



SCRATCH COOKING MENU

OCTOBER

2026



WEEK 3

MON

OFFERED DAILY BREAKFAST

- Fresh Fruit
- 100% Fruit Juice
- Low Fat White Milk
- Nonfat Chocolate Milk
- Assorted Cereal

TUE

OFFERED DAILY LUNCH

- Fresh Fruit
- 100% Fruit Juice
- Vegetables
- Low Fat White Milk
- Nonfat Chocolate Milk

WED

30

THU

FRI

WEEK 4

BREAKFAST 5

PAN DULCE
MAPLE WAFFLE

LUNCH

CHICKEN & BACON WRAP
POPCORN CHICKEN BOX
HOUSEMADE PB&J

BREAKFAST 6

COWGIRL BREAD
YOGURT PARFAIT

LUNCH

SPICY CHICKEN SANDWICH
SPICY GARDEN SALAD
BEEF NACHOS

BREAKFAST 7

BREAKFAST TAMAL
SAUSAGE & EGG
SANDWICH

LUNCH

HOMEMADE PAN PIZZA
HAWAIIAN CHICKEN PLATE
BEAN BURRITO

BREAKFAST 8

CINNAMON ROLLS
YOGURT PARFAIT

LUNCH

BUFFALO WINGS
BEEF SOPE
HOUSEMADE PB&J

BREAKFAST 9

JALAPENO BAGEL
YOGURT PARFAIT

LUNCH

PUPUSA W/ CURTIDO
BIRRIA RAMEN
SPICY GARDEN SALAD

WEEK 1

BREAKFAST 12

PAN DULCE
BREAKFAST TAMAL

LUNCH

CHILE RELLENO BURRITO
BUFFALO WINGS
BEAN BURRITO

BREAKFAST 13

TURKEY SAUSAGE
CROISSANT
FRUIT SMOOTHIE

LUNCH

FRESH GRILLED CHEESE
CHEESE PIZZA
SPICY GARDEN SALAD

BREAKFAST 14

SALCHICHA & EGG
FRUIT SMOOTHIE

LUNCH

CHICKEN CHOW MEIN BOWL
SPICY TENDERS
HOUSEMADE PB&J
FLAMAS DORITOS

BREAKFAST 15

MAPLE WAFFLE
FRUIT SMOOTHIE

LUNCH

TAMAL
BEAN BURRITO
POPCORN CHICKEN BOX

BREAKFAST 16

SAUSAGE & CHEESE
SANDWICH
LEMON BLUEBERRY SCONE
LUNCH

SPICY CHICKEN SANDWICH
SPICY GARDEN SALAD
PEPPERONI JALAPENO PIZZA

WEEK 2

BREAKFAST 19

HAM & CHEESE
CROISSANT
YOGURT PARFAIT

LUNCH

TAMAL
THAI CHILI DUMPLINGS
HOUSEMADE PB&J

BREAKFAST 20

CHILAQUILES ROJOS
YOGURT PARFAIT

LUNCH

POPCORN CHICKEN BOWL
SPICY CHICKEN SANDWICH
SPICY GARDEN SALAD

BREAKFAST 21

BREAKFAST TAMAL
BERRY SCONE

LUNCH

SPAGHETTI & MEATSAUCE
HOUSEMADE PB&J
BREADED DRUMSTICK

BREAKFAST 22

CHORIZO BREAKFAST
STICKS
YOGURT PARFAIT

LUNCH

TINGA CHICKEN TACOS
COLD CUT SUB
BEAN BURRITO

BREAKFAST 23

TATER TOT BREAKFAST
BAKE
BREAKFAST TAMAL

LUNCH

STREET DOG
WALKING TACO
SPICY GARDEN SALAD

WEEK 3

BREAKFAST 26

STUFFED HASHBROWN
FRUIT SMOOTHIE

LUNCH

JALAPENO BITES W/
MARINARA
BACON CHICKEN WRAP
BEAN BURRITO

BREAKFAST 27

APPLE STRUDEL BAR
FRUIT SMOOTHIE

LUNCH

LOADED FRIES
POLLO VERDE BURRITO
HOUSEMADE PB&J

BREAKFAST 28

TURKEY & CHEESE MELT
ORANGE PASSION
SCONE

LUNCH

HAMBURGER/CHEESEBURGERS
SPICY CHICKEN SALAD
BEAN BURRITO

BREAKFAST 29

CINNAMON ROLLS
FRUIT SMOOTHIE

LUNCH

BIRRIA QUESADILLA
TAMAL
SPICY GARDEN SALAD

BREAKFAST 30

SPICY CHICKEN
BREAKFAST SANDWICH
BREAKFAST TAMAL

SPICY CHICKEN SANDWICH
COLD CUT SUB
HOUSEMADE PB&J



HOMEMADE
ELEMENTS



PLANT
BASED



CONTAINS PORK/
PORK PRODUCTS



SAUSD SUPPORTS
LOCAL
CALIFORNIA
FAMILY FARMS.
SELECT DAYS WILL
FEATURE FARM
FRESH PRODUCE.



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