

Monarch 4-H

Club Sponsor: Ms. Courtney Nelson
Environmental Leadership Leader: Mrs. Hayley Valley
4-H Volunteer: Mr. Mick Carmichael



Agenda

01

4-H Overview

What is it?
What will it look like at Mirada?
How does it work?

03

Calendar

All Club Meetings
Project Meetings
4-H County Events

02

Projects

Gardening
Dog Training
Environmental Leadership

04

Enroll/Questions

Enroll in ZSuite
Ask Questions

4-H Overview



**To Make the
Best Better!**

What is it?

- 4-H is a national organization that promotes youth leadership and growth through experiential learning.
- It is over 100 years old
- Has over 500,000 volunteers and serves 6 million kids nationwide



What Will It Look Like?

- Project leaders will guide students through projects throughout the year, where students are asking the questions, setting goals, and tracking their progress.
- Extra events and activities through the University of Arizona Coop Extension Office and Maricopa County 4-H
- Opportunities to show off their projects and present at Arizona County and State Fairs, as well as school showcase nights!



4-H Overview



Learn by
Doing

How Does it Work?

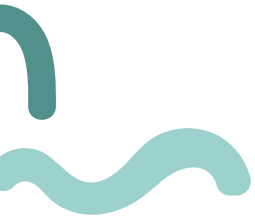


- Student members (with permission from their families) will **pick a project or multiple projects** to work on and set goals for themselves.
- Project leaders will hold meetings and design activities driven by students' interests in these project areas in order to facilitate them meeting their goals.
- Students will record their progress towards their goals in their Record Books.
- Throughout the year there will be opportunities to connect with other 4-H clubs in the county, as well as community service events, fairs, and showcases.



4-H Pledge

I pledge my HEAD to clearer thinking, my HEART to greater loyalty, my HANDS to better service, and my HEALTH to better living, for my club, my community, my country, and my world.





01

Gardening

Project Leader: Ms. Nelson

Monarch Sprouts

- Meetings - One Monday a month, after school 2:15-3:15pm
 - First All Club Meeting: October 19th, 2:15-3:15pm
 - First Project-Specific Meeting: October 26th, 2:15-3:15pm
- Project Description:
 - Students will be responsible for designing, building, and growing our garden at Mirada
 - Start with hydroponics while at Manitas Campus and will include soil-based gardening when we move back to Mirada.
 - They get to choose what we grow
 - They get to choose what we do with what we grow
 - Have the opportunity to partner with the Family Resource Center and local garden clubs in learning and community service opportunities
- Parents are welcome to come to any and all meetings! Just be ready to get your hands dirty!

02

Dog Training

Project Leader: Ms. Nelson





Hot Dogs!

Dog Training Curriculum



Goal: Youth will learn about selection, care, handling, nutrition, health, grooming, training, record keeping, responsibility, leadership & citizenship via dog ownership

Meeting:

- First All Club Meeting: October 19th, 2:15-3:15pm
- First Project Specific Meeting: November 2nd, 2:15-3:15pm

****Dogs will not be present at meetings. They will be invited to showcases and can compete and show off their skills at 4-H competitions**





03



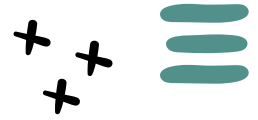
Environmental Leadership

Project Leader: Hayley Valley





Ask for a change!



What's happening in our community—and what could we do about it?



- We'll explore our school or community - with research or by walking around the campus - ask questions, and **work like detectives** to notice environmental issues.
- As a group, students will use voting to choose an **environmental issue they care about** and start planning how to gather more information on the issue and possible root causes.
 - Students will have opportunities to **talk with decision-makers or local experts** to learn more about the issue and discuss their ideas.
- Together, they'll brainstorm strategies for how they could **help solve the problem by asking for a change**.
- As a group, students will use voting to choose the action they want to take and **work together to make it happen!**



You never know where the project will take us!

Examples of real student actions include:

Proposing a new practice or policy to reduce food waste at lunch

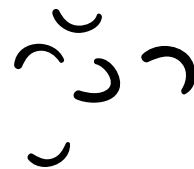
Investigating road safety or idling at dropoff/pickup and proposing a change

Partnering with community members to propose and create a pollinator or native plant garden

Creating a request and plan for more shade on campus



04



Other Opportunities

Extra opportunities and events
are sponsored by Maricopa
County 4-H staff and some have
extra costs associated





4-H Healthy Living Ambassadors

Only
available to
5th graders
upon request



The 4-H Healthy Living Ambassadors Club promotes healthy lifestyles and sustainability among middle and high school students. The club encourages healthy lifestyles and sustainability among middle and high school students. It provides a variety of hands-on projects, community meetings, and opportunities for community service. **Youth ages 12-18** can apply to join this after-school club each year in September.

Projects can include:

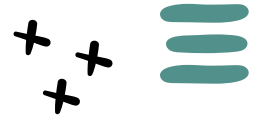
- Hiking the Grand Canyon
- Gardening
- Beekeeping
- Pottery, ceramics, and resin art
- Nutrition education and cooking skills



THE UNIVERSITY OF ARIZONA
Cooperative Extension



Quarter 2 Calendar*



10/19/26	2:15-3:15 @C-2/C-3	All Club - Introductions, Officers, Bylaws, Constitution, Trick or Treat So Others Can Eat
10/26/26	2:15-3:15 @C-2/C-3	Gardening
11/2/26	2:15-3:15 @C-2/C-3	Dog
11/9/26	2:15-3:15 @C-2/C-3	Environmental Leadership
11/16/26	2:15-3:15 @C-2/C-3	All Club - Project talks, Trick or Treat for Cans debrief
11/23/26	2:15-3:15 @C-2/C-3	Gardening
11/30/26	2:15-3:15 @C-2/C-3	Dog
12/7/26	2:15-3:15 @C-2/C-3	Environmental Leadership
12/14/26	2:15-3:15 @C-2/C-3	All Club - Quarter in Review, Party

Get Your Child Started!



Permission Slip

- Turn in permission slip to the front office
- We are asking for a \$50 donation to cover the cost of record books and T-shirts

~~+~~~~+~~ Your child will not be able to participate in the club until the permission slip is signed and turned in**



Enroll in ZSuite

- Go to:
4h.zsuite.org
- Create an account, add yourself and your child/children as household members
- Pay the \$35 enrollment fee



Contact Info:

Ms. Nelson: cmnelson@kyrene.org





Questions?

