



CARING ADULT ACADEMY

A free webinar series that equips parents, caregivers, educators, and other trusted adults with the knowledge and practical tools to better support the young people in their lives.

What Kids Need From Us

Substance Use, Mental Health, & the Power of Supportive Adults

SEPTEMBER 29, 2026

7:00–8:30 PM



60-Minute Presentation
followed by 30-Minute
Q&A



To
Register:



SEPTEMBER'S TOPIC PRESENTED BY:

Jason Kilmer, PhD

In our kickoff Caring Adult Academy webinar, we'll explore research on alcohol and cannabis use, their connection to mental health and student wellbeing, and the important role that prevention and community support play in helping our youth thrive.

