



FALL 2026

Youth and Adult Recreation Program

Swimming Basketball
Crafts Theater
Zumba Aqua Aerobics
Pickleball
and More!

NEW•NEW•NEW!

- Youth Flag Football
- Youth Soccer
- Nerf Battle

REGISTER ONLINE AT

hewlett-woodmere.revtrak.net or
www.hewlett-woodmere.net

IN-PERSON AT WEC

9:00 AM – 3:30 PM, Room 206

(By appointment only, email: acimato@hewlett-woodmere.net)

REGISTRATION BEGINS WEDNESDAY, SEPTEMBER 16!

No Classes will take place during school closings.

Please visit the District website for all refund/cancellation policies and general information.

ACTIVITY DESCRIPTIONS

HANDY-DANDY CRAFTS

This fun-filled class will provide an environment in which children will explore and create works of art through the use of a variety of arts and crafts media. This is for children with an interest in creative arts. Since activities will include crafts and sensory experiences, please wear clothes suitable for use with paints, glue and other fun, messy stuff!

(Mary Moshos)

CREATIVE PLAY

Explore and enjoy various elements of art through many different arts and crafts media. The instructor will use guided activities to help children explore and express their creative imaginations. Time is provided for guided projects as well as independent art activities. Please wear clothes suitable for use with paints, glue and other fun, messy stuff!

(Mary Moshos)



FUN AND FIT SPORTS

Young children will learn skills essential to the development of coordination, balance, stretching, strengthening and channeling energy through physical games and playful activities. These skills are fundamental to a good workout and the enjoyment of sports in later years. Children should wear layered and comfortable clothes and sneakers.

(Mary Moshos)



THEATER ARTS



Is there an actor among you? This workshop allows children to tap into their theatrical talents. An exploration of all elements of the Community Theater including reading monologues, comedy, staging, sets, music, dance and choreography. The workshop will end with a short production.

(Mary Moshos)

OPEN GYM – Friday Evenings

6th – 8th graders. Basketball is the main court game. This is a drop-in program. Registration is on-site and \$7 each session. Written parental permission and proof of residency is required at the first session. Parents, for your safety, please escort your child in and out of the building during drop-off and pick up. No child will be permitted to leave the premises without prior parental permission. We will not take responsibility for any child who leaves the building without parental permission or before the session ends. At Woodmere Middle School, please enter through the doors by the tennis courts. **Note: All children MUST be wearing sneakers to participate.** Those who are not prepared will be asked to sit on the bleachers and issued a refund at the end of the session.

OPEN GYM – Sunday afternoons

Basketball is the main court game. This is a drop-in program. You may register on-site for \$7 each visit. Written parental permission and proof of residency is required at the first session your child attends. Parents, please escort children into the building. Enter through the pool doors at Hewlett High School.



YOUTH VOLLEYBALL

Come join our Youth Volleyball program for a fun and engaging environment suited for all skill levels. Our instructors will teach players the fundamentals of volleyball and assist with developing proper mechanics and skills to become a great player. Most importantly, players will learn the importance of teamwork, sportsmanship, personal growth, and friendly competition.

YOUTH SOCCER

Give your young athlete the chance to build skills, confidence, and a love for the game! In this fun and energetic program, players develop fundamental soccer techniques—including dribbling, passing, shooting, and team strategies, through age-appropriate drills and small-sided games. Coaches emphasize sportsmanship, teamwork and personal improvement. All skill levels are welcome!



YOUTH FLAG FOOTBALL

A fun, fast-paced program designed to teach the fundamentals of flag football in a positive and energetic environment. Players will work on passing, catching, route running, defense, teamwork, and game play through drills and friendly competition.

NERF BATTLES

Get ready for two hours of action-packed fun! Players will compete in exciting team challenges, battle games, and different game modes using Nerf-style blasters and inflatable bunkers. Safety equipment is provided, and games are supervised by Pioneer Sports staff for a fun, organized, and memorable experience.



REGISTER ONLINE at

**hewlett-woodmere.revtrak.net or
www.hewlett-woodmere.net.**

No evening classes on 11/25, 12/22 • No Weekend Classes on 11/28–29, 12/26–27, 1/2–1/3

WEEKDAY RECREATION SCHEDULE

PROGRAM	TIME	AGE/GRADE	LOCATION	DATES	FEE	LIMIT
MONDAY						
Fun and Fit Sports 921013-26F	3:05 PM – 4:30 PM	Pre-K – K	FECC Café 2 & Gym 1	September 28 – January 31 (15 Sessions)	\$ 120	25
Youth Flag Football 930805-26F	4:30 PM – 5:30 PM	Grades 2 – 5	FECC Gym New 2	October 5 – December 14 (10 Sessions)	\$ 188	15
Youth Volleyball 930802-26F	5:45 PM – 6:45 PM	Grades 5 – 8	FECC Gym New 2	October 5 – December 14 (10 Sessions)	\$ 188	15
TUESDAY						
Creative Play 921007-26F	3:05 PM – 4:30 PM	Pre-K – 1st	FECC Art Room	September 29 – January 26 (16 Sessions)	\$ 128	25
WEDNESDAY						
Theatre Arts 921017-26F	3:05 PM – 4:30 PM	Pre-K – 1st	FECC Café 2 & Gym 1	September 30 – January 27 (15 Sessions)	\$ 120	25
THURSDAY						
Fun and Fit Sports 921018-26F	3:05 PM – 4:30 PM	K – 1st	FECC Café 2 & Gym 1	October 1 – January 28 (15 Sessions)	\$ 120	25
Youth Soccer 930806-26F	4:30 PM – 5:30 PM	Grades 2 – 5	FECC Field	October 8 – December 17 (10 Sessions)	\$ 188	40
FRIDAY						
Handy-Dandy Crafts 921010-26F	3:05 PM – 4:30 PM	Pre-K – 1st	FECC Café 2	October 2 – January 29 (14 Sessions)	\$ 112	25
Open Gym – Basketball	7:00 PM – 9:00 PM	Boys: Grades 6 – 8 Girls: Grades 6 – 8	WMS Gym	October 2 – June 11	\$ 7 per child <i>Residents only</i>	40
SUNDAY RECREATION SCHEDULE						
Open Gym – Basketball	1:00 PM – 3:00 PM	Grades 6 – 12	HHS Gym	October 4 – June 13	\$ 7 per child <i>Residents only</i>	40
Nerf Battles 921011-26F	1:00 PM – 3:00 PM 3:15 PM – 5:15 PM	Grades 2 – 4 Grades 5 – 8	HHS Gym	November 15 and December 6	\$ 50 per session	40


**REGISTRATION BEGINS
WEDNESDAY, SEPTEMBER 16!**


*No Classes will take place during school closings.
Please visit the District website for all refund/cancellation policies and general information.*



The Hewlett Swim Club is open to Hewlett-Woodmere School District residents ONLY!
Swimmers from grades 3 – 11 are welcome! THIS IS NOT A SWIM INSTRUCTION PROGRAM.

Hewlett Swim Club members are competitive swimmers. Children should be able-bodied swimmers, and be able to demonstrate stroke and breathing skills for all competitive strokes (commonly Red Cross level #4 or higher). Participants should be committed to swimming in a team program where sportsmanship and teamwork are important elements of the Swim Club experience. Those who are unable to swim continuously using rhythmic breathing and competitive strokes should not register.

The Swim Club practices four nights per week, Monday through Thursday, in the Hewlett High School pool. Participants must commit to attending no less than two practice sessions per week in order to be eligible for any competition. This is not a program where you come to swim for personal conditioning or fun. You are expected to participate as a team member on a competitive level. The Hewlett Swim Club is a member of the Nassau County Municipal Swim Conference.

Competitions are held on weekends, as well as some week nights. There will be approximately 8 – 10 swim meets between December 2026 and March 2027. Many of the swim meets begin as early as 6:00 AM on weekends. Parents are invited to volunteer in several capacities. Speak to a coach about volunteering when you register.

SWIM CLUB TRYOUTS and SKILL ASSESSMENT

Skill assessment is required for children who are considering joining the swim club. These sessions provide an opportunity for the coaches to determine if a swimmer has the basic skills necessary to enjoy participating in the swim club. Swimmers will be notified immediately if their abilities are up to competitive level or if additional swim lessons are required.

TRYOUTS

One or more sessions must be attended.
Monday, September 28, 6:30 PM – 7:30 PM or
7:30 PM – 8:30 PM, or
Wednesday, September 30, 6:30 PM – 7:30 PM or
7:30 PM – 8:30 PM

SWIM CLUB PRACTICES begin on Monday, October 5 and go through the championship meet. This date is determined by the swim conference, and is usually late March/early April.

SWIM CLUB PRACTICE SESSIONS – ATTENDANCE REQUIRED

Junior Division:

Practice sessions for swimmers, grades 3 – 6 will be held Monday – Thursday, 6:30 PM – 7:30 PM.

Senior Division:

Practice sessions for swimmers, grades 7 – 11 will be held Monday – Thursday, 7:30 PM – 8:30 PM.

SWIM CLUB REGISTRATION AND FEES

All registrants must be prepared to show two forms of proof of residency upon registration, including one picture ID with a current street address.

Returning registrant fees include swim suit and cap. New registrant fees include swim suit, cap, and equipment.

**ALL NEW SWIMMERS ARE REQUIRED TO TRY OUT
FOR THE HEWLETT SWIM CLUB ON MONDAY,
SEPTEMBER 29 OR WEDNESDAY, SEPTEMBER 30**

PROGRAM	TIME	AGE/GRADE	LOCATIONS	PRACTICES	FEE
Hewlett Swim Club Section 55565–26	6:30 PM – 7:30 PM	Grades 3 – 6	HHS Pool	Monday – Thursday October 19 – March 4	Returning Females..\$ 365
	7:30 PM – 8:30 PM	Grades 7 – 11			New Females.....\$ 449
					Returning Males.....\$ 353
					New Males\$ 438

WEEKEND AQUATIC SCHEDULE

YOUNG LEARNERS SWIM LESSONS

The Young Learners (Tadpoles) program, is designed specifically for toddlers (ages 1 to 3). Guided by a certified instructor, parents learn how to introduce their children to water, develop basic water safety skills and foster comfort and confidence in the aquatic setting.

PLEASE NOTE: A parent/caregiver (18 yrs and over), must accompany their child in the water throughout the lesson. Children **MAY NOT** wear disposable diapers in the pool. Children who are not fully toilet trained must wear rubber pants over a primary suit. For health and safety, bring in a plastic bag to place a wet or soiled diaper in before placing it in a trash container. These sessions are one hour with 40 minutes of instruction and 20 minutes of free swim time.

YOUNG LEARNERS FEES: \$ 250 RESIDENTS \$ 320 NON-RESIDENTS

SATURDAY SESSIONS	TIME	DATES – 10 SESSIONS
TADPOLES 741036–J–26F	9:00 AM – 10:00 AM	October 3 – December 12
SUNDAY SESSIONS	TIME	DATES – 10 SESSIONS
TADPOLES 741036–L–26F	9:00 AM – 10:00 AM	October 4 – December 13



WEEKEND SWIM SESSIONS

SUNDAY SESSIONS	TIME	DATES	FEE
SUNDAY	12:00 PM – 1:30 PM	October 4 – June 13	\$7 per child \$8 per adult

WATER SAFETY FOR CHILDREN

The Red Cross swim program for toddlers ages 4 to 6 introduces basic swimming and water safety skills in a fun, supportive environment. Taught by certified instructors, the lessons focus on building confidence through activities like floating and beginner strokes. With small class sizes and age-appropriate instruction, the program helps young swimmers feel comfortable and safe in the water.

These group sessions are one hour with 40 minutes of instruction and 20 minutes of free swim time.

WATER SAFETY FOR CHILDREN:		\$ 250 RESIDENTS	\$ 320 NON-RESIDENTS
SATURDAY SESSIONS	TIME	DATES – 10 SESSIONS	
TODDLERS 741036–M–26F	9:00 AM – 10:00 AM	October 3 – December 12	
SUNDAY SESSIONS	TIME	DATES – 10 SESSIONS	
TODDLERS 741036–K–26F	9:00 AM – 10:00 AM	October 4 – December 13	

PRIVATE RED CROSS SWIM LESSONS

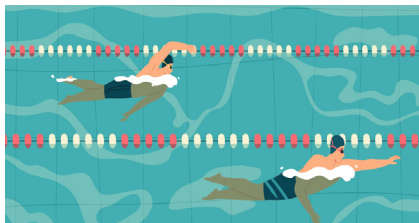
One-on-one instruction giving swimmers a personalized experience by focusing on individual needs while using a supportive and constructive approach. Certified American Red Cross instructors will help swimmers overcome personal obstacles, improve speed and technique, build strength and endurance, and learn stroke mechanics.

All swimmers will be tested on the first day and their class time will be determined based on their skill set. We will try to accommodate requests for specific time slots, but can not guarantee the time. You will be contacted prior to the first session to be given your testing time.

Please Note: Private lesson sessions are 25 minutes long.

RED CROSS PRIVATE LESSON FEES: \$ 400 RESIDENTS ONLY

SATURDAY SECTION	TIME	DATES – 10 SESSIONS	LIMIT
741037–A–26	10:00 AM – 10:25 AM	October 3 – December 12	4
741037–B–26	10:30 AM – 10:55 AM	October 3 – December 12	4
741037–C–26	11:00 AM – 11:25 AM	October 3 – December 12	4
741037–D–26	11:30 AM – 11:55 AM	October 3 – December 12	4
SUNDAY SECTION	TIME	DATES – 10 SESSIONS	LIMIT
741037–E–26	10:00 AM – 10:25 AM	October 4 – December 13	4
741037–F–26	10:30 AM – 10:55 AM	October 4 – December 13	4
741037–G–26	11:00 AM – 11:25 AM	October 4 – December 13	4
741037–H–26	11:30 AM – 11:55 AM	October 4 – December 13	4



WEEKEND SWIM SESSIONS

American Red Cross Swim Lessons (**children in 2nd grade and older**). These lessons follow a nationally recognized curriculum that uses a comprehensive and progressive approach to teaching swimming and water safety skills. Our Certified American Red Cross instructors provide a safe and structured environment for swimmers to improve their techniques and gain confidence in and around the water.

NOTE: All swimmers will be tested on the first day. We will try to accommodate requests for specific time slots. The group sessions are one hour with 40 minutes of instruction and 20 minutes of free swim time.

RED CROSS GROUP LESSONS FEES: \$ 250 RESIDENTS \$ 320 NON-RESIDENTS

SATURDAY SESSIONS	TIME	DATES – 10 SESSIONS
741036–A–26F	10:00 AM – 11:00 AM	October 3 – December 12
741036–B–26F	11:00 AM – 12:00 PM	October 3 – December 12
SUNDAY SESSIONS	TIME	DATES – 10 SESSIONS
741036–D–26F	10:00 AM – 11:00 AM	October 4 – December 13
741036–E–26F	11:00 AM – 12:00 PM	October 4 – December 13



No Weekend Classes on 11/28–29, 12/26–27, 1/2–1/3

ACTIVITY DESCRIPTIONS

EARLY MORNING LAP SWIM

This is an early morning swim exercise program that will help improve your overall health and muscle tone. Work out and swim at your own pace in shared lanes assigned by the lifeguard. Circular laps within lanes are required with three swimmers or more per lane. **Registration is open to adult residents over the age of 18 ONLY.**

EVENING AQUA AEROBICS & EXERCISE

This class is for novice or better swimmers who are looking for a fun and effective way to get into shape. This is not a learn-to-swim class. In this class you will learn water exercises with emphasis on limbering, stretching, toning, and slimming muscles, while promoting a general feeling of well-being.

ADULT SWIM LESSONS

You are never too old to learn to swim. This class is for non-swimmers and those who wish to improve their stroke.

FAMILY & ADULT SWIM SESSIONS

These sessions are ONLY open to HWSD #14 residents. Proof of residency is required and must be presented upon sign-in at the pool. During the Family Swim sessions, all children under the age of 7 must be accompanied by a parent or guardian over the age of 18. All people who go through the pool lobby doors and enter the pool deck area must pay the admission fees. Swim devices are not permitted to be used in the pool except during structured lessons. All rules are posted at the pool, food and beverages are not allowed in the pool complex.

**REGISTRATION BEGINS
WEDNESDAY, SEPTEMBER 16!**

INTRO TO PICKLEBALL

Pickleball is a paddle sport that combines the elements of tennis, badminton, and ping-pong, played with a plastic ball. This beginner class will cover the basic rules, scoring, and fundamental techniques of pickleball. This low-impact sport is an excellent form of exercise while having fun and making new friends. **Please wear sneakers and comfortable clothing. Students can bring their own paddle or one will be provided. Must be 18 years of age or older to register.**

ADVANCED BEGINNER PICKLEBALL

This class is designed for players who have a solid understanding of the game and are looking to refine their techniques and strategies. This course will enhance skills in regard to dinking, serving speed and placement, ground strokes and forehand and backhand power. **Please wear sneakers and comfortable clothing. Students can bring their own paddle or one will be provided. Must be 18 years of age or older to register.**

ADULT BASKETBALL

Stay fit by dropping by for our adult "Drop-In" basketball program. Court assignment and rotating game times will be determined by the open gym supervisor. Adults 21 years of age or older. This is a pay-as-you-go drop-in program. The fee is charged per session. **Residents only.**

NEW YORK DMV LEARNER'S PERMIT ONLINE TEST

The NYS Department of Motor Vehicles Online Knowledge Test (OKTA) is the first-of-its-kind program designed to allow high school students to take the permit test in their own local school via the Internet. **Students must bring their birth certificate or passport and school ID** to the testing site for verification purposes on the day of the exam. High School students 16 years and older are eligible

INTRO TO ZUMBA

Energize your fitness routine with this fun, dance-inspired workout! Zumba combines upbeat music with easy-to-follow dance moves for a high-energy, full-body exercise experience. This class is suitable for all fitness levels. No dance background required—just come ready to move and enjoy the music!

PILATES

Pilates enables you to produce healthy results through a system of unique stretching and strengthening exercises. You will see and feel improved muscle tone, flexibility, balance, posture, and a trimmer body. Pilates enables your mind and body to work together for results. Please bring an exercise mat and towel. All levels welcome. Check with your physician before registering for this or other exercise classes.



SECTION	TIME	AGE	LOCATION	DATES	FEE	LIMIT
Intro to Pickleball 930800-26F	6:15 PM – 7:45 PM	Adults	FECC Gymnasium	October 6 – December 15 (10 Sessions)	\$ 230 Resident \$ 310 Non-Resident	8
Advanced Beginner 930801-26F	8:00 PM – 9:30 PM	Adults	FECC Gymnasium	October 6 – December 15 (10 Sessions)	\$ 230 Resident \$ 310 Non-Resident	8

ADULT EDUCATION SCHEDULE

PROGRAM	TIME	AGE	LOCATIONS	DATES	FEE
NYS DMV Learner's Permit Online Test 930649 – 26A 930649 – 26B 930649 – 26C 930649 – 26D 930649 – 26E	7:00 PM – 9:00 PM	High School Students Must be 16 Years Old and Over	HHS – Room 121 Birth Certificate or Passport Required	October 6 November 10 December 8 January 5 February 2 (Tuesdays)	\$ 13 Resident \$ 20 Non-Resident
Adult Basketball	8:30 PM – 10:00 PM	Adults Only	HHS Gym	October 5 – June 14 (Mondays)	\$ 8 Resident
Adult Basketball	8:30 PM – 10:00 PM	Adults Only	WMS Gym	October 7 – June 16 (Wednesdays)	\$ 8 Resident
Zumba 930718 – 26S	6:30 PM – 7:30 PM	Adults Only	FECC Gym #1	October 6 – December 15 (10 Tuesdays)	\$ 90 Resident \$ 115 Non-Resident
Pilates – Mornings 930717 – A – 26	9:00 AM – 10:00 AM	Adults Only	WEC Gym	October 5 – December 14 (10 Mondays)	\$ 90 Resident \$ 115 Non-Resident
Pilates – Mornings 930717 – B – 26	9:00 AM – 10:00 AM	Adults Only	WEC Gym	October 8 – December 17 (10 Thursdays)	\$ 90 Resident \$ 115 Non-Resident
Pilates – Evenings 930717 – C – 26	7:30 PM – 8:30 PM	Adults Only	FECC Gym 1	October 8 – December 17 (10 Thursdays)	\$ 90 Resident \$ 115 Non-Resident

AQUATIC SCHEDULE

PROGRAM	TIME	AGE	LOCATIONS	DATES	FEE
Early Morning Lap Swim 920100 A – F26	6:00 AM – 7:00 AM	Adult Residents Only	HHS – Pool	September 9 – May 28 (Mondays, Wednesdays, Fridays)	\$ 372 Resident
Early Morning Lap Swim 930100 B – F26	6:15 AM – 7:00 AM	Adult Residents Only	HHS – Pool	September 8 – May 27 (Tuesdays & Thursdays)	\$ 286 Resident
Evening Aqua Aerobics & Exercise 930105 – 26F	8:45 PM – 9:45 PM	Adults Only	HHS – Pool	October 5 – December 16 (20 Sessions, Mondays & Wednesdays)	\$ 200 Resident \$ 250 Non-Resident
Adult Swim Lessons 930108 – 26F	8:45 PM – 9:45 PM	Adults Only	HHS – Pool	October 6 – December 17 (20 Sessions, Tuesdays & Thursdays)	\$ 200 Resident \$ 250 Non-Resident
Evening Adult Lap and Open Swim	8:45 PM – 9:45 PM	Adults Only	HHS – Pool	October 5 – December 17 (Mondays – Thursdays)	\$ 8 Per Session Residents Only

PLEASE REFER TO THE DISTRICT CALENDAR FOR ALL CLASS CLOSINGS

**Pending availability of Water Safety Instructors and Lifeguard Staff.*


For Questions about any of our aquatic programs,
please email aquatics@hewlett-woodmere.net




Inspire ★ Engage
★ Achieve

Hewlett-Woodmere Public Schools
Department of Community
Education and Services

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FALL 2026

Youth and Adult Recreation Programs

Register Online at:

hewlett-woodmere.revtrak.net

or

www.hewlett-woodmere.net

or

In-Person at WEC

9:00 AM – 3:30 PM

ROOM 206

(By appointment only)

email: acimato@hewlett-woodmere.net

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