

# OCTOBER 2026

## Trigg County Schools PreSchool

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5



6



7



8



9



12

Planning Day



13

Yogurt, WG Crackers,  
Fruit, Milk

WG Chicken Sandwich,  
Sandwich Trims,  
Sweet Potato Fries,  
Assorted Fruit

14

Sausage Pancake  
Sandwich, Fruit, Milk

Grilled Cheese Sandwich,  
Stir Fried Veggies,  
Orange Wedges

15

WG Muffin &  
Cheese Stick, Fruit, Milk

WG Bosco Sticks,  
Steamed Broccoli,  
Chips & Salsa,  
Assorted Fruit

16

19

Egg Bite & WG Biscuit,  
Fruit, Milk

Chicken Tenders,  
Potato Wedges,  
WG Roll Assorted,  
Fruit

20

WG Waffles,  
Fruit, Milk

Ravioli, Fiesta Corn,  
Broccoli,  
WG Garlic Bread,  
Assorted Fruit

21

WG French Toast,  
Fruit, Milk

WG Breaded Mozzarella Sticks,  
Marinara Sauce,  
Veggie Cup,  
Assorted Fruit

22

WG Banana Bread,  
Fruit, Milk

Bosco Stick,  
French Fries,  
Cucumber Slices,  
Assorted Fruit

23

26

Cinnamon  
Blueberry Sticks,  
Fruit, Milk

Chicken Nuggets,  
Mashed Potatoes,  
Sauté Green Beans,  
WG Roll, Fruit

27

Breakfast Sandwich,  
Fruit, Milk

WG Corndog,  
Waffle Fries,  
Broccoli & Cheese,  
Assorted Fruit

28

Yogurt & Strawberry  
Grahams, Fruit, Milk

Spaghetti,  
Veggie Cup, Italian Mixed  
Vegetables,  
WG Garlic Bread,  
Assorted Fruit

29

Muffin & Cheese Stick,  
Fruit, Milk

Hot Dog,  
Baked Beans,  
French Fries,  
Frosty Strawberry Cup

30

### News

Menus are subject to  
change without notice.

This institution is an  
equal opportunity  
provider.

Milk served with all  
meals.

