



# QUESTION PERSUADE REFER

JUST LIKE CPR, QPR SAVES LIVES

## LEARN HOW TO:

1. Recognize the warning signs of suicide
2. Offer hope with confidence
3. Get help and save a life

*Better Together*

EDUCATIONAL SERVICE DISTRICT 105

## WHY IT MATTERS:

- SUICIDE CLAIMS 48,000 LIVES EACH YEAR IN THE U.S.
- EACH LIFE LOST IMPACTS FAMILIES, SCHOOLS, AND COMMUNITIES
- EARLY INTERVENTION CAN CHANGE THE OUTCOME



**Be the difference. Learn QPR**



**Scan the QR code above to  
request a training**

[www.esd105.org](http://www.esd105.org)