East Islip Physical Education Program
Basic Requirement Form 2026-2027

THIS IS YOUR CONTRACT. KEEP IT FOR REFERENCE.

Course Objectives:

To improve the student's ability to work with others to reach a common goal. The students will be able to demonstrate a variety of sports skills, teamwork, respect for others and responsibility. The students will also improve upon their three components of physical fitness, cardiovascular strength, muscular endurance, and flexibility, through various physical activities.

Grading:

Successful completion of this course is mandatory by the State of New York. Satisfactory attendance per semester is a prerequisite for earning credit for the school year. The student's grade will be divided into five parts: Preparation, Skill, Attendance, Effort, Fitness and Sportsmanship.

Grading Policy:

- Students will receive a **0** if: unprepared, no participation or effort, cutting or absence, unwilling to achieve any level of improvement, uncooperative; lack of respect for peers, teachers, or unsafe behavior, showing no signs of improvement. **Total Points 0.**
- Students will receive a **1** if: unprepared, below average participation and effort, below average achievement in all assessments, below average cooperation, lack of concern for peers, teachers, unwilling to practice safety concerns, and below average improvement. **Total Points 20.**
- Students will receive a **2** if: average participation and effort, average achievement in all assessments, average cooperation, interactions with peers, teachers, and aware of safety concerns, showing average improvement. **Total Points 40.**
- Students will receive a **3** if: usually an active participant in all assessments, good achievement in all assessments, good cooperation; supportive of peers, teachers, and aware of safety concerns, and showing good improvement. **Total Points 60.**
- Students will receive a **4** if: an active participant; consistent effort, excels in assessments, exemplary cooperation; always supports and encourages peers, teachers, always demonstrate awareness of practice of safety concerns, and shows good improvement. However, student consistently on cellphone/ use of headphones. **Total Points 80.**
- Students will receive a **5** if: shows exemplary performance, always an active participant; maximum effort, excels in all assessments, exemplary cooperation; always supports and encourages peers, teachers, always demonstrate awareness of practice of safety concerns, and shows outstanding improvement. **Total Points 100.**

Total of **100** on the Rubic for participation, effort, preparedness, attitude, and sportsmanship.
Total of **100** points per quarter.
Weighted **50%** first 5 weeks, **50%** last 5 weeks.

Academic Portfolios/Medical Excuses:

All students that are injured, for more than 5 classes, that have a medical note from a licensed physician on file with the nurse, will continue with a modified physical education plan. Based on capabilities, the student will either take part in the roles consisting of score keeper, rules interpreter, general helper or complete a written assignment. This report will be assessed and graded by your Physical Education teacher (for the length of your medical leave) for your regular PE grade. ***You must sign in with your regular PE teacher every day when you on medical or a cut will be reported.***

Criteria	5	4	3	2	1	0
Participation/ Preparation	Exemplary participation/ always prepared. Maximum effort	Active participant Cellphone/ headphone use	Usually, an active participant Cellphone/ headphone use	Average participation and effort Cellphone/ headphone use	Below average participation and effort Cellphone/ headphone use	No participation or effort Absent Cellphone/ headphone use
Content Knowledge	Excels in all Assessments	Good achievements in all assessments	Good achievements in assessments	Average achievement in all assessments	Below average achievement in all assessments	Unwilling to achieve any level of improvement
Sporting Behavior	Exemplary cooperation: always supports and encourages peers, teachers, always demonstrates awareness and practice of safety concerns	Exemplary cooperation: always supports and encourages peers, teachers, always demonstrates awareness and practice of safety concerns	Good cooperation, interactions with peers, teachers, and aware of safety concerns	Average cooperation, interactions with peers, teachers, and aware of safety concerns	Below average corporation, lack of concern for peers, teachers, Unwilling to practice safety concerns	Uncooperative; lack of respect for peers, teachers' unsafe behavior
Skill Improvement	Exemplary improvement	Outstanding improvement	Good improvement	Average improvement	Below Average improvement	No improvement

Preparation:

- T-shirt, sweatshirt, shorts, sweatpants, athletic attire and sneakers are the dress requirement. (No platform sneakers, hiking/work boots, crocs, kanes, uggs).
- T-shirts must have sleeves and must cover your torso if your arms are raised above your head.
- You are responsible for YOUR jewelry during the class period. ***Do not bring valuables to class or store them in the locker room unlocked. Students will not be allowed to make up unprepared.***

**If you fail to comply with the above items, you will be marked unprepared for the day but ALLOWED to PARTICIPATE under the discretion of the teacher.

- No technology is allowed in class (cell phones, air pods, headphones, etc.)

Attendance and Make-Ups: Attention Policy from EIHS Handbook:

Credit will be denied if a student has **2 unexcused class absences** (cuts) in a course meeting every other day. Physical Education meets every other day. In the event of an excused absence, the opportunity to make-up class work is afforded so that a student will not be penalized academically due to excused absences. Make up work is the student's responsibility. It is the prerequisite of the teacher to assign whatever work is necessary to equate the work that was missed due to absence. Classes must be made up within 2 weeks of return to school. Teachers bear no responsibility to provide students with an opportunity to make up work if the student's absence is unexcused or if he/she is unprepared. Accordingly, students who have a combination of excused absences not attended to and unexcused absences that in total exceed the minimum attendance requirements for a quarter shall result in no course credit or an F for that quarter. Parent/guardians will be required to excuse their child's absence(s) within 5 days (excluding weekends). Absences may not be excused after this time period. Any student coming to class after the activity has begun without a pass will be marked late and unprepared. Students late with a pass will stay with the class or the sideline but will not receive preparation points for that period. Students who cut physical education class will not earn any points. For any assessment given, the student will receive a zero. If a student is unprepared, they can still participate. However, they will not earn preparation points for that day.

Make-Ups:

Only ***LEGAL*** absences may be made up. ***Only 2 legal absences from class are allowed each quarter***. Make-ups will take place each Wednesday morning or afternoon. The times are 6:30a.m -7a.m. and 2:00- 2:30 p.m. The students will have five minutes to change into their PE clothes. If the student does not arrive on time, they will not be permitted to participate in the make-up. The location will be posted on the locker room doors and/or announced over the loudspeaker. Students ***must change*** into their PE clothes for make-ups, or they will **NOT** be permitted to make up the class. ***Extra make-ups will be available before the end of the quarter. After this period of time, no makeup will be allowed after the quarter ends. The teacher has the right to deny credit if any of the above criteria is not met. Cuts can not be made up.*** Make up work will be assigned by your physical education teacher.

Locker Room:

- Locks will be issued the first week of school. If a lock is lost, stolen or damaged, the student is responsible for the cost of the lock. ($7.00)
- All personal items must be locked up in the locker room.
- No IPods, tech equipment, jewelry or any valuables should be left in the locker room. If anything is stolen please report it to the High School Security Office, as well as your Assistant Principal.

Skill and Fitness:

- The students will be able to perform the skill being taught for each unit with proper technique and form. The student's skill grade will be strictly based on the teacher's observation during each unit.
- *****The mile run/walk will be utilized twice a year as tool to measure a student's cardiovascular fitness level.***

Sportsmanship and Effort:

- Following the Teacher's instructions.
- The students will be able to demonstrate the ability to work with others while performing different sport activities. They will also be able to demonstrate the ability to show respect for classmates, equipment, and the teacher during each unit.
- Effort in all parts of the Physical Education class will be graded.

Academic Portfolios/Medical Excuses:

All students that are medically restricted for 3 or more weeks, or excused from PE with medical documentation, will complete a written assignment or assist in their physical education class if able. This report will be assessed and graded by your Physical Education teacher (for the length of your medical leave) for your regular PE grade. ***You must sign in with your regular PE teacher everyday when you on medical or a cut will be reported.***