

OCTOBER 2026

Greenbush – Middle River School

All meals are served with
Choice of Fruit and Milk.
October 12-16 is
National School Lunch Week!

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pizzas,
Juice.

5

Hamburger Gravy,
Mashed Potatoes,
Mixed Vegetables.

Breakfast Bar.
Juice.

6

Pizza,
Corn, Tossed Salad,
Fresh Vegetables,

Mimi Blueberry Waffles
Juice,

7

Chef Salad and Breadstick
Or Sack Lunch*

Pancake Sausage Bites.
Juice

1

Chicken Alfredo Pasta,
Garlic Toast.
Broccoli, Carrots

Strawberry Mimi Bagels,
Juice,

2

Grilled Cheese Sandwich,
Tomato Soup.
Seamed Peas, Fresh Vegetables,

Breakfast Sandwich
Juice

8

Hamburger (Cheese)
Baked Beans.
Carrots, Broccoli

Yogurt, Gram Snacks.

9

Bar b-q Chicken Bacon wraps
Hash Browns, Celery Sticks

French Toast Sticks,
Juice

12

Fish Sticks, Bread
Sidewinders, Peas

Omelet, Toast,
Juice,

13

Nachos, Cheese sauce.
Chips
Lettuce, Onions, Olives, Tomatoes,
Peppers,

Breakfast Bars
Juice.

14

Hot Ham and Cheese,
Baked Beans. Cucumbers. Carrots,
Celery Sticks

NO
School
MEA

15

No
School
MEA

16

Breakfast Bowl,
Potatoes, Sausage, Eggs,
Cheese, Juice

19

Pulled Pork on Bun
Baked Beans.
Carrots,

Pancake on Stick

20

Pasta with Meat Sauce
Bread Stick,
Tossed [Salad. Broccoli

Yogurt Parfaits,
Juice

21

Garlic Cheese Bread,
Marina Sauce,*
Fresh Vegetable Mix.

Waffle Sticks.
Creaming dipping sauce.
Juice.

22

Chili, Corn Bread
California Blend Vegetables.
Cucumbers,

Hot Cereal. Toast.
Juice.

23

Chicken Tenders Strips.
Bead. Mashed Potatoes, Gravy
Steamed Carrots,

Cheese Omelets. Toast.
Juice.

26

Mac and Cheese,
Garlic Toast,
Green Beans, Fresh Vegetable Mix

Long Johns, Cheese Stick
Juice.

27

Corn Dogs,
Baked Beans, Cold Carrots,

Smoothies,
Gram Snacks

28

Taco in a Bag
Lettuce, Tomatoes, black Olives,
Corn, Refried Beans. Peppers,
Churro.

Breakfast Sandwich.
Juice

29

Chicken Nuggets, Bread.
Mashed Potatoes, Gravy
Cooked Carrots.

Cold Cereal,
Toast, Juice

30

Sub Sandwich. Chicken Soup
Mixed Vegetables.