow rules and directions and complete tasks

Student Competency: Students incorporate wellness practices into daily living

- Describe feelings related to stress
- Identify healthy activities to do when alone

Student Competency: Students demonstrate resilience and positive coping skills

- Identify changes that have occurred in themselves
- Find strategies for feeling secure in a new class or school

Clients

On Princeton ISD Elementary School Campuses students are the primary focus. However, other clients that are served are parents and staff members.

Organizational Elements-

Princeton ISD Elementary Counselors focus on scheduling and planning prior to school starting. They track their time in the following program components: Guidance Curriculum, Individual Planning, Responsive Services and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar. Responsive Services and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar.

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. The comprehensive counseling program is an integral component of the school's academic mission. The comprehensive school counseling program, driven by student data, is based on standards in academic, career, and personal/social development, which promote and enhance the learning process for all students.
2. The school counseling program ensures support and access to a comprehensive counseling program which is based on the TEA standards in academic, career, and personal/social development.
3. The comprehensive school counseling program is data-driven and provided by a state-credentialed school counselor who systematically delivers instruction to all students.
4. The rationale for the comprehensive counseling program can be determined by reviewing data, including but not limited to, needs assessment, behavior referrals, academic performance, and attendance.
5. Goals for the school counseling program include academic success, safety, acceptance, support, empowerment, personal growth, and respect.
6. Current theories and professional trends of our school counseling program include Solution-Focused Brief Counseling, Play-Based Therapy, and Cognitive Behavior counseling, and other appropriate methods for school counselors.

Program Assumptions – see completed checklists in Texas Model Guide on page 56

Program Goals (highlighted) & Process

Needs Assessment Results: Improve student behavior, assess personal growth, assess social and emotional success, assess campus culture, assess program balance using Time Tracking, assess further supports needed for future tracking.

We reviewed the following data points:

1. Behavior incidents
2. Attendance reports
3. Student surveys (Beginning)
4. BTA reports
5. Bullying reports
6. Time tracking results

The following patterns will be evaluated in our data:

- Incident types
- Incidents by grade level
- Incidents by semester

- Attendance by nine weeks
- Types of non-counseling duties

Advisory council input/insight to be incorporated into CSCP goals:

- We will share 3 CSCP goals at our leadership meeting to elicit revisions/additions
- TBD through discussions of student concerns at RTI meetings, counselor academy, and leadership meetings.

Program SMART Goals for the 2026-27 Year

- By May 2027, the school counselor will work to decrease the number of bullying cases, suicidal ideation, and SSSP threat assessments by 10 percent by increasing individual, small, whole group lessons, and providing special assemblies/ceremonies focusing on wellness and given open direct communication between staff, students and parents for support and awareness.
- By May 2027, the school counselor will work to increase positive student behavior by 10 percent through positive office referrals, kindness coupons, incentives, assemblies promoting kindness and individual, small and whole group lessons focusing on positive behavior interactions.
- By May 2027, the school counselor will promote emotional success and academic readiness by increasing the amount of time spent in whole group counseling by 10 percent, by incorporating monthly counseling lessons and teacher support.

CSCP Design Priorities

Clients- ranked by importance according to our goals (1 is most important):

1. Students
2. Parents
3. Teachers
4. Administrators
5. Community Members

Student Needs- ranked by importance according to our goals (1 is most important):

1. Developmental Needs
2. Preventative Needs
3. Remedial Needs
4. Crisis Needs

Student Competencies- ranked by importance according to our goals (1 is most important):

1. Intrapersonal Effectiveness
2. Interpersonal Effectiveness
3. Personal Health and Safety
4. Post-Secondary Education and Career Readiness

School Counselor Competencies- ranked by importance according to our goals (1 is most important):

1. Counseling
2. Guidance
3. Leadership

4. Advocacy
5. Consultation
6. Coordination
7. Program Management
8. Professional Behavior
9. Professional Standards

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance Curriculum - 35-45%
2. Responsive Services - 30-40%
3. System Support - 10-15%
4. Individual Planning - 5-10%

Program Design

Guidance Curriculum Services

1. Strategic Content Area-Intrapersonal Effectiveness

Needs Assessment Findings- (through discipline referrals, attendance, and teacher/community input) indicates need for the following topics:

Guidance Curriculum Lesson Topic/s-Respect, Self-Respect, Anti-bullying, Hygiene, puberty, personal safety/safe touch, drug prevention, College & Career lesson, Growth Mindset, social media safety, executive functioning skills

SMART Goal/s-

- By May 2027, school counselors will work to decrease discipline referrals 10% by providing individual, group, and whole group guidance lessons.
- By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, and strengthening the home to school connection with Lacy Elementary families.

2. Strategic Content Area-Interpersonal Effectiveness

Needs Assessment Findings- (through discipline referrals, attendance, and teacher/community input) indicates need for the following topics:

Guidance Curriculum Lesson Topic/s- Respect, Conflict Resolution, Anti-bullying

SMART Goal/s-

- By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.
- By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, and strengthening the home to school connection with Lacy Elementary families.

3. Strategic Content Area-Personal Health, Safety, and Emotional Regulation

Needs Assessment Findings- (through discipline referrals, attendance, and teacher/community input) indicates need for the following topics:

Guidance Curriculum Lesson Topic/s- Anti-Bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention

SMART Goal/s-

- By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.
- By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, counseling, and strengthening the home to school connection with Lacy Elementary families.

4. Strategic Content Area-Post Secondary Education and Career Readiness

Needs Assessment Findings- (though discipline referrals, attendance, and teacher/community input) indicates need for the following topics:

Guidance Curriculum Lesson Topic/s- College & Career lesson, Smart Goal/Growth Mindset

SMART Goal/s-

- By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.
- By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, Map My Future and college and career day, a tour of the Career and Technology campus programs, and Launching to Middle School programs.

Campus Responsive Services

Identified Need #1- Emotional Expression and Regulation

Preventative, Remedial, or Crisis- Preventative, remedial, and crisis

Intervention/Plan of Action- counseling support through individual, group, and guidance lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Identified Need #2- Anxiety and Coping Skills

Preventative, Remedial, or Crisis- Preventative, remedial, and crisis

Intervention/Plan of Action- counseling support through individual, group, and guidance lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Identified Need #3- Family Changes

Preventative, Remedial, or Crisis- Remedial & Crisis

Intervention/Plan of Action- Counseling services based on student need

Outcome/Follow Up- Open communication with family and student to provide check-in as needed

Individual Planning Priorities

Domain- Personal

Goal- Identify attributes for achievement and growth

School Counselor Considerations- Grade level diversification

Advocacy- Support for all students

Domain- Education

Goal- Understanding the importance of education

Written by: PISD Elementary Counselors

Modified for Lacy Elementary by: Lisa Rice

Updated: 9/15/2026

School Counselor Considerations- Grade level diversification
Advocacy- Support for all students
Domain- Career
Goal- Introduction to different options
School Counselor Considerations- Grade level diversification
Advocacy- Support for all students

System Support Tools

Monthly Calendar- see attached calendar at end of this CSCP.

Counseling Department Monthly Calendar

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

Components

Guidance Curriculum
Responsive services
Individual Planning
System Support

Content Areas

Interpersonal Effectiveness
Intrapersonal Effectiveness
Personal Health and Safety
Post-Secondary Planning and Career Readiness

2. The program goals of the Comprehensive School Counseling Program:

Counseling Program Goals for the 2026-2027 Year

Goal 1: By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, counseling, and strengthening the home to school connection with Lacy Elementary families.

3. Campus Improvement Plan Goals:

Goal 1: Provide a safe, orderly, positive, and friendly climate conducive to learning.

Goal 2: Increase parental and community involvement.

Goal 3: Increase attendance.

CALENDAR

August

Content Area- Introduction to the Counselor & Counseling Program

CSCP Goals Addressed-

Goal 1: By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, counseling, and strengthening the home to school connection with Lacy Elementary families.

Domain- Interpersonal, Intrapersonal Effectiveness

Guidance Curriculum Lesson Topics (GC)- RESPECT

Major Projects/Events- counselor introduction to students, bulletin board, executive functioning skill of self-control and focusing on Character trait of Kindness, student council application process, WatchDog kickoff.

Guidance Lesson: Character KINDNESS guidance lesson for grades K-5

September

Content Area- Growth Mindset/Goal Setting

CSCP Goals Addressed-

Goal 1: By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, counseling, and strengthening the home to school connection with Lacy Elementary families.

Domain- Postsecondary Readiness, Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC)- Growth Mindset/Goal Setting - Smart Goals Students will set goals for what they wish to accomplish this school year. Students will review proper behavior and the importance of following rules and procedures in order to achieve their goals.

Major Projects/Events- Character trait of RESPECT, and Executive Function Skill of ATTENTION, Peanut Butter Drive, Student Council service project, Childhood Cancer Awareness

Guidance Lesson: Character RESPECT guidance lesson for grades K-5

October

Content Area- Drug Prevention, Personal Safety

CSCP Goals Addressed-

Goal 1: By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2027, school counselors will work to increase attendance by ten percent through guidance lessons, incentives, counseling, and strengthening the home to school connection with Lacy Elementary families.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)- Drug prevention, personal safety, healthy choices for grades 3-5, address the harmful effects of drugs, tobacco, vaping and alcohol. For grades k-2, the importance of making healthy choices for their bodies (eating well, plenty of rest, and exercise). For all grades, the importance of only taking medication from trusted adults, never taking medication by yourself, and never taking any substance from people you don't know or don't know well.

Major Projects/Events- Red Ribbon Week, Character trait of RESPONSIBILITY, and Executive Functioning Skill of PLANNING, Guest Speaker/Assembly (The Morris Brothers), Student Council, and Counselor Advisory Team.

Guidance Lesson: Character RESPONSIBILITY guidance lesson for grades K-5

November and December

Content Area- Kindness, Respect, Anti-Bullying

CSCP Goals Addressed-

Goal 1: By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, counseling, and strengthening the home to school connection with Lacy Elementary families.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)- Kindness, Respect, Self Respect, Anti-Bullying: Definition of bullying, what is not bullying, what to do if you or someone else is being bullied. Define cyberbullying and what to do if it happens to you or someone else. Discuss the importance of internet safety. Discuss the importance of spreading kindness in order to stop bullying behaviors.

Major Projects/Events- Anti-Bullying Month, Canned Food Drive, Angel Tree, focus on Character traits of GRATITUDE & HOPE, and the Executive Function skill of TIME MANAGEMENT, Student Council and Counselor Advisory Team.

Guidance Lesson: Character GRATITUDE & HOPE guidance lesson for grades K-5

WINTER BREAK

January

Content Area- Healthy Habits, Puberty, Hygiene

CSCP Goals Addressed-

Goal 1: By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, counseling, and strengthening the home to school connection with Lacy Elementary families.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)- Healthy Habits, Puberty - The Puberty Workshop Curriculum (5th grade only) Boys and girls are separated to watch the video. Physical, hormonal, and emotional changes are addressed. Students are provided with the opportunity to ask questions following the video. Hygiene - Brush Up On Hygiene Video (4th grade only)The video addresses how to prevent spreading germs and the importance of maintaining personal and oral hygiene.

Major Projects/Events- Kindness Challenge Week, Executive Function skill of FLEXIBILITY, Guidance Lessons on RESILIENT.

Guidance Lesson: Character RESILIENT guidance lesson for grades K-5

February

Content Area- Careers

CSCP Goals Addressed-

Goal 1: By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, counseling, and strengthening the home to school connection with Lacy Elementary families.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Careers: Career exploration, requirements for different careers, college exploration, and the importance of a good education to achieve career goals.

Major Projects/Events- College and Career Month field trip to CATE and AG Barn, Map My Future Mondays, Think College or Trade School Thursdays, Character trait of COMPASSION. Executive Function skill of METACOGNITION.

Guidance Lesson: Character COMPASSION guidance lesson for grades K-5

March

Content Area- Careers Cont.

CSCP Goals Addressed-

Goal 1: By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, counseling, and strengthening the home to school connection with Lacy Elementary families.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Careers continued: Career exploration, requirements for different careers, college exploration, and the importance of a good education to achieve career goals.

Major Projects/Events- Character trait of SELF-CONTROL. Executive Function skill of WORKING MEMORY.

Guidance Lesson: Character SELF-CONTROL guidance lesson for grades K-5

April

Content Area- Test Anxiety, Personal Safety

CSCP Goals Addressed-

Goal 1: By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, counseling, and strengthening the home to school connection with Lacy Elementary families.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety

Guidance Curriculum Lesson Topics (GC)- Test Anxiety, Personal Safety: For grades 3-5, what is test anxiety and strategies to reduce anxiety. For grades K-2, stranger danger, how to protect yourself, things/people to avoid, and what to do if someone says or does something that makes them feel uncomfortable. These topics will also be addressed through morning announcements so all students will hear the same information.

Major Projects/Events- Character trait of REGULATION. Executive Function skill of TASK INITIATION.

Guidance Lesson: Character REGULATION guidance lesson for grades K-5

May

Content Area- Test Anxiety, Personal Safety (Cont.)

CSCP Goals Addressed-

Goal 1: By May 2027, school counselors will work to decrease discipline referrals by 10% by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2027, school counselors will work to increase attendance by 5% through guidance lessons, incentives, counseling, and strengthening the home to school connection with Lacy Elementary families.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety

Guidance Curriculum Lesson Topics (GC)- Test Anxiety, Personal Safety Continued from previous month.

Major Projects/Events- Focusing on the Character trait of OPTIMISM and using creativity as a coping skill. Review of all Executive Functioning Skills from this year.

Guidance Lesson: Character OPTIMISM guidance lesson for grades K-5

June

Content Area- Review Data and prepare for new school year

CSCP Goals Addressed- Review data, determine growth achieved

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Review

Major Projects/Events- Planning, modifications, and adaptation of lessons to meet the goals of the upcoming school year.