

PISD

School Health Advisory Council

Agenda and Minutes

Hybrid - Zoom (virtual) and In-person

Date: Tuesday, September 15, 2026 @ 6:00 - 7:00

Sara	Trammell
Wendy	Cain
Debra	Nash
Kayla	Walling
Amber	Evans
Raquel	Pastrana
Maria	Stiney
Kenya	Evans
Natalie	Hoedebeck
Victoria	Davis
Kevin	Holland
Hallie	Mendez
Lashon	Gales
Gary	Dobbs
Celiese	Jackson
Madison	Boger
Rolando	Zavala
Carisa	Weaver
Emily	Kelley
Patience	Davis
Kathryn	Moore
Brittney	Washington
Sarah	Meek
Haley	Albro Ivy
Billie Jo	Adams
Rich	Boring
Denise	Cacho

Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	5 min
All	Roll Call / Introduction of any new attendees	10 min
KW	Approve previous meeting minutes - 2/10/2026	5 min
WAC	Old Business - 1. SHAC Recommendations for 2025-2026 a. Moving Tier I character education and wellness programming on the elementary campuses from "Character Strong" to "Changemakers" i. Recommendation was made to Board during the February 2026 Board Meeting b. Recommendation was passed by a 3-2 margin with one member absent and one member abstaining	10 min
All	New Business - 1. Review of SHAC Role and Responsibilities a. Background b. Texas Education Code 28.004 (SB 1, 74th Legislative, 1995) c. Webpage Information i. PISD Wellness Plan ii. Definition iii. Bylaws 2. Goals for SHAC a. What goal(s) does the group have for this school year? b. Group must address the Triennial Assessment of the Wellness Policy 3. District Updates c. Health Services d. Nutrition Services e. Counseling Services	27 min
WAC	Announcements - • Next Meeting - Wednesday, October 14, 2026	2 min
WAC	Adjournment • Time Started - 6:03 pm • Time Stopped - 7:04 pm	1 min

Action / Future Items

Owner	Description	Date Due
All		TBD

Minutes

Call to Order at: 6:03 pm
Recording Started at: 6:03 pm

Roll Call /Introduction of any new attendees

- Wendy Cain - Director of Mental & Physical Wellness
- Amber Evans - Child Nutrition
- Carisa Weaver - Perkins
- Denise Cacho - Perkins
- Natalie Hoedebeck - Smith Elem PE
- Brittney Washington - LHS
- Billie Joe Adams - Lowe Elem 1st Gr
- Hallie Mendez - Carrell 3rd G
- Debbie Nash - School Nurse Coordinator
- Maria Stiney - Smith Nurse
- Raquel Pastrana - PSHS Counselor
- Kayla Walling, Ed. D. - CCMR & Acad Couns. Coord
- Emily Kelley - Smith Elem
- Kenya Evans - SMS
- Rolando Zavala - Canup
- Celiese Jackson - SMS
- Gary Dobbs - MMS
- Madison Boger - Mayfield Elem Counselor
- Rich Boring - PSHS Principal
- Victoria Davis - BMS
- Haley Ivy - Harper Elem
- Sarah Trammel - Parent
- Lashon Gales - Green Principal
- Sarah Meek -
- Haley Crawford - BMS Asst. Principal

Approval of Previous Minutes of 2/10/2026 meeting
Previous Meeting Minutes: Read by Wendy Cain

Motion made by: Kayla Walling, Ed. D
Approval: Unanimous

, Seconded by Raquel Pastrana

Old Business:

- 1) SHAC recommendations for "Changemakers" elementary counseling curriculum
 - a) Tier I Programming - includes all students, universal across student population
 - b) Move from "Character Strong"
 - c) Rec made to Board
 - i) Passed 3:2, 1 member absent, 1 member abstaining
 - d) Program is being used at elementaries
 - e) Process to roll out new curriculum

New Business -

- 1) SHAC goals for the 2026-27 school year
 - a) Roles & Responsibilities:
 - i) Tend to work on one Big project for the year
 - (1) Have previously looked at character education programs, EAP, employee mental and physical wellness support
 - ii) Required by SB 1 (1995)
 - iii) Webpage princetonisd.net > Departments>Health Services>SHAC
 - b) Goals:
 - i) Triennial Assessment of Wellness Policy
 - (1) State mandated
 - (2) Success of Wellness policy assessed every 3 years
 - (3) Do we want to use the same format as last time or change the way we did it?
 - (a) Previously used a survey that was sent to principals - results were then broken down by campus and then compiled to review district success
 - (b) We believe this was successful and helpful.
 - (c) Wendy will send out the Wellness policy to everyone by next meeting - last triennial assessment is online
 - (d) What is the reason for the assessment? -> how to address concerns, recommendation needs for concerns, information to inform practices on campuses, reports to state
 - ii) Concerns shared - Weather impact on recess, which in turn impacts behaviors and other things
 - (1) Ideas for indoor recess toolkit needed for all campuses; teaching strategies to help get the "wiggles" out;
 - (2) Age labeled of ideas ; activity types, etc.
 - iii) Providing information to families - What are the options ahead for students moving forward?
 - (1) Athletics, Spanish, robotics, etc. - Getting involved with school
 - (2) Helping to get students excited for the next steps or next opportunities. - Postsecondary readiness for all grade levels
 - (3) Talking about UIL and how it can help students
 - (4) Better success with Parent Square getting information out.

- (5) Elective Fair / Program Fair / etc. - "Spotlight videos" of programs or electives -
- iv) Staff Celebration at waterpark - kudos to district - would like to see this done more than once per year - Wendy will mention to upper admin
- v) Educational piece for scooters / e-bikes and how to remain safe
 - (1) Helmets, PPE
 - (2) Safety concerns / appropriate use of equipment / following traffic laws, etc.

District Updates:

A) Health Services

- a) Nurses are in the process of checking immunization compliance of students
 - i) 30 day timeline
- b) Cancelling recess

B) Nutrition Services

- a) FRL application - eligibility expires on 9/22/26 - will lose benefits if applications aren't completed and approved
- b) Planning for Thanksgiving lunches

C) Counseling Services

- a) Enrollments continue daily
- b) Academic counseling / Postsecondary planning taking place at HS
- c) Rolling out new curriculum at Elementaries
- d)

Announcements - Next meeting - Wednesday, October 14, 2026

- Hybrid format

Adjournment at: 7:04 pm