Dance Team Permission Slip and Expectation Sheet

- Practices will be held on Monday and Wednesday afternoons 2:40-4:00 PM. Participants are expected to arrive on time and start stretching.
- Participants are expected to dress down in workout type pants/shorts and wear dance or tennis shoes. Participants not wearing appropriate attire will not be allowed to practice/perform that day. It is recommended that they come to practice in their workout clothes to save time. Dancers must also wear their hair up at practice in a pony-tail.
- A practice calendar will be given to each participant on the first practice each month.
- All dance participants must have athletic clearance in order to participate. Please make sure your Final Forms are completed.
- Participants are **expected to attend all practices** and spend time at home working on routines and stretching.
- Participants are **expected to participate and attend all scheduled performances** and follow the BMS athletic code. Dancers will perform routines in the hip hop, pom and jazz genres.
- Please join our team Band for announcements, practice video, music etc. https://band.us/n/a7abb2K5d15bh I will have a copy of the scan code at the information meeting for you to scan for access.
- Participants missing three scheduled practices or performances without a written excusal from their parent/guardian will be dismissed from the team.
- It is an honor to be on dance team and because it is a highly visible activity, participants will present themselves as positive role models both in and out of uniform.
- The uniform will be a jersey style top, white poms, black leggings and black jazz shoes. Dancers will also need white tennis shoes for our hip-hop performances. I will take orders for the team jersey, poms and jazz shoes the first week of practice so I can get these in their hands as soon as possible. Please look for that on the first practice. I will need to get these back on Wednesday, October 1st. Please make checks payable to BMS.
- Feel free to contact Coach Griffin if you have any questions. kim.griffin@tumwater.k12.wa.us

_____ has my permission to join the Bush Middle School Dance Team. I realize that it is my responsibility to provide transportation to and from practices/performances and I understand and support the expectations as outlined above.

_____ _____

Parent Signature **Date**

_____ _____

Dancer Signature **Date**