



Athletic Clearance Checklist for Winter 2026 - 2027

☑ Register for a Winter Sport on GENESIS

- ☐ Registration for a Winter Sport on Genesis will begin on Oct 1st, 2026.
- ☐ Sign into the Genesis Parent Portal ([Parents Login](#)) and go to the Forms tab; Click on Winter Sports Registration and follow the prompts to complete the registration for your student
- ☐ Student should be registered for their RHS Winter Sport on Genesis by November 1st, 2026
- ☐ Boys and Girls Ice Hockey, Boys and Girls Swimming, Boys and Girls Basketball, Boys and Girls Fencing, Boys and Girls Indoor Track, Boys and Girls Wrestling, Cheerleading
- ☐ **PLEASE REGISTER BY NOVEMBER 1st!!**

☑ Medical Clearance

**** Sports Physical Packets should be completed and submitted whenever the student goes for their regular annual physical. Then you will just need to complete a Recheck Form (Health History Update Questionnaire) when it is time to register for their desired sport! ****

- ☐ All student athletes need medical clearance before tryouts/start of the season
- ☐ Everyone must submit a Recheck Form/Health History Update Questionnaire to the RHS nurse's office
- ☐ Student needs to have had a physical exam completed after November 16th, 2025
- ☐ Submit "Preparticipation Physical Evaluation Medical Eligibility Form" which is completed, signed and stamped by the Healthcare Professional who completed the physical exam
- ☐ All submitted sports physical paperwork will also be reviewed by the school doctor
- ☐ If an inhaler is used, an Asthma Action Plan for the 2026-27 school year needs to be submitted
- ☐ If an EpiPen/Auvi-Q is required, an Anaphylaxis Healthcare Plan for the 2026-27 school year needs to be submitted
- ☐ **ALL FORMS ARE DUE ASAP BUT NO LATER THAN November 10th**
- ☐ **Full medical clearance and Approval takes 48 hours after all paperwork is submitted**

☑ Links to Forms

- ☐ Recheck Form [Health History Updated Questionnaire \(rschooltoday.com\)](#)
- ☐ Updated Sports Physical Packet [PPE Forms 215-226 no-pg-nos.pdf](#)

☑ Concussion ImPACT testing

- ☐ Concussion ImPACT test was completed during freshman or sophomore year
- ☐ Concussion ImPACT test was completed during junior or senior year
- ☐ If needed, instructions and link for completing the test will be provided after all medical forms have been submitted

Please contact the school nurses with any questions or concerns.

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