



High School

Lunch Menu

Fresh Fruit & Veggies Available at all 3 Salad Bars

October
2026

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

MONDAY

TUESDAY

WEDNESDAY

THURSDAY 1

FRIDAY 2

EXTRA INFO

Chef's House Classics Pasta with Hearty Meat Sauce, Garlic Toast

Good Eats Diner Cheeseburger on WG Bun

Happy Belly Deli Chicken Slider Week

Upper Crust Pizza Homemade Cheese Pizza, Homemade Sausage Pizza, Homemade Pepperoni Pizza

Grab & Go Turkey BLT Wrap, Crispy Chicken Salad

Happy Birthday Alissa

Chef's House Classics Beefy Nachos with Homemade Cheese, Birthday Cake

Good Eats Diner Crispy Chicken Sandwich WG Bun

Happy Belly Deli Chicken Slider Week

Upper Crust Pizza All your Pizza Faves



Student Meal Free

Adult Meal \$5.30

Milk \$.60

Ala Carte \$1.25 and up

Fresh Fruit Parfaits and Double Decker PB&J Also Available

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TAHER
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MONDAY

5

Chef's House Classics Ham & Cheese Flatbread, Harvest Cheddar Sunchip

Good Eats Diner Cheesy Bosco Stick

Happy Belly Deli Chopped Grinder Week

Upper Crust Pizza Homemade Cheese Pizza, Homemade Pepperoni Pizza, Buffalo Chicken Pizza

Grab & Go Crispy Chicken Wrap, Buffalo Chicken Salad

8

THURSDAY

Chef's House Classics Chicken Bites w/ Sweet & Sour Sauce, Brown Rice, WG

Good Eats Diner Cheeseburger on WG Bun

Happy Belly Deli Chopped Grinder Week

Upper Crust Pizza Homemade Cheese Pizza, Homemade Sausage Pizza, Homemade Pepperoni Pizza

Grab & Go Crispy Chicken Wrap, Buffalo Chicken Salad

TUESDAY

6

Chef's House Classics Rockford's Favorite, Double Dog Day, Baked Beans, Vegetarian

Good Eats Diner Spicy Chicken Patty on WG Bun

Happy Belly Deli Double Dog Day Too

Upper Crust Pizza Homemade Cheese Pizza, Homemade Sausage Pizza, Homemade Pepperoni Pizza

Grab & Go Crispy Chicken Wrap, Buffalo Chicken Salad

9

FRIDAY

Chef's House Classics Chicken Alfredo w/Pasta, Garlic Toast

Good Eats Diner Fish Sandwich w/Cheese

Happy Belly Deli Chopped Grinder Week

Upper Crust Pizza Homemade Cheese Pizza, Homemade Pepperoni Pizza, Homemade Sausage Pizza

Grab & Go Crispy Chicken Wrap, Buffalo Chicken Salad

WEDNESDAY

7

Chef's House Classics Homestyle Meatloaf, Garlic Rosemary Potatoes, Dinner Roll

Good Eats Diner Corn Dog

Happy Belly Deli Chopped Grinder Week

Upper Crust Pizza Homemade Cheese Pizza, Homemade Pepperoni Pizza, Homemade Sausage Pizza

Grab & Go Crispy Chicken Wrap, Buffalo Chicken Salad

EXTRA INFO

Harvest of the Month



Student Meal Free
Adult Meal \$5.30
Milk \$.60

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MONDAY

Chef's House Classics Mac and Cheese, Dinner Roll

Good Eats Diner Crispy Chicken Sandwich WG Bun

Happy Belly Deli Mac & Cheese on Both Sides

Upper Crust Pizza Homemade Cheese Pizza, Homemade Pepperoni Pizza, Buffalo Chicken Pizza

Grab & Go Honey Mustard Ham Wrap, Chef Salad

15

THURSDAY

No School MEA

13

TUESDAY

Chef's House Classics Popcorn Chicken Bowl, Dinner Roll

Good Eats Diner Cheeseburger on WG Bun

Happy Belly Deli Popcorn Chicken Bowl on Both Sides

Upper Crust Pizza Homemade Cheese Pizza, Homemade Sausage Pizza, Buffalo Chicken Pizza

Grab & Go Honey Mustard Ham Wrap, Chef Salad

16

FRIDAY

No School MEA

14

WEDNESDAY

No School MEA

EXTRA INFO

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MONDAY

Chef's House Classics	Chicken Bacon Ranch Melt Flatbread, Cucumber Ranch Salad
Good Eats Diner	Corn Dog
Happy Belly Deli	Build a Sandwich, Wrap, or Salad Your Way
Upper Crust Pizza	Homemade Cheese Pizza, Homemade Pepperoni Pizza, Homemade Sausage Pizza
Grab & Go	Turkey Wrap Munchable, Southwest Chicken Salad

22

THURSDAY

Chef's House Classics	House Made Italian Stromboli, Marinara Sauce
Good Eats Diner	Spicy Chicken Patty on WG Bun
Happy Belly Deli	Build a Sandwich, Wrap, or Salad Your Way
Upper Crust Pizza	Homemade Cheese Pizza, Homemade Sausage Pizza, Homemade Pepperoni Pizza
Grab & Go	Turkey Wrap Munchable, Southwest Chicken Salad

20

TUESDAY

Chef's House Classics	Chicken & Gravy, Mashed Potatoes, Garlic Breadstick
Good Eats Diner	Cheeseburger on WG Bun
Happy Belly Deli	Build a Sandwich, Wrap, or Salad Your Way
Upper Crust Pizza	Homemade Cheese Pizza, Homemade Sausage Pizza, Homemade Pepperoni Pizza
Grab & Go	Turkey Wrap Munchable, Southwest Chicken Salad

23

FRIDAY

Chef's House Classics	Beef Tacos, Soft, Spanish Rice
Good Eats Diner	Crispy Chicken Sandwich WG Bun
Happy Belly Deli	Build a Sandwich, Wrap, or Salad Your Way
Upper Crust Pizza	Homemade Cheese Pizza, Homemade Pepperoni Pizza, Hot Honey Chicken Pizza
Grab & Go	Turkey Wrap Munchable, Southwest Chicken Salad

21

WEDNESDAY

Chef's House Classics	Homemade Orange Chicken, Brown Rice, WG
Good Eats Diner	Cheesy Bosco Stick, Marinara Sauce
Happy Belly Deli	Build a Sandwich, Wrap, or Salad Your Way
Upper Crust Pizza	Homemade Cheese Pizza, Homemade Pepperoni Pizza, Homemade Sausage Pizza
Grab & Go	Turkey Wrap Munchable, Southwest Chicken Salad

EXTRA INFO

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Chef's House Classics Chicken Parmesan w/Pasta

Good Eats Diner Corn Dog

Happy Belly Deli Homemade Soup Week

Upper Crust Pizza Homemade Cheese Pizza, Homemade Pepperoni Pizza, Homemade Sausage Pizza

Grab & Go Turkey and Cheese Sandwich, Chicken Caesar Salad

29

THURSDAY

Chef's House Classics Sloppy Joe on WG Bun, Tomato & Cucumber Salad

Good Eats Diner Roasted Beef Hot Dog on a Bun

Happy Belly Deli Homemade Soup Week

Upper Crust Pizza Homemade Cheese Pizza, Homemade Sausage Pizza, Homemade Pepperoni Pizza

Grab & Go Turkey and Cheese Sandwich, Chicken Caesar Salad

27

TUESDAY

Chef's House Classics LTO Cuban Slider, LTO Fiesta Corn Salad

Good Eats Diner Cheeseburger on WG Bun

Happy Belly Deli Homemade Soup Week

Upper Crust Pizza Homemade Cheese Pizza, Homemade Sausage Pizza, Homemade Pepperoni Pizza

Grab & Go Turkey and Cheese Sandwich, Chicken Caesar Salad

30

FRIDAY

Chef's House Classics Halloween Pizza Party

Grab & Go Chicken Caesar Salad

The Patch California Blend Vegetable, Double Decker PB & J Sandwich, Yogurt Parfait with Strawberries & Granola

28

WEDNESDAY

Chef's House Classics Chicken Potstickers, Fried Rice

Good Eats Diner Crispy Chicken Sandwich WG Bun, Marinara Sauce

Happy Belly Deli Homemade Soup Week

Upper Crust Pizza Homemade Cheese Pizza, Homemade Pepperoni Pizza, Taco Pizza

Grab & Go Turkey and Cheese Sandwich, Chicken Caesar Salad

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