



Beaufort County Schools Menus for September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
August 31st Pull Apart or Cereal Pizza* Orange Chicken with Fried Rice Sweet Potato Fries Mixed Vegetables* Assorted Fruits* Low fat or Fat Free Milk	September 1 Pancakes with Sausage or Cereal Boneless Wings with Roll Macaroni and Cheese with Corn Muffin* Candied Yams Green Beans* Assorted Fruits* Low fat or Fat Free Milk	September 2 Chicken Biscuit or Cereal Meatballs with Gravy over Rice* BBQ Pork Sandwich Collard Greens* Black Beans Assorted Fruits* Low fat or Fat Free Milk	September 3 Oatmeal Bun or Cereal Chicken Alfredo with Breadstick* Hotdog with Chili Caesar Salad Steamed Broccoli* Assorted Fruits* Low fat or Fat Free Milk	September 4 Dunkin Stix or Cereal Hamburger or Cheeseburger* Chicken Wrap Potato Wedges* Fresh Cucumber with Ranch Dressing Assorted Fruits* Low fat or Fat Free Milk
September 7 Labor Day Menu Subject to Change *Pre K	September 8 Waffles with Sausage or Cereal Walking Taco* Chicken Fajitas (L,T,Salsa,SC) Black Beans* Fresh Carrots with Dip Assorted Fruits* Low fat or Fat Free Milk	September 9 Pancake Sausage on a Stick or Cereal Chicken Sandwich* Salisbury Steak with Rice and Gravy Peas* Chef's Choice of Vegetable Assorted Fruits* Low fat or Fat Free Milk	September 10 Cinnamon Bun or Cereal Baked Ziti with Breadstick* Chicken Mashed Potato Bowl Yellow Roasted Squash Tossed Salad* Assorted Fruits* Low fat or Fat Free Milk	September 11 Assorted Muffins or Cereal Cheese Dippers with Marinara Sauce* Fish sandwich with Coleslaw French Fries* Brussel Sprouts Assorted Fruits* Low fat or Fat Free Milk
September 14 Sausage Biscuit or Cereal School Pizza* Loaded Baked Potato California Blend* Sauteed Cabbage Assorted Fruits* Low fat or Fat Free Milk	September 15 French Toast Sticks or Cereal Nachos with Beef and or Cheese* Chicken and Cheese Quesadilla Pinto Beans* Roasted Street Corn Assorted Fruits* Low fat or Fat Free Milk	September 16 Donuts or Cereal BBQ Chicken with Roall Toasted Cheese Sandwich* Mashed Potatoes with Gravy* Green Peas Assorted Fruits* Low fat or Fat Free Milk	September 17 Apple Strudel or Cereal Spaghetti with Meat sauce and Breadstick* BBQ Sandwich with Coleslaw Tossed Salad Orange Glazed Carrots* Assorted Fruits* Low fat or Fat Free Milk	September 18 Breakfast Pizza or Cereal Fish Nuggets with Hush Puppies* Hamburger or Cheeseburger Baked Beans* Tator Tots Assorted Fruits* Low fat or Fat Free Milk
September 21 Pull Apart or Cereal Pizza* Teriyaki Chicken Stir Fry with Fried Rice Sweet Potato Fries* Mixed Vegetables* Assorted Fruits Low fat or Fat Free Milk	September 22 Pancakes with Sausage or Cereal Boneless Wings with Roll* Macaroni and Cheese with Corn Muffin Candied Yams Green Beans* Assorted Fruits* Low fat or Fat Free Milk	September 23 Chicken Biscuit or Cereal Meatballs with Gravy over Rice* Corndog Collard Greens* Black Beans Assorted Fruits* Low fat or Fat Free Milk	September 24 Oatmeal Bun or Cereal Chicken Alfredo with Breadstick* Hotdog with Chili Caesar Salad Steamed Broccoli* Assorted Fruits* Low fat or Fat Free Milk	September 25 TWD
September 28 Sweet Bread or Cereal Pizza Popcorn Chicken with Roll* Roasted Potatoes Corn* Assorted Fruits* Low fat or Fat Free Milk	September 29 Waffles with Sausage or Cereal Walking Taco* Chicken Fajitas (L,T,Salsa,SC) Black Beans Fresh Carrots with Dip* Assorted Fruits* Low fat or Fat Free Milk	September 30 Pancake Sausage on a Stick or Cereal Chicken Sandwich Salisbury Steak with Rice and Gravy* Peas* Chef's Choice of Vegetable Assorted Fruits* Low fat or Fat Free Milk	October 1 Cinnamon Bun or Cereal Baked Ziti with Breadstick Chicken Mashed Potato Bowl* Yellow Roasted Squash Tossed Salad* Assorted Fruits* Low fat or Fat Free Milk	October 2 Assorted Muffins or Cereal Cheese Dippers with Marinara Sauce Fish sandwich with Coleslaw* French Fries* Brussel Sprouts Assorted Fruits* Low fat or Fat Free Milk